



Belmont Village of Buffalo Grove Village NEWS

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A Publication of Belmont Village for Residents, Staff, Family and Friends

July 2016

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Dear Friends,

As our country celebrates our 240th birthday, I would like to share the story of Suzanne Carter Meldman.

Suzanne is a pioneer, a woman ahead of her time. She was the only child of Jack and Shirley Carter. Her father was an attorney and her mother was simply brilliant in the stock market. Suzanne was born in Chicago, growing up in Milwaukee, Wisconsin. Her grandmother owned a large dry goods store, and they lived above the store with her dog Skippy. Her birthday is August 18th and her favorite childhood birthday memory is a simple celebration eating apples in the park on a hot summer day.

Suzanne was a Quiz Kid and enjoyed politics, even working for a local congressman. She was often featured in the Milwaukee papers at the young age of 14. Suzanne was invited to the White House to confer with Franklin Delano Roosevelt regarding the war, but could not meet with the President due to the precarious climate of the nation.

Suzanne skipped two grades in elementary school, graduating from Shorewood High School in 1944, starting college at age 16 and graduating from Radcliffe College in 1948. Upon

graduation, she worked for the Dean of Harvard Law and for the United Nations in New York. As part of a delegation to Paris, she again rubbed elbows with none other than Eleanor Roosevelt. These were exciting times for a young woman.

Suzanne married, moved to Ohio and then settled in Highland Park in 1956 where she lived for 60 years, founding Hillel Foundation while in college with mentors Ida and Judah Shapiro. Suzanne was always active in the Jewish community, attending Congregation Solel and taking Yiddish classes.

As you can tell, Suzanne loves to learn! She studied Chinese for a few years, attained a masters degree in urban planning in her 60s, was a member of the Art Institute and Chicago Symphony for over 50 years, and wrote the "Chicago Horticultural Society at 90" which described the history of the Botanic Garden. (Front Cover Story Continued on Page 6)





July Birthdays

Resident Birthdays

- 7/5 Barbara T. - 309
- 7/6 Ann Marie M. - 120
- 7/11 Richard K. - 127
- 7/15 Aurea F. - 139
- 7/17 Alvin S. - 331
- 7/19 Violet K. - 101
- 7/21 Minnie B. - 137
- 7/26 Ann K. - 140
- 7/31 Sophia B. - 203



Staff Birthdays

- 7/1 Ola A.
- 7/6 Daniel M.
- 7/9 Jonathan M.
- 7/16 Kimberly S.
- 7/19 Anna B.
- 7/22 Christine B.
- 7/26 Alma P.

Staff Anniversaries

- 7 YEARS Rosemary S.
- 6 YEARS Dominador B.
- 2 YEARS Joseph O.
- 2 YEARS Kimberly S.
- 2 YEARS Ana G.
- 1 YEAR Maria S.



Violet enjoyed the golfing at this year's Golf Tournament!

Circle of Friends

In the Circle of Friends we have had some great opportunities recently to enjoy this wonderful weather. Not only do we have the patio on the third floor, and the end hall balconies to utilize, but we will sometimes come downstairs as a large group to the Neighborhood courtyard to take advantage of this outdoor area as well. Here you see Nancy and Celina enjoying a perfect outdoor afternoon.



Neighborhood News

In the Neighborhood we recently found an art project that everyone could participate in and enjoy that used only water and was called aqua painting. When water was brushed over the surface of this particular project, a picture was revealed. All the residents really enjoyed seeing what was under the surface and everyone could join in the fun. Here you see Marillyn and Belle "painting" their projects.



Alma Ponce

June Employee of the Month

Alma Ponce, our server, is our June Employee of the Month! She will have been a Belmont employee for 5 years this September. She is such a kind, thoughtful, dependable, and hardworking employee. Alma cares about her residents and works to ensure they are happy and satisfied. Her team members agree that you can always count on Alma! A HUGE Congratulations to Alma!



Our Residents Have "Green Thumbs"!

Several residents planted flowers in the back patio pots and herbs and vegetables in our raised garden bed. Much love and talent went into our gardens! It sure makes sitting outdoors more pleasant and the kitchen uses the herbs and vegetables in their recipes!



Our Belmont planters!



Grace worked hard on her pots!



Alice created a lovely pot!



Bart was helpful cleaning up!



Ellie did a great job on many pots!



Chuck enjoyed getting into the dirt!

Honoring Our Veterans!

Journey Care partnered with Belmont in offering a wonderful celebration to honor our veterans as well as remember the fallen soldiers for Memorial Day!



Rainbow Therapy Dogs were present and greeted all our veterans!

July Happenings

Lunch Bunch

- 7/1 Continental
- 7/8 Gale Street Inn
- 7/15 Ditka's
- 7/29 Honeyberry Cafe

Special Events

- 7/4 4th of July Lunch
- 7/5 "Music of Cole Porter"
- 7/6 Shop at Dollar Tree
- 7/6 Rabbi Gordon's Talk
- 7/12 Bring Toys & Treats To Orphans of the Storm
- 7/20 Memorial Service
- 7/21 Arlington Park Race Track & Lunch Outing
- 7/22 CARNIVAL DAY!!
- 7/25 Movie Day!
- 7/27 Temple Lipizzans Outing
- 7/28 Resident Council

Entertainment

- 7/3 Voytek
- 7/6 Greg Woods
- 7/10 Floyd Andrews
- 7/13 Tony Bernard
- 7/17 Anne Marie
- 7/20 Kym Frankovelgia
- 7/24 Chris Colletti
- 7/27 Don Reitsma
- 7/31 Randy Walker

It's Bocce Ball Season!

Our residents enjoy getting outdoors to play Bocce Ball!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
What's New in July: *4th of July Lunch *Nostalgia Entertainment Presents: "The Music of Cole Porter" *Rabbi Gordon's Talk On Current Events *Making cat toys & dog treats to take to Orphans of the Storm Animal Shelter	*Shopping at the Dollar Tree *Arlington Park Racecourse And Lunch Outing *Carnival Day! * John Boda Presents: "The Life & Music of Hoagie Carmichael - Stardust Melody" *Outing to Temple Lipizzans Horse Performance & Lunch				10:00 TH Exercise 10:30 FP Current Events 11:00 O Lunch Bunch At Continental 1:30 L Shabbat★ 2:30 TH Pokeno 3:30 FP Trivia 6:00 FP Games With Nancy	10:00 FP Exercise 10:30 O Scenic Drive■ 10:30 FP Bunco Game 2:00 TH Bingo★ 3:15 FP Blackjack/Poker 6:00 FP Board Games
3 9:00 O St. Mary's Church 9:30 Communion★ 10:00 FP News & Views 2:00 FP Entertainment With Voytek★ 6:00 FP Giant Crossword Puzzles	4 Independence Day 10:00 TH Exercise 10:30 TH Think Tank🌿 11:30 JK 4th of July Cookout For Our Residents!★ 2:00 FP Blackjack/Poker 3:15 FP "Laughter Is the BEST Medicine" 6:00 FP Crossword Puzzles	5 9:30 L Communion★ 10:00 TH Boot Camp🌿 10:30 TH Nostalgia Entertainment: "Hot 'n Cold - The Music of Cole Porter"🌿 1:30 TH Bingo★ 2:30 TH Tai Chi With Lori🌿 3:30 FP Trivia 6:00 FP Games With Tom	6 9:30 O Jewel 10:00 JK Exercise 10:30 TH Walking Balance🌿 12:30 O Shopping At Dollar Tree 1:30 TH Rabbi Gordon's Talk on Current Events🌿 2:30 JK Wine & Cheese With Greg Woods 3:30 FP Crosswords 6:00 FP Trivia	7 10:00 TH Boot Camp🌿 10:30 TH Make Cat Toys For Orphans Of The Storm Animal Shelter🌿 1:30 TH Bingo★ 2:30 TH Choir Practice🌿 3:30 FP Trivia 6:00 FP Cards With Jen	8 10:00 TH Exercise 10:30 FP Current Events 11:00 O Lunch Bunch At Gale Street 1:30 L Shabbat★ 2:30 TH Therapeutic Color Art & Relaxation🌿 3:30 FP Trivia 6:00 FP Games With Nancy	9 10:00 FP Exercise 10:30 FP Blackjack/Poker 10:30 O Scenic Drive■ 2:00 TH Bingo★ 3:15 FP Sing-A-Long★ 6:00 FP Board Games
10 9:00 O St. Mary's Church 9:30 Communion★ 10:00 FP News & Views 2:00 FP Entertainment With Floyd Andrew as "Liberace"★ 6:00 FP Giant Crossword Puzzles	11 10:00 TH Exercise 10:30 TH Think Tank🌿 2:00 FP Dice Game - Your Choice 3:15 FP "Laughter Is the BEST Medicine" 6:00 FP Crossword Puzzles	12 9:30 L Communion★ 10:00 TH Boot Camp🌿 10:30 TH Make Dog Biscuits For The Dogs At Orphans Of The Storm🌿 1:30 TH Bingo★ 2:30 TH Bring Treats & Toys to Orphans of the Storm Animal Shelter🌿 3:30 FP Trivia 6:00 FP Games With Tom	13 9:30 O Walgreens 10:00 TH Exercise 10:30 TH Craft - Sunny Smile Magnets🌿 2:30 JK Wine & Cheese With Tony Bernard 3:30 FP Crosswords 6:00 FP Trivia	14 10:00 TH Boot Camp🌿 10:30 TH Dancercise🌿 1:30 TH Bingo★ 2:30 TH Bunco Game 3:30 FP Trivia 6:00 FP Cards With Jen	15 10:00 TH Exercise 10:30 FP Current Events 11:00 O Lunch Bunch At Ditka's 1:30 L Shabbat★ 2:30 TH Pokeno 3:30 FP Trivia 6:00 FP Games With Nancy	16 10:00 FP Exercise 10:30 O Scenic Drive■ 10:30 FP Toss-Up Game 2:00 TH Bingo★ 3:15 FP Blackjack/Poker 6:00 FP Board Games
17 9:00 O St. Mary's Church 9:30 Communion★ 10:00 FP News & Views 2:00 FP Entertainment With Anne Marie★ 6:00 FP Giant Crossword Puzzles	18 10:00 TH Exercise 10:30 TH Think Tank🌿 2:00 TH Tai Chi With Lori🌿 3:15 FP "Laughter Is the BEST Medicine" 6:00 FP Crossword Puzzles	19 9:30 L Communion★ 10:00 TH Boot Camp🌿 10:30 TH Wii Bowling Tournament - Rooms 215 - 242🌿 1:30 TH Bingo★ 2:30 TH Wii Bowling Tournament - Rooms 101 - 214 & 315🌿 3:30 FP Trivia 6:00 FP Games With Tom	20 9:30 O Jewel 10:00 TH Exercise 10:30 TH Walking Balance🌿 2:30 JK Wine & Cheese With Kym Frankovelgia 3:30 FP Crosswords 3:45 TH Memorial Service🌿 6:00 FP Trivia	21 10:00 TH Boot Camp🌿 11:15 O Arlington Park Racecourse & Lunch Outing🌿 1:30 TH Bingo★ 3:30 FP Trivia 3:30 FP Wheelchair & Walker Clinic 6:00 FP Cards With Jen	22 10:00 TH Exercise 10:30 FP Current Events 1:30 L Shabbat★ 2:00 PL Carnival Day In The Front North Parking Lot!!★ 6:00 FP Games With Nancy	23 10:00 FP Exercise 10:30 O Scenic Drive■ 10:30 FP Blackjack/Poker 2:00 TH Bingo★ 3:15 FP Sing-A-Long★ 6:00 FP Board Games
24 9:00 O St. Mary's Church 9:30 Communion★ 10:00 FP News & Views 2:00 FP Entertainment With Chris Colletti★ 6:00 FP Giant Crossword Puzzles	25 10:00 TH Exercise 10:30 TH Think Tank🌿 1:30 O Movie Day! 3:15 FP "Laughter Is the BEST Medicine" 6:00 FP Crossword Puzzles	26 9:30 L Communion★ 9:30 TH Food For thought🌿 10:00 TH Boot Camp🌿 10:30 TH John Boda Presents: "The Life & Music of Hoagie Carmichael - Stardust Melody"🌿 1:30 TH Bingo★ 2:30 TH MBA Meeting - Wear Your Lanyards!🌿 3:30 FP Trivia 6:00 FP Games With Tom	27 9:30 O Walgreens 10:00 TH Exercise 11:30 O Outing To The Temple Lipizzans To See The Lipizzan Stallions Horse Show! Box Lunches on The Way!🌿 1:30 TH Paxxon Talk: "Heart Healthy Living"🌿 2:30 JK Wine & Cheese With Don Reitsma 3:30 FP Crosswords 6:00 FP Trivia	28 10:00 TH Boot Camp🌿 10:30 TH Resident Council🌿 1:30 TH Bingo★ 2:30 TH Choir Practice🌿 3:30 FP Trivia 6:00 FP Cards With Jen	29 10:00 TH Exercise 10:30 FP Current Events 11:00 O Lunch Bunch At Honeyberry Cafe 1:30 L Shabbat★ 2:30 TH Pokeno 3:30 FP Trivia 6:00 FP Games With Nancy	30 10:00 FP Exercise 10:30 FP LRC Dice Game 10:30 O Scenic Drive■ 2:00 TH Bingo★ 3:15 FP Blackjack/Poker 6:00 FP Board Games
31 9:00 O St. Mary's Church 9:30 Communion★ 10:00 FP News & Views 2:00 FP Entertainment With Randy Walker★ 6:00 FP Giant Crossword Puzzles	10:00 TH Exercise 10:30 TH Think Tank🌿 1:30 O Movie Day! 3:15 FP "Laughter Is the BEST Medicine" 6:00 FP Crossword Puzzles	9:30 L Communion★ 9:30 TH Food For thought🌿 10:00 TH Boot Camp🌿 10:30 TH John Boda Presents: "The Life & Music of Hoagie Carmichael - Stardust Melody"🌿 1:30 TH Bingo★ 2:30 TH MBA Meeting - Wear Your Lanyards!🌿 3:30 FP Trivia 6:00 FP Games With Tom	9:30 O Walgreens 10:00 TH Exercise 11:30 O Outing To The Temple Lipizzans To See The Lipizzan Stallions Horse Show! Box Lunches on The Way!🌿 1:30 TH Paxxon Talk: "Heart Healthy Living"🌿 2:30 JK Wine & Cheese With Don Reitsma 3:30 FP Crosswords 6:00 FP Trivia	10:00 TH Boot Camp🌿 10:30 TH Resident Council🌿 1:30 TH Bingo★ 2:30 TH Choir Practice🌿 3:30 FP Trivia 6:00 FP Cards With Jen	10:00 TH Exercise 10:30 FP Current Events 11:00 O Lunch Bunch At Honeyberry Cafe 1:30 L Shabbat★ 2:30 TH Pokeno 3:30 FP Trivia 6:00 FP Games With Nancy	10:00 FP Exercise 10:30 FP LRC Dice Game 10:30 O Scenic Drive■ 2:00 TH Bingo★ 3:15 FP Blackjack/Poker 6:00 FP Board Games



Resident Committees

President: Bart Tasca
Vice-President: Chuck
Burrzinski

The Resident Council meetings are held on the last Thursday of the month at 10:30 a.m., in the Town Hall. The Resident Council officers encourage everyone to attend. If you would like to speak with one of the above members, please ask for their numbers at the concierge desk. The next meeting will be July 28.

Transportation Schedule

Sunday: 9 a.m.
Church

Sunday: 10:30 a.m.
Neighborhood Outing

Monday: 11 a.m.
Circle of Friends Outing

Tuesday: 8:30 a.m.–4 p.m.
Doctors' Appointments

Wednesday: 9:30 a.m.
Jewel or Walgreens

Thursday: 8:30 a.m.–4 p.m.
Doctors' Appointments

Friday: 11 a.m.
Assisted Living Outing

Saturday: 10:30 a.m.
Scenic Drive



Front Cover Story Continued:

Whew! Besides being a gourmet cook, (known for her homemade ground gefilte fish), an avid gardener, (she won awards for her roses), she also had 4 children - daughters Karen, Diana and Barbara, and son Lawrence. I know you are wondering how she found the time. Well, her children were her first priority! She is so proud of her family and always supports their interests. She is blessed with 7 grandchildren; Oren, Ariella, Elan, Jacob, Jay, Jeff and Leah. She is the proud great-grandmother of Shira, Taliya and Yair.

Suzanne is an inspiration; she loves to learn and exhibits a zest for life. Her retirement included editing the biography of Adlai Stevenson, written by John Bartlow Martin. When I reviewed all these wonderful personal and

professional accomplishments, she modestly says, "It is important to keep busy." What amazes me about Suzanne, as a grandmother and in retirement, is that she continued to seek out opportunities to entertain, cook, write, and appreciate music and garden. She is a true renaissance woman! - Maureen



Suzanne & her wonderful family!





FORE!

We celebrated National Senior Fitness Day by golfing through the hallways of Belmont Village! We had 69 residents join our 9th Annual Golf Tournament! We golfed amongst the "buffalos," around the "Healthy Foods," amongst the "Belmont van" and "duck ponds," and then on through the "Belmont Cupola," just to name a few of the holes! Everyone gathered afterwards at the "9th Hole Café" for a delicious golf club luncheon!



Here is Louise using her cane to golf!



Joyce is golfing amongst the "buffalo!"



Bart helped push Isabelle to holes!



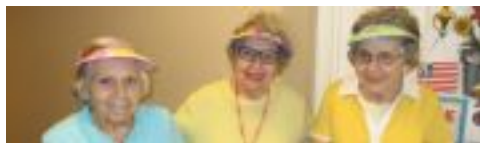
Merle did a **great** job!



Peggy golfed the "outing hole" well!



Jake & Al had FUN golfing!



These ladies enjoyed the day!



Nancy had the "Most Holes In One!"

And Awards Go to...

All golfers received a medallion at the Awards Ceremony! We also gave out trophies to: 1. *Best Team Score*: Myrna, Camelia, Don, Wil & Gladys; 2. *Best Female Score*: Barb. N.; 3. *Best Male Score*: Jack, Chuck, & John; 4. We gave out 40 "Hole In One" certificates; 5. "Most Holes in One" went to Nancy W. with 4!; 6. *Best Team Name*: "Fierce Fairways": Martin, Arden, Elaine B., Suzanne, & Jack; 7. *Most Strategic*: Essie; 8. "The Thinker": Pat; 9. *Best Visor*: Peggy & Isabelle; 10. *Best Female Attire*: Ellie R. & Elaine S.; 11. *Best Male Attire*: Wil & Chuck; 12. *Craziest Golfer*: Louise for golfing with her cane!; 13. *Most Enthusiastic*: Mala - dancing to the holes!; 14. *Best Smile*: Grace; 15. *Most Encouraging*: Jake; *Best "Team Player"*: Martin who offered his wheelchair to a pregnant helper; 16. *Most Flare*: Harriet; 17. *Best Sense of Humor*: Fay; 18. *Most Energetic*: Gladys; 19. *Most Determined*: Merle; 20. *Good Leadership*: Rochelle; 21. *Best Form*: Joyce; 22. *Positive Attitude*: Richard; 23. *Biggest Helper*: Bart; 24. *New Kid On The Block*: Nelida; *Wildest Golfer*: Dorothy B.; *Best Effort*: Leo; *Most Consistent*: Hilda; *Most Eager To Play*: Arden; and *Most Creative*: Al B. who wrote his name backwards on his visor! Congrats to all our golfers!

Belmont Village Scene



Joe, from 1Pet1Vet, came with his therapy dog, C.T., to talk with our veterans and residents about his organization. Here they are posed with donations we collected!



One of our veterans, Leo, enjoyed meeting Joe and his sweet dog, C.T.!



We supported "Red Nose Day!!"



Beth's Art Project using acrylic paints turned out beautiful!



You can see these works of art hanging on the residents' doors!



Estevan created a WONDERFUL golf cake for our 9th Annual Golf Tournament luncheon!

BELMONT *Village*

SENIOR LIVING
BUFFALO GROVE

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Buffalo Grove, IL 60089

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Belmont Village Communities

CALIFORNIA: Burbank, Encino,
Hollywood, Rancho Palos Verdes,
Westwood, Thousand Oaks, San Jose,
Sunnyvale, San Diego, Cardiff by the Sea

ARIZONA: Scottsdale

CHICAGOLAND: Buffalo Grove,
Geneva Road, Oak Park, Glenview

SOUTHERN US: Memphis, Nashville,
Louisville, Atlanta—Buckhead and Johns Creek,
Dallas, Austin, Houston—West University and
Hunters Creek