



Belmont Village of Burbank Village NEWS

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A Publication of Belmont Village for Residents, Staff, Family and Friends

June 2016

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From the Executive Director

Welcome to June!

June is the month that we celebrate our fathers!

Father's Day was always a day I looked so forward to each year. Mother's Day was special, but buying special gifts for "daddy" was always a treat as I loved to surprise him, especially with handmade crafts. I often wondered about the chuckles coming from mom and dad after I surprised dad with his wrapped present. Looking back, I now have a good understanding of what those chuckles were about!

As I look back on the history of Father's Day, I found that the celebration of our nation's fathers did not meet the same enthusiasm as Mother's Day did. "Fathers haven't the same sentimental appeal that mothers have" was a sentiment from a florist in 1908. In 1909, a Spokane, Washington woman named Sonora Smart Dodd, one of six children raised by a widower, tried to establish an official equivalent to Mother's Day

for male parents. She went to local churches, the YMCA, shopkeepers and government officials to drum up support for her idea, and she was successful: Washington State celebrated the nation's first statewide Father's Day on July 19, 1910. Slowly, the holiday spread. In 1924, President Calvin Coolidge urged state governments to observe Father's Day, however many men continued to disdain the day.

During the 1920s and '30s, a movement arose to scrap Mother's Day and Father's Day altogether in favor of a single holiday, Parent's Day. The Depression, however, derailed this effort. In 1972, in the middle of a hard fought presidential re-election campaign, Richard Nixon signed a proclamation making Father's Day a federal holiday at last. Today, economists estimate that Americans spend more than \$1 billion each year on Father's Day gifts.

As my husband and I look on and witness the same twinkle in our sons' eyes as they receive their hand-crafted gifts from their children on this day, my heart overflows. There is something very special about our fathers.

I wish all of our men a very special day on June 19th. You are the "twinkle" in my eye!

Mary Jane



Happy Birthday



June Resident Birthdays

- 2 Grace Delaney
- 4 Margie Guapo
- 9 Betty Calciana
- 12 Florence Green
- 17 Sarah McNamara
- 22 Erwin Hoffman
- 24 June Yoshioka
- 27 Edna Sage
- 28 Rosalie Evans

RESIDENT BIRTHDAY
LUNCHEON
FRIDAY, JUNE 17
11:30 a.m., Town Hall

Employee Birthdays

- 4 Laura Diaz
- 8 Jessielyn Gonzaga
- 13 Corinna Villaneda
- 15 Maria Portillo
- 15 Marisa Serafin
- 18 Maria Gallardo
- 20 Lolita Mendoza
- 23 Marisa Payne
- 25 Maria Escobar
- 25 Irma Mangayan
- 27 Beiyna Aghajany
- 28 Merien Mardi



One of our sweet (and photogenic!) new residents--Sonya.

Welcome New Residents



Welcome to the Belmont Village
of Burbank Family!

- Sonya Most
- Carol Normile
- Anita Parmeter
- Eva and Bob Freiburger
- Ro Lippman
- Momoko Murakami
- Susan Possner
- Don Warner

Happy Anniversary



One Year

Loretta Parker 6/30/2015

Two Years

Clara Shutz 6/30/2014
Violet Staller 6/30/2014

Three Years

Bernice Christenson 6/13/2013

Four Years

Annette Masler 6/30/2012

Five Years

Chuck Bullock 6/30/2011

Eight Years

Giselle Temmel 6/12/2008



Happy "Eight Years," Giselle!

Employee of the Month

We are pleased to announce that Pedro Chavez, a wonderful dining room server, is our Employee of the Month for June. We pride ourselves in the warmth, hospitality and kindness displayed by our servers and Pedro exemplifies these qualities so well. If you've had the privilege of meeting him in person, you know he is an outgoing, fun employee who is truly committed to the overall satisfaction of our residents' dining experience.



Congratulations, Pedro!



Jingo: Bingo Meets Trivia

What do you get when you combine the fun challenge of trivia with the classic game of bingo? Jingo! Trivia questions are read aloud with the answers illustrated on players' boards. The first one to cover up five spaces in a row wins!

2nd & 4th Mondays at 10:30am
in the Bistro

Current Events

At Belmont Village of Burbank, we value staying updated on the world around us and what is making headlines. Whether it be local, national or international news, we provide current events every week to inform our residents and to provide a forum where they can openly discuss what's in the news and how it impacts us.

Tuesdays at 10:30am
in Town Hall



Arts and Crafts

Rubber Block Printmaking Class

Residents were treated to a fun, outside-the-box art activity when a professional, Loren Kantor, led a rubber block printmaking class. Not only were residents able to personally create rubber block stamps, but paint and cardstock were supplied so those very stamps could be used to make greeting cards!



Bernice's beautiful, finished product



Great work, Ro!

Transportation

MONDAY

8:30 a.m. – noon

Personal Appointments

1:30 p.m. Local Banks

2:30 p.m. Ralphs and CVS

TUESDAY/THURSDAY

Dr. Appointment Days

8:30 a.m. – 4 p.m. (Schedule with concierge at least 48 hours prior to appointment.)

WEDNESDAY

Bank Visits at 9 a.m.

Outing Day

FRIDAY

Doctor/Hair Appointments

SATURDAY

10:30 a.m. Neighborhood Scenic Drive

1 p.m. Ralphs, CVS and Walgreens

SUNDAY

8:30 a.m. – 12:30 p.m.

Places of Worship

1:00 p.m. Scenic Drive.

Please sign up with Concierge.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			9:30 TH Fitness Class 10:30 TH Bible Study with Rev. Purdy 1:00 Walking Club★ 1:00 Outing - Movie Theater 2:30 TH RS Food Chat 7:00 MT Movie of the Night	9:30 TH Fitness Class 10:30 GR You Be The Judge 1:00 Walking Club★ 2:00 TH Blackjack in Town Hall 3:30 GR Wine and Cheese Happy Hour with Matthew Stoneman 7:00 MT Movie of the Night	9:30 TH Fitness Class 10:30 GR Hymn Sing with Rev. Purdy 1:00 TH Beading Class 1:00 Walking Club★ 2:00 TH Beading Class 3:00 GR Shabbat Service with Rabbi Bieber 7:00 B Bingo in the Bistro 7:00 MT Movie of the Night	9:30 TH Fitness Class 11:00 GR Trivia with Fritz 1:00 Local Shopping 1:00 Walking Club★ 1:30 TH Pattern Bingo 3:30 GR Entertainment with The Jacqi Bowe Variety Show 7:00 MT Movie of the Night
5	6	** Primary Voting at Our Facility 6am - 9pm ** 7	8	9	10	11
8:30 Transportation to Local Churches 8:30 GR Communion 12:45 GR South Hills Nondenom. Service 1:00 Walking Club★ 1:00 Scenic Drive 3:30 GR Sunday Entertainment Featuring Michael Quest 7:00 B Bingo in the Bistro 7:00 MT Movie of the Night	9:30 TH Fitness Class 10:30 B Scrabble Slam 1:00 MT Movie Club with Merle 1:00 Walking Club★ 2:00 B Activities Chat 3:30 TH Blackjack in Town Hall 7:00 MT Movie of the Night	9:30 B Fitness Class 10:30 B Current Events 1:00 Podiatrist Visit 1:00 Walking Club★ 2:30 GR Two-Minute Mysteries 7:00 B Bingo in the Bistro 7:00 MT Movie of the Night	9:30 TH Fitness Class 10:30 TH Bible Study with Rev. Purdy 10:30 Lunch & Outing - Ronald Reagan Presidential Library 1:00 Walking Club★ 2:30 TH RS Food Chat 7:00 MT Movie of the Night	9:30 TH Fitness Class 10:30 GR You Be The Judge 1:00 Walking Club★ 2:00 TH Blackjack in Town Hall 3:30 GR Wine and Cheese Happy Hour with Peter Hubner 7:00 MT Movie of the Night	9:30 TH Fitness Class 10:30 GR Hymn Sing with Rev. Purdy 1:00 Walking Club★ 1:00 TH Beading Class 2:00 TH Beading Class 3:00 GR Shabbat Service with Rabbi Kornfeld 7:00 B Bingo in the Bistro 7:00 MT Movie of the Night	9:30 TH Fitness Class 11:00 GR Trivia with Fritz 1:00 Local Shopping 1:00 Walking Club★ 1:30 TH Pattern Bingo 3:30 GR Musical Entertainment with Mike and Mandy 7:00 MT Movie of the Night
12	13	14	15	16	17	18
8:30 Transportation to Local Churches 8:30 GR Communion 1:00 Scenic Drive 1:00 Walking Club★ 3:30 GR Sunday Entertainment Featuring Mark Cole 7:00 MT Movie of the Night 7:00 B Bingo in the Bistro	9:30 TH Fitness Class 10:30 B Jingo: Bingo Meets Trivia 1:00 MT Musical Theatre Club 1:00 Walking Club★ 3:30 TH Blackjack in Town Hall 7:00 MT Movie of the Night	9:30 TH Fitness Class 10:30 TH Current Events with Mary Jane 1:00 Walking Club★ 2:30 B Jeopardy with Jeff 4:00 GR Dog Visit with Sweetie Belle, the Gentle Giant! 7:00 MT Movie of the Night 7:00 B Bingo in the Bistro	9:30 TH Fitness Class 10:30 TH Bible Study with Rev. Purdy 11:00 Lunch Outing - Figaro Bistrot 1:00 Walking Club★ 2:30 TH RS Food Chat 3:30 TH Adventures with Doug: Death Valley 7:00 MT Movie of the Night	9:30 TH Fitness Class 10:30 GR You Be The Judge 1:00 Walking Club★ 2:00 TH Blackjack in Town Hall 3:30 GR Wine and Cheese Happy Hour with Kevin Laurence 7:00 MT Movie of the Night	9:30 TH Fitness Class 10:30 GR Hymn Sing with Rev. Purdy 11:30 TH Resident Birthday Luncheon 1:00 Walking Club★ 3:00 GR Shabbat Service with Rabbi Bieber 7:00 B Bingo in the Bistro 7:00 MT Movie of the Night	9:30 TH Fitness Class 11:00 GR Trivia with Fritz 1:00 Local Shopping 1:00 Walking Club★ 1:30 TH Pattern Bingo 3:00 TH Magician Scott Syme Jr. 7:00 MT Movie of the Night
19	20	21	22	23	24	25
8:30 GR Communion 8:30 Transportation to Local Churches 11:00 JK Father's Day BBQ 1:00 Scenic Drive 1:00 Walking Club★ 7:00 MT Movie of the Night 7:00 B Bingo in the Bistro	9:30 TH Fitness Class 10:30 B Scrabble Slam 1:00 Walking Club★ 1:00 MT Movie Club with Merle 3:30 TH Blackjack in Town Hall 7:00 MT Movie of the Night	9:30 TH Fitness Class 10:30 TH Current Events 1:00 Walking Club★ 1:30 TH Resident Council Meeting 2:30 GR Two-Minute Mysteries 7:00 B Bingo in the Bistro 7:00 MT Movie of the Night	9:30 TH Fitness Class 10:30 TH Bible Study with Rev. Purdy 11:00 Lunch Outing - Gary Bric's Ramp 1:00 Walking Club★ 2:30 TH RS Food Chat 7:00 MT Movie of the Night	9:30 TH Fitness Class 10:30 GR You Be The Judge 1:00 Walking Club★ 3:30 GR Wine and Cheese Happy Hour with Jusstuss 7:00 MT Movie of the Night	9:30 TH Fitness Class 10:30 GR Hymn Sing with Rev. Purdy 1:00 Walking Club★ 2:00 TH Beading Class 3:00 TH Beading Class 3:00 GR Shabbat Service with Rabbi Kornfeld 7:00 B Bingo in the Bistro 7:00 MT Movie of the Night	9:30 TH Fitness Class 11:00 GR Trivia with Fritz 1:00 Local Shopping 1:00 Walking Club★ 1:30 TH Pattern Bingo 3:30 GR Seth Becker, Music Historian Program 7:00 MT Movie of the Night
26	27	28	29	30		
8:30 GR Communion 8:30 Transportation to Local Churches 1:00 Walking Club★ 1:00 Scenic Drive 3:30 GR Sunday Entertainment Featuring Bogart and Boyd Duo 7:00 MT Movie of the Night 7:00 B Bingo in the Bistro	9:30 TH Fitness Class 10:30 B Jingo: Bingo Meets Trivia 1:00 Walking Club★ 1:00 MT Musical Theatre Club 3:30 TH Blackjack in Town Hall 7:00 MT Movie of the Night	9:30 TH Fitness Class 10:30 TH Current Events with Mary Jane 1:00 Walking Club★ 2:00 JK New Resident Welcome Tea 7:00 B Bingo in the Bistro 7:00 MT Movie of the Night	8:00 Early Bird Outing - "Clocker's Corner" at Santa Anita Park 9:30 TH Fitness Class 10:30 TH Bible Study with Rev. Purdy 1:00 Walking Club★ 2:30 TH RS Food Chat 7:00 MT Movie of the Night	9:30 TH Fitness Class 10:30 GR You Be The Judge 1:00 Walking Club★ 2:00 TH Blackjack in Town Hall 3:30 GR Wine and Cheese Happy Hour with Mark Rosen 7:00 MT Movie of the Night		



Circle of
Friends & Neighborhood



Painting beautiful watercolor art



Lovely hat, Elaine!



Making our own birds!



Olive Garden was outstanding

Circle of Friends News...

Circle of Friends went on various outings including an Italian lunch at Olive Garden and a seafood meal by the shore in Marina Del Rey. Other outings included a trip to the movies where we saw *Mother's Day* and a visit to the Ronald Reagan Library--both of which were hits!

Recent activities and crafts incorporated a theme of traveling around the world. Residents explored a variety of cultural languages, backgrounds, and traditions. They showed off their skills when it came to making personal paper mâché planet Earths, and papel picado banners in honor of Cinco de Mayo. Each and every resident displays their own unique sense of style and creativity when it comes to art. Stop by the third floor when you get the chance and see with your own eyes the true talent displayed!

Neighborhood News...

The arrival of June heralds the beginning of summer, and with it are greater opportunities to enjoy fresh air and sunshine.

Our morning exercises will transition outdoors, where residents will experience a relaxing class consisting of a choreographed sequence of movements and stretches set to a variety of music designed to maintain flexibility and promote a renewed sense of vitality.

Our popular weekly flower arranging workshop will be supplemented with the introduction of a gardening club, enabling residents to either continue a favorite hobby or adopt a new one. Whilst beautifying our patio and garden we will share and expand our knowledge; learning about nutrition, environmental issues, entomology and horticulture.

Last month, residents had hearty diner classics at Tallyrand in Burbank and visited the maritime-themed Anthony C. Beilenson Park and 27-acre Lake Balboa in Van Nuys.

This month they will relive the coffee shop style of the 1950s and traditional American comfort food on the menu at Bob's Big Boy in Burbank and visit Oxnard Beach Park and Rehab Point Path, an accessible-friendly loop allowing views of the ocean. Please contact us if you have suggestions for future outings!

We hosted a brunch on Mother's Day for our residents and their families in honor of the mothers in our community, each of whom were presented with a rose. In June we will be recognizing the fathers here at Belmont Village of Burbank with our own Father's Day BBQ. Please RSVP!



June Is “National Safety” Month

From DRCS

Tammy Cooper

Adults 55 and older are more prone to becoming victims of falls, and the resulting injuries can diminish the ability to lead active, independent lives. The number of fall deaths among those 65 and older is four times the number of fall deaths among all other age groups.

We can all encourage residents to participate in daily exercise classes. Staying active has been shown to reduce fall risks in older adults. Belmont Village and Rehab Care offer various exercise and wellness programs to suit everyone’s fitness level.

Check apartments daily for any tripping hazards. Phone lines and oxygen tubing should never be obstructing a walkway. Please alert the wellness center if you are taking any new medications, as many side effects could trigger a fall.

Residents should always use their walking aide, even inside their apartments. Check to make sure your walker is by your

bedside at night. Walkers and canes should be checked for any loose or malfunctioning parts.

Families, residents, and employees should immediately report any safety concerns in the community.

Spills should be reported immediately and attended to swiftly to prevent any slips on wet surfaces. Always use wet floor signs when necessary.

Most importantly try to exercise good judgment and never attempt an obstacle or task that you feel might not be safe handled alone. Don’t hesitate to ask for assistance; prevention is key for staying healthy.



You Be the Judge

In this fun, critical-thinking discussion group, several real-life court cases are presented in which the “right” verdict isn’t always obvious! Neighbors who insist on running a bee farm in a residential area, a beauty pageant contestant who won even though she only entered as a joke and a family suing a little league team for not playing their son enough are just a few examples of the quirky, interesting cases open for discussion.

Thursdays at 10:30am
in the Great Room



If you’ve visited us at Belmont Village of Burbank, there’s a good chance you’ve noticed for yourself the gorgeous floral arrangements decorating the facility. We owe it all to the fabulous Joey Chuy, owner of Forget Me Not Florist in Toluca Lake. Her arrangements are not only beautiful, but truly liven up every room they adorn. Thank you, Joey!



Some of the many beautiful arrangements provided by Joey

Belmont Village Scene



Cutting a rug on Mother's Day



Wine and Cheese Happy Hour fun!



Lunch at Another Broken Egg Café



Such a pleasant Passover Seder!



Lyn's Beading Class is a favorite!



Enjoying our Cinco de Mayo fiesta

BELMONT *Village*
SENIOR LIVING
BURBANK

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Burbank, CA 91501

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Belmont Village Communities

CALIFORNIA: Burbank, Encino,
Hollywood, Rancho Palos Verdes,
Westwood, Thousand Oaks, San Jose,
Sunnyvale, San Diego, Cardiff by the Sea

ARIZONA: Scottsdale

CHICAGOLAND: Buffalo Grove,
Geneva Road, Oak Park, Glenview

SOUTHERN US: Memphis, Nashville,
Louisville, Atlanta—Buckhead and Johns Creek,
Dallas, Austin, Houston—West University and
Hunters Creek