



# Belmont Village at Geneva Road

# VillageNEWS



545 Belmont Lane • Carol Stream, IL 60188 • Phone 630-510-1515 • Fax 630-510-0633

*A Publication of Belmont Village for Residents, Staff, Family and Friends*

**June 2016**

## **Management Team**

### Jeanne P. Hansen

Executive Director

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### Mary Anne Villafuerte

Human Resource Generalist

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## **A Note From Jeanne's Journal**

Being a good neighbor and friend has always been an important and long standing tradition of our community. When Belmont Village was first built, the concept of assisted living was a new one for the Carol Stream area. We quickly established ourselves by always supporting events occurring in our local market. We have worked hard to ensure that we have strong ties with the many public organizations that support our work at Belmont.

For fifteen years we have received tremendous support from the Mayor's office as well as the Police and Fire Departments of Carol Stream. Over the years we have also welcomed many community groups into our building. Forrest Glen, Spectrios and Hallmark are a few of the organizations who meet monthly at Belmont Village.

We love being in the Carol Stream Community and we are so grateful for the kindness and support that has been bestowed upon us over our first fifteen years.

On Tuesday, June 21st, we will celebrate our fifteen year anniversary. I hope you will make plans to join us from 5:00 to 7:00

p.m. in Josephine's Kitchen for our Garden Party themed celebration. We will have great music and delicious appetizers. You will also have the opportunity to purchase tickets for one of several garden pots on display. Each pot has a unique theme, from traditional gardening to summer barbeque. The tickets will support our "Fill a Pot and Feed a Family Raffle" by benefiting the Neighborhood Food Pantries. Tickets are one for \$5.00 or three for \$10.

Since 1999, Neighborhood Food Pantries have provided food security to our neighbors in need, as well as monetary assistance for housing, utilities, medical care/ prescriptions, etc. Approximately 87,200 (9.6%) of DuPage County residents are at risk of hunger with nearly 50,576 ineligible for public benefits. More than 37,000 (16.4%) of children in the county are at risk of hunger, and for many, their main meal of the day is provided at school through the free/reduced lunch program. Just \$5 will purchase a grocery cart full of nutritious food.

I cannot think of a better way to celebrate our anniversary than by being a good friend and neighbor. I hope you will come and celebrate with us. I'll meet you in the Garden.



### Resident Birthdays

- 6/1 Rosemary Metzdorff
- 6/2 Audrey Morgan
- 6/8 Liz Howells
- 6/8 Kay Moran
- 6/15 Nathan Amelio
- 6/15 Eleanor Wolski
- 6/20 Fred Hoyum
- 6/20 Ray Krypel
- 6/22 Susan Halick
- 6/23 Herman Kampf

### Employee Birthdays

- 6/5 Deborah Floring
- 6/8 Carl Labucas
- 6/10 Nenita Ginder
- 6/12 Theresa Mcle
- 6/17 Angela Jones
- 6/17 Ross Santiago
- 6/18 Feriba Samadzada
- 6/28 Halina Skorupski
- 6/25 Jeremy Bidne
- 6/29 Astarra Love
- 6/30 Peggy Lafferty

### Employee Anniversaries

- 14 years Entela Bylykbashi
- 12 years Bethany Brown
- 10 years Merlinda Lloren
- 4 years Ross Santiago
- 3 years Feriba Samadzada
- 3 years Lasandra Blocker
- 2 years Jan Izzo
- 2 years Nenita Ginder
- 1 year Mag Umbao
- 1 year Angela Jones
- 1 year Muki Nurceska
- 1 year Julie Wilson



### Belmont Village Celebrates 15 Years!



#### Garden Party! Tuesday, June 21st 5:00 pm - 7:00 pm

Join us as we celebrate our 15th Anniversary with a garden party. Enjoy cocktails, hors d'oeuvres and live music. We will also announce the winners of our "Fill A Pot - Feed A Family" Raffle with proceeds to benefit Neighborhood Food Pantries.



Amy Ranalli

### Not Just for Dads

With Father's Day just around the corner, look for deals on tools and other handy gift items. Whether you're buying for Dad or simply need a few items for your own toolbox, June is a good month to pick up a new hammer, wrench or screwdriver set.

### FATHER'S DAY BBQ

Sunday, June 19

11 am - 1:00 pm

Guests - \$15.00

Guests under 12 - \$5.00

Please make your reservation with the Concierge by Friday, June 17th



### Congratulations to Our Employee of the Month, Amy Ranalli

Amy is a PAL in our 2nd floor neighborhood. She has recently received a promotion to be an Enrichment Leader. Amy has incredible leadership skills and is amazing at interacting with our residents with dementia. She is calm, kind and loving in all that she does, and brings out the best in everyone around her. We are very proud of you, Amy, and are thankful for all that you do!



# Life Enrichment Corner



## NATURE PHOTO WALK Wednesday, June 15, 10:00 am

Join me as we walk or (roll) the grounds of Belmont Village and take photos along the way. The photos will be displayed for our 15 year Anniversary Garden party. We need amateur photography taken by our Belmont residents. Please join Karen as we enjoy the beautiful nature and snap a few pictures along the way.

## RACE TO THE BELMONT!

And they are off ... our Nu-Step racers that is. Winner will receive 5 raffle tickets for the Fill A Pot raffle, a free lunch outing and a shiny trophy, just by doing what you do every day... exercise on the Nu-Step in Paxxon Therapy.

**June 6th - June 10th**

Winner will be announced @ Wine & Cheese on June 15th



## FATHER'S DAY CONTEST LOGIC PROBLEM

Two fathers and two sons went on a fishing trip. Everybody caught a fish, but all together, only three fish were caught. How is this possible?

Call or email your answers to Karen (630) 510 - 2509 or [kmcardle@belmontvillage.com](mailto:kmcardle@belmontvillage.com)

The **first person (family member or resident)** to solve the logic puzzle correctly will receive a complimentary BBQ meal on **Father's Day, Sunday, June 19th.**

\*Need not be a father to win!



## WEEKEND THINK TANK Monday 10:15 am

Lounge

You don't have to be smart to join us, yet if you were smart you would join us. Solving puzzles and learning new things helps to keep our brains engaged ... **use it or lose it!** Give it a try, pick up a Weekend Think Tank Booklet

and join us on Monday. Residents who participant will have a chance to win a complimentary meal coupon for family or guest.

## June SHOPPING

- 6, 13, 20, 27 ..... Jewel
- 4, 11, 18, 25 ..... Walgreens
- 4, 11, 18, 25 ..... Dollar Store
- 8 ..... CVS Pharmacy
- 22 ..... Target

Please refer to your calendar and daily announcements for the exact times for shopping trips. RSVP with Concierge by calling (1-630) 510-1515.

## June OUTINGS

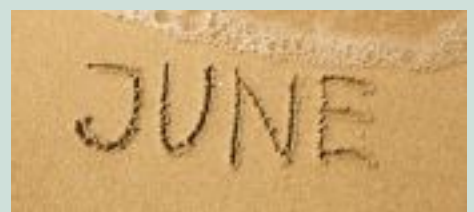
- 1 Wedding Museum
- 14 Smokehouse Lunch
- 28 Peck's Butterfly House

## RSVP FOR OUTINGS

Residents can RSVP for outings by using the outings form attached to your newsletter. Or please call Karen at (1-630) 510-2509.

## June PROGRAMS

- 1 Entertainer Rudy
- 3 Patrick on Piano
- 8 Ed's Music Mix
- 15 Nature Photo Walk
- 15 Vocalist Kym
- 16 Sinatra Music History
- 16 Book Club Lunch/Movie
- 19 Father's Day BBQ
- 21 Anniversary Party
- 22 Vocalist Roxanne
- 23 On The Town Skit
- 29 The Hills are Alive



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>GREASE IS THE WORD!</b> Calling all GREASERS and PINK LADIES ... let's get movin' and groovin' to the music from the hit musical GREASE. <b>SEATED MUSICALCISE</b> Thursdays @ 10:00 am Town Hall	<b>CHRONICLE-LOGY TRIVIA!</b> Read about history events then try to chronicle the year in which they took place. Thursdays @ 10:45 am Lounge	<b>"ON THE TOWN"</b> Will our Navy guys get their girls? Who will be Miss Turnstiles? What and where is Nedick's? What kind of town is New York? All these questions will be answered when Drama Club presents... <b>ON THE TOWN</b> June 23rd @ 2:30 Town Hall	<b>Wedding Traditions!</b> 1 9:30 <b>TH</b> Flex and Fit 9:30 <b>O</b> Dupage Museum Outing: Weddings ✓ 10:00 <b>L</b> Parkinson's Class 10:30 <b>TH</b> Relaxed Flex & Fit 1:30 <b>L</b> Short Story w/Judy 1:30 <b>B</b> Fresh Floral Expressions 1:30 <b>TH</b> Drama Club Rehearsal 2:30 <b>JK</b> Wine and Cheese 6:00 <b>LO</b> Penny Bingo 7:00 <b>L</b> BV Bible Study	2 9:30 <b>TH</b> Muscle Fitness 10:00 <b>TH</b> Musicalcise...Grease 10:45 <b>LO</b> Chronicle-ology Trivia 1:30 <b>TH</b> Core & Balance 2:30 <b>LO</b> Bocce Ball Teams 6:00 <b>LO</b> Penny Left-Center-Right	3 8:00 Weekend Think Tank Booklet available at Concierge Desk 9:30 <b>TH</b> Flex & Fit 10:00 <b>L</b> Bible Study 10:30 <b>TH</b> Tai Chi with Louie 11:00 <b>L</b> Communion 1:30 <b>L</b> Parkinson's Exercise 2:30 <b>TH</b> Volleyball Competition 6:00 <b>GR</b> Patrick Woods on Piano	4 9:00 <b>O</b> Shopping - Walgreens ✓ 10:30 <b>TH</b> Exercise Fitness Program 1:00 <b>O</b> Scenic Drive ✓ 1:30 <b>TH</b> Comedy Club Feature 2:30 <b>LO</b> Ante Horse Racing Game 3:00 <b>O</b> Shopping: Dollar Store ✓ 6:00 <b>LO</b> Penny Left-Center-Right
5 8:00 <b>O</b> Church Transportation ✓ 10:30 <b>TH</b> Belmont Hymn Singers 1:30 <b>O</b> Afternoon Stroll & Roll 2:30 <b>TH</b> Sentimental Reflections Video Magazine 6:00 <b>GR</b> Spill and Spell Game	6 9:00 <b>O</b> SHOPPING: Jewel ✓ 9:30 <b>TH</b> Flex & Fit 10:30 <b>TH</b> Relaxed Flex & Fit 1:30 <b>TH</b> Relaxed Zumba Class 2:30 <b>TH</b> National Geographic Nature & Wildlife DVD 6:00 <b>GR</b> Domino Game	7 9:30 <b>TH</b> Muscle Fitness 10:00 <b>3N</b> Pinochle Club Members 10:30 <b>TH</b> Worship Service 1:30 <b>TH</b> Seated Yoga Stretch 2:30 <b>GP</b> In The Garden 6:00 <b>GR</b> Card Game Night	8 9:00 <b>O</b> SHOPPING: CVS Pharmacy ✓ 9:30 <b>TH</b> Flex and Fit 10:00 <b>L</b> Parkinson's Class 10:30 <b>TH</b> Relaxed Flex & Fit 1:30 <b>L</b> Short Story w/Judy 1:30 <b>TH</b> Drama Club Rehearsal 1:30 <b>B</b> Fresh Floral Expressions 2:30 <b>JK</b> Wine and Cheese 6:00 <b>LO</b> Penny Bingo 7:00 <b>L</b> BV Bible Study	9 8:00 <b>TH</b> Men's Breakfast 9:30 <b>TH</b> Muscle Fitness 10:00 <b>TH</b> Musicalcise...Grease 10:30 <b>TH</b> Therapy Talk w/Paxxon 1:30 <b>TH</b> Core & Balance 2:00 <b>TH</b> Moment in Time w/Tim 6:00 <b>LO</b> Penny Left-Center-Right	10 8:00 Weekend Think Tank Booklet available at Concierge Desk 9:30 <b>TH</b> Flex & Fit 10:00 <b>L</b> Bible Study 10:30 <b>TH</b> Relaxed Flex & Fit 11:00 <b>L</b> Communion 1:30 <b>L</b> Parkinson's Exercise 2:30 <b>TH</b> Volleyball Competition 6:00 <b>GR</b> Game Chip Pokeno	11 9:00 <b>O</b> Shopping - Walgreens ✓ 10:30 <b>TH</b> Exercise Fitness Program 1:00 <b>O</b> Scenic Drive ✓ 1:30 <b>TH</b> Comedy Club Feature 2:30 <b>LO</b> Belmont Stakes Ante Horse Racing Game 3:00 <b>O</b> Shopping: Dollar Store ✓ 6:00 <b>LO</b> Penny Left-Center-Right
12 8:00 <b>O</b> Church Transportation ✓ 10:30 <b>TH</b> Belmont Hymn Singers 1:30 <b>O</b> Afternoon Stroll & Roll 2:00 <b>L</b> Spectrios Low Vision Support Group 2:30 <b>JK</b> Minda's Cultural Dance Group 6:00 <b>GR</b> Spill and Spell Game	13 9:00 <b>O</b> SHOPPING: Jewel ✓ 9:30 <b>TH</b> Flex & Fit 10:00 <b>LO</b> Learn Sudoku & More 10:15 <b>LO</b> Think Tank Answer Guide 10:30 <b>TH</b> Relaxed Flex & Fit 2:30 <b>TH</b> Art Appreciation 6:00 <b>GR</b> Domino Game	14 <b>FLAG DAY!</b> 9:00 <b>TH</b> Pledge of Allegiance and God Bless America ★ 9:30 <b>TH</b> Muscle Fitness 10:00 <b>3N</b> Pinochle Club Members 10:30 <b>TH</b> Worship Service 1:30 <b>TH</b> Seated Yoga Stretch 2:30 <b>GP</b> In The Garden 6:00 <b>GR</b> Card Game Night	15 <b>Nature Photography Day!</b> 9:30 <b>TH</b> Flex and Fit 10:00 <b>O</b> Nature Photo Walk ✓ 10:00 <b>L</b> Parkinson's Class 10:30 <b>TH</b> Relaxed Flex & Fit 1:30 <b>TH</b> Drama Club Rehearsal 1:30 <b>L</b> Short Story w/Judy 1:30 <b>B</b> Fresh Floral Expressions 2:30 <b>JK</b> Wine and Cheese 6:00 <b>LO</b> Penny Bingo 7:00 <b>L</b> BV Bible Study	16 9:30 <b>TH</b> Muscle Fitness 10:00 <b>TH</b> Musicalcise...Grease 10:45 <b>LO</b> Chronicle-ology Trivia 11:00 <b>TH</b> Book Club Lunch and Movie: The Help ★ 2:30 <b>TH</b> Sinatra Music History with John 6:00 <b>LO</b> Penny Left-Center-Right	17 8:00 Weekend Think Tank Booklet available at Concierge Desk 9:30 <b>TH</b> Flex & Fit 10:00 <b>L</b> Bible Study 10:30 <b>TH</b> Tai Chi With Louie 11:00 <b>L</b> Communion 1:30 <b>L</b> Parkinson's Exercise 2:30 <b>TH</b> Volleyball Competition 6:00 <b>GR</b> Game Chip Pokeno	18 9:00 <b>L</b> Resident and Family Support Group 9:00 <b>O</b> Shopping - Walgreens ✓ 10:00 <b>L</b> Communion Service with Deacon Ken 10:30 <b>TH</b> Exercise Fitness Program 1:00 <b>O</b> Scenic Drive ✓ 1:30 <b>TH</b> Comedy Club Feature 2:30 <b>LO</b> Ante Horse Racing Game 3:00 <b>O</b> Shopping: Dollar Store ✓ 6:00 <b>LO</b> Penny Left-Center-Right
19 <b>Happy Father's Day!</b> 8:00 <b>O</b> Church Transportation ✓ 10:30 <b>TH</b> Belmont Hymn Singers 11:00 <b>JK</b> Father's Day BBQ 1:30 <b>O</b> Afternoon Stroll & Roll 2:30 <b>TH</b> Sentimental Reflections Video Magazine 6:00 <b>GR</b> Spill and Spell Game	20 9:00 <b>O</b> SHOPPING: Jewel ✓ 9:30 <b>TH</b> Flex & Fit 10:00 <b>LO</b> Learn Sudoku & More 10:15 <b>LO</b> Think Tank Answer Guide 10:30 <b>TH</b> Relaxed Flex & Fit 1:30 <b>TH</b> Relaxed Zumba Class 2:30 <b>LO</b> June Jeopardy Game 6:00 <b>GR</b> Hymn Singers	21 <b>15 Year Anniversary Party!</b> 9:30 <b>TH</b> Muscle Fitness 10:00 <b>3N</b> Pinochle Club Members 10:30 <b>TH</b> Worship Service 1:30 <b>TH</b> Seated Yoga Stretch 2:30 <b>GP</b> In The Garden 5:00 <b>JK</b> Anniversary Open House	22 <b>Drama Club Dress Rehearsal</b> 9:00 <b>O</b> Shopping: Target ✓ 9:30 <b>TH</b> Flex and Fit 10:00 <b>L</b> Parkinson's Class 10:30 <b>TH</b> Relaxed Flex & Fit 11:15 <b>B</b> New Residents' Orientation Luncheon 11:30 <b>TH</b> Drama Club Dress Rehearsal & Lunch 1:30 <b>L</b> Short Story w/Judy 1:30 <b>B</b> Fresh Floral Expressions 2:30 <b>JK</b> Wine and Cheese 6:00 <b>LO</b> Penny Bingo 7:00 <b>L</b> BV Bible Study	23 9:30 <b>TH</b> Muscle Fitness 10:00 <b>TH</b> Musicalcise...Grease 10:45 <b>LO</b> Chronicle-ology Trivia 1:30 <b>TH</b> Core & Balance 2:30 <b>TH</b> Drama Club Presents...On The Town 6:00 <b>LO</b> Penny Left-Center-Right	24 8:00 Weekend Think Tank Booklet available at Concierge Desk 9:30 <b>TH</b> Flex & Fit 10:00 <b>L</b> Bible Study 10:30 <b>TH</b> Relaxed Flex & Fit 11:00 <b>L</b> Communion 11:30 <b>B</b> Birthday Luncheon 1:30 <b>TH</b> Drumming Circle 1:30 <b>L</b> Parkinson's Exercise 2:30 <b>TH</b> Volleyball Competition 6:00 <b>GR</b> Game Chip Pokeno	25 9:00 <b>O</b> Shopping - Walgreens ✓ 10:30 <b>TH</b> Exercise Fitness Program 1:00 <b>O</b> Scenic Drive ✓ 1:30 <b>TH</b> Comedy Club Feature 2:30 <b>LO</b> Ante Horse Racing Game 3:00 <b>O</b> Shopping: Dollar Store ✓ 6:00 <b>LO</b> Penny Left-Center-Right
26 <b>Candy Land Day!</b> 8:00 <b>O</b> Church Transportation ✓ 10:30 <b>TH</b> Belmont Hymn Singers 1:30 <b>O</b> Afternoon Stroll & Roll 2:30 <b>TH</b> Sentimental Reflections Video Magazine 6:00 <b>GR</b> Spill and Spell Game	27 9:00 <b>O</b> SHOPPING: Jewel ✓ 9:30 <b>TH</b> Flex & Fit 10:00 <b>LO</b> Learn Sudoku & More 10:15 <b>LO</b> Think Tank Answer Guide 10:30 <b>TH</b> Relaxed Flex & Fit 1:30 <b>B</b> Bon Appétit w/Chef 2:00 <b>B</b> Chat with the Chef 2:30 <b>TH</b> Resident Council Meeting 6:00 <b>GR</b> Domino Game	28 <b>Peck's Butterfly House Outing!</b> 9:30 <b>TH</b> Muscle Fitness 10:00 <b>3N</b> Pinochle Club Members 10:30 <b>TH</b> Worship Service 1:30 <b>TH</b> Seated Yoga Stretch 2:30 <b>GP</b> In The Garden 6:00 <b>GR</b> Card Game Night	29 9:30 <b>TH</b> Flex and Fit 10:00 <b>L</b> Parkinson's Class 10:30 <b>TH</b> Relaxed Flex & Fit 1:30 <b>L</b> Short Story w/Judy 1:30 <b>B</b> Fresh Floral Expressions 1:30 <b>TH</b> Drama Club Rehearsal 2:30 <b>JK</b> Wine and Cheese 6:00 <b>LO</b> Penny Bingo 7:00 <b>L</b> BV Bible Study	30 9:30 <b>TH</b> Muscle Fitness 10:00 <b>TH</b> Musicalcise...Grease 10:45 <b>LO</b> Chronicle-ology Trivia 1:30 <b>TH</b> Core & Balance 2:30 <b>LO</b> Biography Who Am I? 6:00 <b>LO</b> Penny Left-Center-Right	<b>HONOR OUR AMERICAN FLAG!</b> <b>Flag Day - Tuesday, June 14</b> Let's start this day by honoring our American flag with the <b>Pledge of Allegiance, Star Spangled Banner, God Bless America and Grand Old Flag!</b> 9:00 am - Town Hall	



**SUPPORT GROUPS AT BELMONT VILLAGE**

Low Vision Support Group

Sunday, June 12, at 2 p.m.

Weekly Parkinson's Group

Every Wednesday at 10 a.m.

Every Friday at 1:30 p.m.

Family and Resident Support

Facilitators Dr. Ann Letourneau

and Mr. Jack Berkemeyer, MA,

LCPC from Central DuPage

Pastoral Counseling Center.

June 18 at 9 a.m.



Ecumenical Worship Service

Tuesdays, 10:30 a.m., Town Hall

Interactive Bible Study

Fridays, 10 a.m., Library

Communion Services - Library

Fridays, 11 a.m.

Saturday, June 18, 10 a.m.

Belmont Village Bible Study

Wednesdays, 7 p.m., Library

Sunday Morning Church Trips

Pleasant Hill: Departure 9 a.m.

First Presbyterian:

Departure 9:20 a.m.

St. Mark's: Departure 9:40 a.m.

Wheaton College Church:

Departure 10:15 a.m.



June 27, at 2:30 p.m.

**Save the Date**

*How often do you hear your loved one with memory impairment say "but I want to go home"?*

Please join Janay Hecker, Director of Activities and Memory Programs, for an informal conversation around this topic on

**Saturday, June 18th, at 8:30am (a light breakfast will be served)**

Some items we will cover include:

- \* Why does my loved one continue to say this?
- \* What do they mean by "home"?
- \* How do I respond to help them when reasoning with them doesn't appear to help?

*Please RSVP to the concierge or to Janay at [jhecker@belmontvillage.com](mailto:jhecker@belmontvillage.com) 630-510-2510*

**Neighborhood Family Art Fair**

Each resident and PAL created artwork that was hung and presented for our family members at our Art Fair. A huge thank you to Marilyn, daughter of Mary Winkler, and to the rest of our Neighborhood team for making our day a huge success!



Marilyn and Minda



Residents working on their art!



Awaiting the Art Critics Awards!



Enjoying the art gallery!



# Health & Fitness

## SIMPLE TIPS TO PREVENT FALLS

Fall put you at risk of serious injury. Fall prevention may not seem like a lively topic, but it's important. As you get older, physical changes and health conditions and sometimes the medications used to treat those make falls more likely. Falls are a leading cause of injury among older adults.

- Talk to your doctor. Make a list of your prescriptions and over the counter medications so your doctor can review for side effects and interactions that may increase your risk of falling. Certain eye and ear disorders may increase your risk of fall. How comfortable you are when you walk, do you feel dizzy, joint pain, numbness or shortness of breath when you walk.
- Keep moving. Physical activity can go a long way toward fall prevention. With your doctor's OK, consider activities such as walking or tai chi - a gentle exercise that involves slow and graceful dance-like movements.
- Wear sensible shoes. Consider changing your footwear as part of your fall-prevention plan. High heels, floppy slippers and shoes with slick soles can make you slip, stumble and fall. So can walking in your stocking feet. Instead wear properly fitting, sturdy shoes with non skid soles.
- Remove home hazards. Look around your room. Remove boxes, newspapers and phone cords from walkways. Remove loose rugs from your room. Use non slip mats in your shower.
- Light up your living space. Place night lights in your bedroom, bathroom and hallways.
- Use assistive devices. Make sure your cane or walker as your doctor recommended is accessible. A raised toilet seat or one with armrests. A grab bar for showers or tub. A sturdy seat or shower bench plus a handheld shower nozzle for bathing while sitting down.

If necessary, a referral to an occupational therapist and physical therapist from your doctor would help. He or she can help you brainstorm other fall-prevention strategies.

Thank you. Safety is our priority.

## Resident Services

### Laboratory Services

The services are offered by appointment. Please see Nicole Motycka for more information.

### Ask the Pharmacist

Pete Toke, PharmD, FASCP  
Third Friday of the month  
at 2 p.m. in the library.

### Podiatry Services

Dr. Robin Pastore, D.P.M.  
Dr. Elizabeth Pacocha

### Audiologist

Dr. Sheri Billings, Aud F-AAA  
from the Hearing Doctors.  
Fourth Monday of the month  
at 9 a.m. in the library.

### Wheelchair Clinic

Third Monday of every month at  
11 a.m.

**Appointments for services can be made by calling the Concierge (630) 510 - 1515.**



### Paxxon Therapy Hours

Monday - Friday  
9 a.m. - 5 p.m.

## Tip of the Month

“Summer is here so stay active and keep hydrated!”

## THERAPY TALK TOPIC

Wheelchair/Walker Cleanup  
June 9 @ 10:30 am



# The Belmont Scene



Gael with her family showing off her artwork!



Antonia with her beautiful daughters, Maria and Betty!



Carol talking things over with one of the 5th grade student hosts!



Darlene and Eleanor sharing a laugh



Eileen, Rosemary and Audrey, critiquing the artwork over a fabulous luncheon given for the artists and guests!



Charlotte with her host and hostess at the Lincoln School Tea!

**BELMONT** *Village*  
SENIOR LIVING  
GENEVA ROAD

545 Belmont Lane  
Carol Stream, IL 60188

SC Lic. 47845  
[www.belmontvillage.com](http://www.belmontvillage.com)

## Belmont Village Communities

**CALIFORNIA:** Burbank, Encino, Hollywood, Rancho Palos Verdes, Westwood, Thousand Oaks, San Jose, Sunnyvale, San Diego, Cardiff by the Sea

**ARIZONA:** Scottsdale

**CHICAGOLAND:** Buffalo Grove, Geneva Road, Oak Park, Glenview

**SOUTHERN US:** Memphis, Nashville, Louisville, Atlanta—Buckhead and Johns Creek, Dallas, Austin, Houston—West University and Hunters Creek