



# Belmont Village of Buffalo Grove VillageNEWS

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A Publication of Belmont Village for Residents, Staff, Family and Friends

August 2016

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## Dear Friends,



Belmont Village of Buffalo Grove is celebrating 13 years, and although 13 is often considered an unlucky number, we are counting our blessings! We are hosting a party on August 25th, highlighting the best of our menu items and showcasing the best of our programming. Members of our team who have been with Belmont Village Senior Living since its inception will join the festivities as well!

The residents are a big part of our celebration; participating in demonstrations of our programming; Mind Body Awareness (MBA) and Circle of Friends. We are opening our doors to the community on August 25th, from 4:00 - 7:00. We invite family and friends to stop by.

The past 13 years have been shaped by our devoted and supportive family members who share kindnesses, not only with their loved ones, but also with

residents other than their family members.

Most important are our residents. Their wisdom and life stories make our lives richer. We are honored that they have chosen Belmont Village as their home.

Belmont Village of Buffalo Grove has been blessed to reside in Buffalo Grove. We are very appreciative of our neighbors, the Village and of course our local heroes: the Police and the Fire Departments.

The administrative team pictured here has achieved 82 years of service, just at Belmont Village of Buffalo Grove. Thank you for your service!

-Maureen





## August Birthdays

### Resident Birthdays

8/3	Martha S. - 134
8/5	Rochelle L. - 209
8/6	Louise B. - 135
8/13	Louise M. - 314
8/17	Bob S. 208
8/18	Suzanne M. - 329
8/20	Harry H. - 105
8/22	Joe O. - 238
8/24	Christine L. - 237
8/31	Peggy M. - 213

### Staff Birthdays

8/14	Karina M.
8/16	Yvette S.
8/17	Jimmy F.
8/18	Ewa R.
8/21	Ryan W.
8/22	Elmaz I.
8/22	Adela R.
8/26	Mae O.
8/26	Jolanta B.
8/29	June B.
8/30	Emilien T.

### Staff Anniversaries

11 YEARS	Nancy F.
4 YEARS	Vivian M.
3 YEARS	Ewa R.
3 YEARS	Romar C.
2 YEARS	Omari D.
2 YEARS	Beth B.
1 YEAR	Anthony B.
1 YEAR	Ashley L.
1 YEAR	Michael S.
1 YEAR	Maricela R.
1 YEAR	Marybel S.
1 YEAR	Danny M.
1 YEAR	Doug A.

## Circle of Friends

The Circle of Friends recently participated in a community service project where they assisted to create toys for cats at a local shelter, Orphans of the Storm. The residents really enjoyed the fact that they were doing something that would be going for a good cause. We will be looking for more ways to incorporate community service projects into our calendar of activities as the residents really got a lot out of this opportunity.



## Neighborhood News

Over the next couple of months the Neighborhood will be working to incorporate some new programming to add to and support our current calendar of activities. One activity we have already discussed trying out is a Tai Chi program to continue to promote physical movement which is most beneficial for brain health and cognitive reserve, while at the same time encouraging relaxation. In the meantime, Ann is helping us to water the flowers we have in the courtyard.



Danny Martinez

## Our July Employee of the Month

Danny, our server, is our July Employee of the Month! Several residents nominated and sang Danny's praises. They stated that Danny is funny, thoughtful, and helpful. Our resident, Jane, wrote that Danny is always so attentive to all the tables, is sweet, and never says no. Marian wrote that at our Father's Day Cookout, Danny was very efficient, friendly, and on the ball as he sat residents and guests. She noted that Danny was extremely professional, yet personable and she watched him navigate the dining room. Congratulations, Danny!



### Some Fresh Air!

Our residents enjoyed the sunshine and delightful breeze as they joined their friends on the back patio for some root beer floats, music, and conversation!



Grace, Ruth & Bob enjoyed the day!



Mary & Carol enjoyed the company!



Who's under those "Foster Grants?"



Gloria & Violet were ALL smiles!



"Da Guys" enjoyed the sunshine!

### Patriotic Craft

Our residents not only had FUN but worked diligently on a two-part patriotic wreath to decorate their doors. The residents not only enjoyed socializing with each other, but worked on whole brain fitness by using sequencing, and organizational skills along with increasing concentration and attention to details. They all turned out really quite professional looking!



Look at all the beautiful wreaths!



Ellie says, "Peek-a-boo!"



Peggy & Grace did a great job!!



### Aug. Happenings

#### Lunch Bunch

- 8/5 Olive Garden
- 8/12 Biaggi's
- 8/19 Cheesecake Factory
- 8/26 Baker's Square

#### Special Events

- 8/1 Steven Frenzel: "Gene Kelly"
- 8/9 Olympic Games Begin!
- 8/10 Olympic Games Cont.
- 8/11 Olympics Games & Closing Ceremony
- 8/16 Wii Bowling Tournament
- 8/19 Belmont's Summer Choir Performance!
- 8/22 Luau Fun With The Barefoot Hawaiians!
- 8/23 Dancing With Dana
- 8/24 Lake Geneva Boat Tour & Lunch Outing
- 8/25 John Boda Presents: "Route 66"
- 8/25 13 Year Celebration!
- 8/29 Movie Day!
- 8/30 Resident Council
- 8/31 Chicago Botanical Tram Tour Outing
- 8/31 Paxxon Talk

#### Entertainment

- 8/3 John Boda
- 8/7 Gino & Jan
- 8/10 Jae Wilkins
- 8/14 Gina Nunez
- 8/17 Alex Talbott
- 8/21 Larry Levin
- 8/24 Rob Cunningham
- 8/28 Dennis Koppo
- 8/31 Nikko Naidenov

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August	1	2	3	4	5	6
	10:00 <span style="color: red;">TH</span> Exercise 10:30 <span style="color: red;">TH</span> Think Tank <span style="color: green;">♣</span> 2:00 <span style="color: red;">TH</span> <b>Steven Frenzel Presents: "Gene Kelly - Dancing Storyteller"</b> 3:15 <span style="color: green;">FP</span> "Laughter Is the BEST Medicine" 6:00 <span style="color: green;">FP</span> Crossword Puzzles	9:30 <span style="color: purple;">L</span> Communion <span style="color: green;">★</span> 10:00 <span style="color: red;">TH</span> Boot Camp <span style="color: green;">♣</span> 10:30 <span style="color: red;">TH</span> <i>You Be The Judge: Discussion Group</i> <span style="color: green;">♣</span> 1:30 <span style="color: red;">TH</span> Bingo <span style="color: green;">★</span> 2:30 <span style="color: red;">TH</span> <i>Categories Fun!</i> <span style="color: green;">♣</span> 3:30 <span style="color: green;">FP</span> Trivia 6:00 <span style="color: green;">FP</span> Games With Tom	9:30 <span style="color: red;">O</span> <b>Jewel</b> 10:00 <span style="color: blue;">JK</span> Exercise 10:30 <span style="color: red;">TH</span> Musical Bingo <span style="color: green;">♣</span> 2:30 <span style="color: blue;">JK</span> <b>Wine &amp; Cheese With John Boda</b> 3:30 <span style="color: green;">FP</span> Crosswords 6:00 <span style="color: green;">FP</span> Trivia	10:00 <span style="color: red;">TH</span> Boot Camp <span style="color: green;">♣</span> 10:30 <span style="color: red;">TH</span> <i>Craft</i> <span style="color: green;">♣</span> 1:30 <span style="color: red;">TH</span> Bingo <span style="color: green;">★</span> 2:30 <span style="color: red;">TH</span> <i>Bunco Game</i> 3:30 <span style="color: green;">FP</span> Trivia 6:00 <span style="color: green;">FP</span> Cards With Jen	10:00 <span style="color: red;">TH</span> Exercise 10:30 <span style="color: green;">FP</span> Current Events 11:00 <span style="color: red;">O</span> <b>Lunch Bunch At Olive Garden</b> 1:30 <span style="color: purple;">L</span> Shabbat <span style="color: green;">★</span> 2:30 <span style="color: red;">TH</span> Pokeno 3:30 <span style="color: green;">FP</span> Trivia 6:00 <span style="color: green;">FP</span> Games With Nancy	10:00 <span style="color: green;">FP</span> Exercise 10:30 <span style="color: red;">O</span> Scenic Drive <span style="color: black;">■</span> 10:30 <span style="color: green;">FP</span> Blackjack/Poker 2:00 <span style="color: red;">TH</span> Bingo <span style="color: green;">★</span> 3:15 <span style="color: green;">FP</span> <b>Sing-A-Long</b> <span style="color: green;">★</span> 6:00 <span style="color: green;">FP</span> Board Games
7	8	9	10	11	12	13
9:00 <span style="color: red;">O</span> <b>St. Mary's Church</b> 9:30 Communion <span style="color: green;">★</span> 10:00 <span style="color: green;">FP</span> News & Views 2:00 <span style="color: green;">FP</span> <b>Entertainment With Gino &amp; Jan With Sounds of Time</b> <span style="color: green;">★</span> 6:00 <span style="color: green;">FP</span> Giant Crossword Puzzles	10:00 <span style="color: red;">TH</span> Exercise 10:30 <span style="color: red;">TH</span> Think Tank <span style="color: green;">♣</span> 2:00 <span style="color: green;">FP</span> Games 3:15 <span style="color: green;">FP</span> "Laughter Is the BEST Medicine" 6:00 <span style="color: green;">FP</span> Crossword Puzzles	9:30 <span style="color: purple;">L</span> Communion <span style="color: green;">★</span> 10:00 <span style="color: red;">TH</span> <b>Olympics Opening Ceremony!</b> <span style="color: green;">♣</span> 10:30 <span style="color: red;">TH</span> <i>Olympic Games</i> <span style="color: green;">♣</span> 1:30 <span style="color: red;">TH</span> Bingo <span style="color: green;">★</span> 2:30 <span style="color: red;">TH</span> <i>Olympic Games</i> <span style="color: green;">♣</span> 3:30 <span style="color: green;">FP</span> Trivia 6:00 <span style="color: green;">FP</span> Games With Tom	9:30 <span style="color: red;">O</span> <b>Walgreens</b> 10:00 <span style="color: red;">TH</span> Exercise 10:30 <span style="color: red;">TH</span> <i>Olympic Games</i> <span style="color: green;">♣</span> 2:30 <span style="color: blue;">JK</span> <b>Wine &amp; Cheese With Jae Wilkins</b> 3:30 <span style="color: green;">FP</span> Crosswords 6:00 <span style="color: green;">FP</span> Trivia	10:00 <span style="color: red;">TH</span> Boot Camp <span style="color: green;">♣</span> 10:30 <span style="color: red;">TH</span> <i>Dancercize</i> <span style="color: green;">♣</span> 1:30 <span style="color: red;">TH</span> Bingo <span style="color: green;">★</span> 2:30 <span style="color: red;">TH</span> <b>Olympics Closing Games &amp; Ceremony!</b> <span style="color: green;">♣</span> 3:30 <span style="color: green;">FP</span> Trivia 6:00 <span style="color: green;">FP</span> Cards With Jen	10:00 <span style="color: red;">TH</span> Exercise 10:30 <span style="color: green;">FP</span> Current Events 11:00 <span style="color: red;">O</span> <b>Lunch Bunch At Biaggi's</b> 1:30 <span style="color: purple;">L</span> Shabbat <span style="color: green;">★</span> 2:30 <span style="color: red;">TH</span> Pokeno 3:30 <span style="color: green;">FP</span> Trivia 6:00 <span style="color: green;">FP</span> Games With Nancy	10:00 <span style="color: green;">FP</span> Exercise 10:30 <span style="color: green;">FP</span> LRC Dice Game 10:30 <span style="color: red;">O</span> Scenic Drive <span style="color: black;">■</span> 2:00 <span style="color: red;">TH</span> Bingo <span style="color: green;">★</span> 3:15 <span style="color: green;">FP</span> <b>Blackjack/Poker</b> 6:00 <span style="color: green;">FP</span> Board Games
14	15	16	17	18	19	20
9:00 <span style="color: red;">O</span> <b>St. Mary's Church</b> 9:30 Communion <span style="color: green;">★</span> 10:00 <span style="color: green;">FP</span> News & Views 2:00 <span style="color: green;">FP</span> <b>Entertainment With Gina Nunez</b> <span style="color: green;">★</span> 6:00 <span style="color: green;">FP</span> Giant Crossword Puzzles	10:00 <span style="color: red;">TH</span> Exercise 10:30 <span style="color: red;">TH</span> Think Tank <span style="color: green;">♣</span> 2:00 <span style="color: red;">TH</span> Tai Chi With Lori <span style="color: green;">♣</span> 3:15 <span style="color: green;">FP</span> "Laughter Is the BEST Medicine" 6:00 <span style="color: green;">FP</span> Crossword Puzzles	9:30 <span style="color: purple;">L</span> Communion <span style="color: green;">★</span> 10:00 <span style="color: red;">TH</span> Boot Camp <span style="color: green;">♣</span> 10:30 <span style="color: red;">TH</span> <i>Wii Bowling Tournament</i> <span style="color: green;">♣</span> 1:30 <span style="color: red;">TH</span> Bingo <span style="color: green;">★</span> 2:30 <span style="color: red;">TH</span> <i>Wii Bowling Tournament</i> <span style="color: green;">♣</span> 3:30 <span style="color: green;">FP</span> Trivia 6:00 <span style="color: green;">FP</span> Games With Tom	9:30 <span style="color: red;">O</span> <b>Jewel</b> 10:00 <span style="color: red;">TH</span> Exercise <span style="color: green;">♣</span> 10:30 <span style="color: red;">TH</span> <i>Acting Up!</i> <span style="color: green;">♣</span> 2:30 <span style="color: blue;">JK</span> <b>Wine &amp; Cheese With Alex Talbott</b> 3:30 <span style="color: green;">FP</span> Crosswords 6:00 <span style="color: green;">FP</span> Trivia	10:00 <span style="color: red;">TH</span> Boot Camp <span style="color: green;">♣</span> 10:30 <span style="color: red;">TH</span> <b>Therapeutic Color Art &amp; Relaxation</b> <span style="color: green;">♣</span> 1:30 <span style="color: red;">TH</span> Bingo <span style="color: green;">★</span> 2:30 <span style="color: red;">TH</span> <b>Choir Dress Rehearsal</b> <span style="color: green;">♣</span> 3:30 <span style="color: green;">FP</span> Wheelchair & Walker Clinic 3:30 <span style="color: green;">FP</span> Trivia 6:00 <span style="color: green;">FP</span> Cards With Jen	10:00 <span style="color: red;">TH</span> Exercise 10:30 <span style="color: green;">FP</span> Current Events 11:00 <span style="color: red;">O</span> <b>Lunch Bunch At Cheesecake Factory</b> 1:30 <span style="color: purple;">L</span> Shabbat <span style="color: green;">★</span> 2:30 <span style="color: green;">FP</span> <b>Summer Belmont Choir Concert</b> 3:30 <span style="color: green;">FP</span> Trivia 6:00 <span style="color: green;">FP</span> Games With Nancy	10:00 <span style="color: green;">FP</span> Exercise 10:30 <span style="color: red;">O</span> Scenic Drive <span style="color: black;">■</span> 10:30 <span style="color: green;">FP</span> Blackjack/Poker 2:00 <span style="color: red;">TH</span> Bingo <span style="color: green;">★</span> 3:15 <span style="color: green;">FP</span> <b>Sing-A-Long</b> <span style="color: green;">★</span> 6:00 <span style="color: green;">FP</span> Board Games
21	22	23	24	25	26	27
9:00 <span style="color: red;">O</span> <b>St. Mary's Church</b> 9:30 Communion <span style="color: green;">★</span> 10:00 <span style="color: green;">FP</span> News & Views 2:00 <span style="color: green;">FP</span> <b>Entertainment With Larry Levin</b> <span style="color: green;">★</span> 6:00 <span style="color: green;">FP</span> Giant Crossword Puzzles	10:00 <span style="color: red;">TH</span> Exercise 10:30 <span style="color: red;">TH</span> Think Tank <span style="color: green;">♣</span> 2:00 <span style="color: blue;">JK</span> <b>Luuu with The Barefoot Hawaiians</b> <span style="color: green;">♣</span> 3:15 <span style="color: green;">FP</span> "Laughter Is the BEST Medicine" 6:00 <span style="color: green;">FP</span> Crossword Puzzles	9:30 <span style="color: purple;">L</span> Communion <span style="color: green;">★</span> 10:00 <span style="color: red;">TH</span> Boot Camp <span style="color: green;">♣</span> 10:30 <span style="color: red;">TH</span> <b>Dancing With Dana</b> <span style="color: green;">♣</span> 1:30 <span style="color: red;">TH</span> Bingo <span style="color: green;">★</span> 2:30 <span style="color: red;">TH</span> <i>Tai Chi With Lori</i> <span style="color: green;">♣</span> 3:30 <span style="color: green;">FP</span> Trivia 6:00 <span style="color: green;">FP</span> Games With Tom	9:30 <span style="color: red;">O</span> <b>Walgreens</b> 10:30 <span style="color: red;">O</span> <b>Lake Geneva Boat Tour On "Lady of the Lake" &amp; Lunch Outing</b> <span style="color: green;">♣</span> 2:30 <span style="color: blue;">JK</span> <b>Wine &amp; Cheese With Rob Cunningham</b> 3:30 <span style="color: green;">FP</span> Crosswords 6:00 <span style="color: green;">FP</span> Trivia	10:00 <span style="color: red;">TH</span> <i>Whole Brain Fitness: Warm - Up Session</i> <span style="color: green;">♣</span> 10:30 <span style="color: red;">TH</span> <b>John Boda Presents: "Route 66"</b> <span style="color: green;">♣</span> 3:30 <span style="color: green;">FP</span> <i>Box Lunches Served in the Room</i> 4:30 <span style="color: red;">TH</span> <b>Abbreviated Sessions: Boot Camp, Think Tank, Musical Movement &amp; Snack Time!</b> <span style="color: green;">♣</span>	10:00 <span style="color: red;">TH</span> Exercise 10:30 <span style="color: green;">FP</span> Current Events 11:00 <span style="color: red;">O</span> <b>Lunch Bunch At Baker's Square</b> 1:30 <span style="color: purple;">L</span> Shabbat <span style="color: green;">★</span> 2:30 <span style="color: red;">TH</span> Pokeno 3:30 <span style="color: green;">FP</span> Trivia 6:00 <span style="color: green;">FP</span> Games With Nancy	10:00 <span style="color: green;">FP</span> Exercise 10:30 <span style="color: green;">FP</span> Dominoes 10:30 <span style="color: red;">O</span> Scenic Drive <span style="color: black;">■</span> 2:00 <span style="color: red;">TH</span> Bingo <span style="color: green;">★</span> 3:15 <span style="color: green;">FP</span> <b>Blackjack/Poker</b> 6:00 <span style="color: green;">FP</span> Board Games
28	29	30	31			
9:00 <span style="color: red;">O</span> <b>St. Mary's Church</b> 9:30 Communion <span style="color: green;">★</span> 10:00 <span style="color: green;">FP</span> News & Views 2:00 <span style="color: green;">FP</span> <b>Entertainment With Dennis Koppo</b> <span style="color: green;">★</span> 6:00 <span style="color: green;">FP</span> Giant Crossword Puzzles	10:00 <span style="color: red;">TH</span> Exercise 10:30 <span style="color: red;">TH</span> Think Tank <span style="color: green;">♣</span> 1:30 <span style="color: red;">O</span> <b>Movie Day!</b> <span style="color: green;">♣</span> 3:15 <span style="color: green;">FP</span> "Laughter Is the BEST Medicine" 6:00 <span style="color: green;">FP</span> Crossword Puzzles	9:30 <span style="color: purple;">L</span> Communion <span style="color: green;">★</span> 10:00 <span style="color: red;">TH</span> Boot Camp <span style="color: green;">♣</span> 10:30 <span style="color: red;">TH</span> Resident Council 1:30 <span style="color: red;">TH</span> Bingo <span style="color: green;">★</span> 2:30 <span style="color: red;">TH</span> <i>Tai Chi With Lori</i> <span style="color: green;">♣</span> 3:30 <span style="color: green;">FP</span> Trivia 6:00 <span style="color: green;">FP</span> Games With Tom	9:00 <span style="color: red;">O</span> <b>Chicago Botanical Gardens Tram Tour</b> <span style="color: green;">♣</span> 9:30 <span style="color: red;">O</span> <b>Jewel</b> 10:00 <span style="color: red;">TH</span> Exercise <span style="color: green;">♣</span> 10:30 <span style="color: red;">TH</span> <i>Bunco Game</i> <span style="color: green;">♣</span> 1:30 <span style="color: red;">TH</span> <i>Paxxon Talk - Dementia and Cognitive Changes</i> <span style="color: green;">♣</span> 2:30 <span style="color: blue;">JK</span> <b>Wine &amp; Cheese With Nikko Naidenov</b> 3:30 <span style="color: green;">FP</span> Crosswords 6:00 <span style="color: green;">FP</span> Trivia			



## Resident Committees

**President:** Bart Tasca  
**Vice-President:** Chuck Burrzinski

The Resident Council meetings are held on the last Tuesday of the month at 10:30 a.m., in the Town Hall. The Resident Council officers encourage everyone to attend. If you would like to speak with one of the above members, please ask for their numbers at the concierge desk. The next meeting will be Aug. 30th.

## Transportation Schedule

**Sunday: 9 a.m.**  
Church

**Sunday: 10:30 a.m.**  
Neighborhood Outing

**Monday: 11 a.m.**  
Circle of Friends Outing

**Tuesday: 8:30 a.m.–4 p.m.**  
Doctors' Appointments

**Wednesday: 9:30 a.m.**  
Jewel or Walgreens

**Thursday: 8:30 a.m.–4 p.m.**  
Doctors' Appointments

**Friday: 11 a.m.**  
Assisted Living Outing

**Saturday: 10:30 a.m.**  
Scenic Drive



## August

Word Search

Beach	Popsicle
Bike	Sand
Garden	Summer
Hot	Sun
Hot dogs	Swimsuit
Park	Travel
Picnic	Vacation
Pool	Watermelon

W	Y	R	D	V	M	T	H	L	R	F	F	O	Q	C
A	X	W	X	F	V	X	O	S	E	W	Y	V	E	R
T	B	E	A	C	H	O	T	P	A	R	P	K	S	G
E	L	C	I	S	P	O	P	I	C	N	I	C	G	Z
R	H	O	P	T	G	K	T	N	U	B	D	D	W	F
M	G	K	R	A	P	R	S	D	N	U	Q	T	V	H
E	M	V	R	D	A	P	N	U	O	K	B	O	H	M
L	E	D	A	V	S	A	S	O	M	G	I	W	S	T
O	E	S	E	O	R	W	S	W	I	M	S	U	I	T
N	V	L	L	N	J	D	L	J	C	T	E	U	E	B
I	T	S	L	S	I	A	Z	F	C	G	A	R	T	Y
A	V	H	I	M	A	A	E	A	Z	I	X	C	N	B
H	R	V	V	Z	B	D	F	R	E	J	V	Y	A	N
C	A	D	L	A	T	V	E	Y	W	F	I	T	K	V

## Beneficial Berries

Juicy and delicious, strawberries are a traditional summertime treat. But as a variety of studies confirm, these bright red berries are bursting with more than just flavor. Whether you enjoy them on cereal, in salads or as a snack, they're ripe with health benefits, too.

While low in calories, one cup of sliced strawberries provides a whopping 160 percent of the recommended daily requirement of vitamin C, which is vital to maintaining a strong immune system.

Because they are lower in carbohydrates than many other fruits, a serving of strawberries is a great fruit option for diabetics. Antioxidants in the berries, known as polyphenols, have also been shown to slow the body's absorption of carbohydrates, helping to maintain normal blood

glucose levels.

The compound that gives strawberries their rich red color may help reduce joint inflammation in people with arthritis, say researchers. The berries are also a good source of folic acid, a vitamin that can be depleted from the body by some medications used to treat arthritis.

Strawberries also contain fiber, which can contribute to lower blood pressure and cholesterol, and provide the minerals manganese and potassium, both important for bone health.





## What Is MBA?

MBA stands for Mind, Body, Awareness, which is what our MBA Club programming targets. It's based on current mental fitness research. Mental agility in older adults is not a matter of luck. Research indicates that in large part, maintaining mind and memory depends upon doing mind/body/spirit activities that match the research requirement for mental brain fitness. MBA programs have a therapeutic and educational, rather than a leisure activity, goal. Programs provide interesting, enjoyable, person-centered mind-expanding opportunities in a just right challenge to all residents who participate.

The residents in our MBA Club enjoyed several outings into the community, along with our everyday activity opportunities. We honored 29 residents for making their last month's MBA goals and who were entered into our monthly raffle.



Jane was excited to make her goals!



Al won and chose the cute elephant that our resident, Grace, made!



Mary earned her first pin and won an adorable figurine!

## Chocolate Factory Trip

Residents enjoyed learning about where chocolate comes from and how the plant turns into delicious chocolates! We then saw how Long Grove Confectionery makes and packages their candy. Everyone enjoyed the samples and shopping at the outlet store.



Essie, Joyce, Ray & Elaine enjoying the samples!



Our Chocolate Factory Group!

## Boomers Baseball Game

Some residents enjoyed the Boomers game, figuring out the players' stats, and a typical ballpark hot dog lunch! We enjoyed sunshine while watching the Boomers win from the comforts of a skybox.



Emma is pointing out our Belmont sign outside of our skybox!!



Enjoying lunch and each other!



# Belmont Village Scene



Michael, our Chef Manager, and Estevan and Luis, our Sous chefs, are pinching off herbs and picking vegetables to use in the kitchen!



Our June Wii bowling winners!!



Violet, Elaine & Fay enjoying LCR Dice Game in the front parlor with Peggy!



Grace & Emma enjoying the fresh air and their friendship!



Violet enjoyed her finished project!



Bart is "all smiles" when he can do a project involving flags!

**BELMONT** *Village*

SENIOR LIVING  
BUFFALO GROVE

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Buffalo Grove, IL 60089

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## Belmont Village Communities

CALIFORNIA: Burbank, Encino,  
Hollywood, Rancho Palos Verdes,  
Westwood, Thousand Oaks, San Jose,  
Sunnyvale, San Diego, Cardiff by the Sea

ARIZONA: Scottsdale

CHICAGOLAND: Buffalo Grove,  
Geneva Road, Oak Park, Glenview

SOUTHERN US: Memphis, Nashville,  
Louisville, Atlanta—Buckhead and Johns Creek,  
Dallas, Austin, Houston—West University and  
Hunters Creek