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Belmont Village Senior Living Named Diabetes Center of Excellence

Diabetes on the Rise in Elderly - Licensed Nurses, Specialized Training Keys to Proper Care

[Houston, Texas, July 7, 2010] Diabetes cases in the United States have increased in recent years, and those most affected are the elderly. According the Center for Disease Control, almost 25% of the population 60 years and older has diabetes. Access to appropriate medical care becomes increasingly important with aging, especially when dealing with a chronic illness with potential for serious complications. Many older adults rely on Assisted Living facilities to fill that need, but all are not equal. Seniors, families and care providers need to ask the right questions when choosing a community to ensure that the proper level of support is available.

“Diabetes care has always been a priority for us,” said Troy Yates, director of training at [Belmont Village Senior Living](#). “All Belmont communities have a licensed nurse on-site 24 hours a day, and medications are administered by nurses, so insulin management is not an issue.”

Belmont Village was recently designated a Diabetes Center of Excellence as a result of completing a specialized diabetes training program sponsored by Lifescan, a division of Johnson & Johnson, and Edgepark Medical Supplies.

“Ongoing staff training is an important element of our care programs and, in the case of diabetes, it’s crucial to be able to effectively monitor changes in a resident’s status that could lead to serious complications – our nurses are trained to do that,” said Yates.

The 2007 National Diabetes Fact Sheet (the most recent year for which data is available) states that heart disease mortality rates are two to four times higher for adults with diabetes, compared to those without. The risk of stroke is equally high – two to four times greater for those with diabetes. Diabetics are also at much higher risk for vision loss, kidney disease, and circulatory problems.

“We have to address the facts of diabetes and the health consequences it has on our residents. Helping them to make good lifestyle choices and having licensed nurses who can provide proper care and guidance is what we do so that they can lead productive and healthy lives. That’s what matters,” Yates said.

Belmont Village communities are renowned across the senior care industry for their distinctive programs, high standards for life safety, and reputation for quality. Residents enjoy chef prepared meals, housekeeping, transportation, social activities and support from a well-trained staff. Belmont Village offers a variety of research-based [enrichment programs](#) for a range of abilities. Residents who have Alzheimer’s disease or memory loss benefit from Belmont’s proprietary [Person-Centered Living®](#) and [Circle of Friends®](#) programs. For more information about Belmont Village, please visit www.belmontvillage.com.

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