



Belmont Village of Hollywood Hills Village NEWS

2051 N. Highland Avenue • Los Angeles, CA 90068 • Phone 323-874-7711 • Fax 323-874-4123

A Publication of Belmont Village for Residents, Staff, Family and Friends

June 2016

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Welcome to summer, everyone. Can you believe that we are almost half way through 2016? It's been a busy and wonderful first part of the year, and we are looking forward to lots of fun summer events and activities throughout June.

Thank you to the many residents, families and staff who wished me loving birthday greetings. It was a big milestone birthday (50 ouch!), and I am still trying to work out how it managed to sneak up on me so quickly! I managed to have a lovely celebration, so thanks again to everyone.

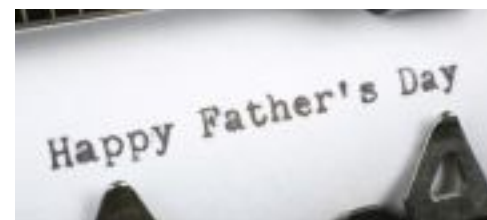
I have a slight glimmer of good news and hope regarding our long-awaited renovations. Apparently the zoning issue that caused the delay in permitting has been resolved. YAY! So now that the permit process is officially underway, we hope to get the green light to begin construction sometime in June. When we receive confirmation of our start date, I will be sure to send out an Internal Memo to let you all know. So keep those fingers and toes crossed that our renovations will be underway very soon.

Thank you to Jeremy Faulkner,

Chef John Melanson and their sensational teams for putting together a beautiful Mother's Day luncheon last month. I thoroughly enjoyed meeting so many family members who joined their mothers here at the community. Chef John provided delicious chocolate-covered strawberries and every mother received a beautiful red rose. We also enjoyed Memorial Day with a BBQ in our courtyard, and are looking forward to celebrating Father's Day on June 19.

I hope that residents and families will join me in welcoming a number of new staff members who started with us in May. We have Ken Bentley, who is a new Activity Assistant, working with our Circle of Friends and Neighborhood residents; Lisa Schulman joined us as a new PAL; Kimberly Westervelt will be working on our concierge/reception desk; and Victor Arellano is joining our Dining Room Server team. If you have not had an opportunity to meet these wonderful people, please let us know and we will arrange an introduction.

Continued on page 7....





Happy Birthday

Residents

- 6/8 Judith Marcus
6/23 Beatrice Landau
6/30 Mary Alice Birault

Employees

- 6/3 Tanya Bruck
6/4 William Fuentes
6/19 Kyresha Toney
6/21 Jonathan Wilson
6/26 Julie Ortega

Resident Party

June Birthday Celebration!

Friday, June 24th, 11 am–1 pm
Special Menu and one free guest for the birthday residents!

*In Josephine's Kitchen,
RSVP with the Concierge!*

Alan Ascher will be performing.



June Entertainment

Thursdays at 3:30 p.m.

- 6/2 Tony Dettore
6/9 Tatjana

6/16 Brad & Susi Q

6/23 Bryan & Gilmore

6/30 Wendy & Rik

Sundays at 3:30 p.m.

- 6/5 Irby Gascon
6/12 Marv Robinson
6/19 Kevin Lawrence (5:30)
6/26 Steve Waddington



June Outings

- 6/1 Gladstone's Malibu
Seafood Restaurant
6/15 Fowler Museum
at UCLA



Josephine's Kitchen

Josephine's Hours:

Breakfast 7–9 a.m.

Lunch 11 a.m.–1 p.m.

Dinner 4:30–7 p.m.

For Guests:

Breakfast-\$10

Lunch/Dinner-\$12

Guest Meal Tickets

available at the front desk.



Beauty Salon

Located on the 2nd floor

Wednesdays & Thursdays

9 a.m. to 3 p.m.

To make an appointment,
call (323) 874-7711.

Nelson Henriquez

ASST. BUILDING ENGINEER

Employee of the Month-MAY 2016

Thank you for your hard work and dedication to our residents, families and co-workers!

You're the Best!

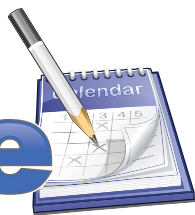
TEAM PLAYER AWARD- MAY 2016

BLANCA BAHENA, thanks for being a team player and always putting the needs of our residents, families and co-workers first!

Keep up the good work!



Save the Date



Creative Writing Workshop w/Yvonne

Wednesdays, June 1 & 15 @ 10:30
in the Town Hall

Glass Art & Jewelry Class w/Kristin

Wednesday, June 8 @ 10:30
in the Town Hall

Art History Lecture w/Sharon

Monday, June 20 @ 6:00
in the Town Hall

Armchair Traveler w/Merle

Monday, June 27 @ 3:30
in the Town Hall

Healthy Learning Lecture

Thursday, June 30 @ 10:30
in the Town Hall

Podiatry Service

Tuesday, June 14

Make an appointment with
the nurse in the wellness center!

Resident Council

Monthly Meeting

Friday, June 17 @ 1:30
in the Town Hall

President: Dr. Rick Ratcliffe



Join us for our
Father's Day BBQ
Sunday, June 19
4:30-7:00

Featuring Kevin Lawrence
performing at 5:30-6:30

Both in the Courtyard!

RSVP by June 11
at the concierge or
call 323-874-7711



Election Day
Tuesday, June 7
Vote in the Town hall

Flag Day
Tuesday, June 14
Summer begins
Monday, June 20

Our Scheduled Transportation

Sundays-Shopping/Outings
Mondays-Doctor's Appts.
Tuesdays-Doctor's Appts.
Wed.-Doctor's Appts./Outings
Thursdays-Doctor's Appts.
Fridays-Doctor's Appts.
Saturdays-Shopping

FOR RESERVATIONS:

Call the Concierge
at (323) 874-7711.

APPOINTMENTS MUST BE BOOKED ONE WEEK IN ADVANCE

& must be in a 10-mile radius

IF WE ARE FULLY BOOKED AND THE APPT. IS LESS THAN ONE WEEK IN ADVANCE

YOU MUST:

- 1) RESCHEDULE THE APPT.
- OR 2) PAY FOR A TAXI

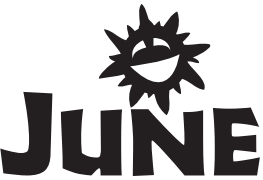

Appointments must be
between the hours of
9 a.m. and 3 p.m.

Please have the following info:

- name of the doctor
- address
- phone number
- date/time of appointment

Our drivers' phone numbers:

Oscar: (323) 839-3591
Blanca: (323) 810-3477

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>ALL DATES SUBJECT TO CHANGE PLEASE CHECK THE DAILY SCHEDULE</p> <p>LOCATED AT THE FRONT DESK!</p>	 <p>Happy Father's Day</p>	1	2	3	4
<p>10:00 GR LA Times Sunday Newspaper</p> <p>1:30 GR Think Tank 🌿</p> <p>2:30 B Advanced Poker 🌿</p> <p>3:30 GR Entertainment w/lrby Gascon</p> <p>6:15 TH Movie Club w/Merle 🌿</p>	<p>First of Ramadan Begins at Sundown</p> <p>9:30 TH Balance Exercise Class 🌿</p> <p>10:30 GR MBA Activity Chat 🌿</p> <p>1:30 TH Jewelry Class 🌿</p> <p>3:00 GR Mind Aerobics 🌿</p> <p>3:30 GR 20/Questions 🌿</p> <p>7:00 TH Movie</p>	<p>Election Day-Polling Site in the Town Hall</p> <p>9:30 TH Sit & Be Fit Exercise Class 🌿</p> <p>10:30 TH Musical Theatre w/Merle 🌿</p> <p>1:30 B Bingo</p> <p>2:30 3F Bridge Club 🌿</p> <p>2:30 TH Chair Dancing Workout w/Sloan 🌿</p> <p>3:30 GR Blurt! 🌿</p> <p>7:00 TH Movie</p>	<p>9:30 TH Sit & Be Fit Exercise 🌿</p> <p>10:30 TH Glass Art Class w/Kristin 🌿</p> <p>1:30 TH Boot Camp Exercise w/Lori 🌿</p> <p>2:30 GR Advanced Poker 🌿</p> <p>3:30 GR Wheel of Fortune 🌿</p> <p>7:00 TH Movie</p>	<p>9:30 TH Sit & Be Fit Exercise 🌿</p> <p>10:30 TH Vocabulary Game 🌿</p> <p>1:30 TH Lecture Film Series-Memory and the Human Lifespan 🌿</p> <p>2:30 3F Bridge Club 🌿</p> <p>2:30 B Bingo</p> <p>3:30 GR Happy Hour w/Tatjana</p> <p>7:00 TH Movie</p>	<p>Butterfly Boutique-Bistro</p> <p>9:30 TH Balance Exercise Class 🌿</p> <p>10:30 TH Current Events Discussion w/Greg & Joe 🌿</p> <p>1:30 GR Advanced Poker 🌿</p> <p>2:30 TH Shabbat Service w/Rabbi Josh 🌿</p> <p>3:30 GR Geography Game 🌿</p> <p>7:00 TH Movie</p>	<p>10:00 TH Tai Chi w/Wu 🌿</p> <p>1:00 GR Advanced Trivia w/Fritz 🌿</p> <p>2:30 B Bingo</p> <p>3:30 GR Think Tank 🌿</p> <p>7:00 TH Movie</p>
5	6	7	8	9	10	11
<p>10:00 GR LA Times Sunday Newspaper</p> <p>10:30 TH Songs for the Soul-Nondenominational Worship Service 🌿</p> <p>1:30 GR Think Tank 🌿</p> <p>2:30 B Advanced Poker 🌿</p> <p>3:30 GR Entertainment w/Marv Robinson</p> <p>6:15 TH Movie Club w/Merle 🌿</p>	<p>9:30 TH Balance Exercise Class 🌿</p> <p>10:30 GR Movie Committee</p> <p>1:30 TH Jewelry Class 🌿</p> <p>3:00 GR Mind Aerobics 🌿</p> <p>3:30 GR 20/Questions 🌿</p> <p>6:00 TH Art History Lecture w/Sharon 🌿</p> <p>7:00 TH Movie</p>	<p>Podiatrist Service & Flag Day</p> <p>9:30 TH Sit & Be Fit Exercise Class 🌿</p> <p>10:30 TH Short Story Discussion w/Merle 🌿</p> <p>1:30 B Bingo</p> <p>2:30 3F Bridge Club 🌿</p> <p>2:30 TH Chair Dancing Workout w/Sloan 🌿</p> <p>3:30 GR Jeopardy w/Jeremy 🌿</p> <p>7:00 TH Movie</p>	<p>9:30 TH Sit & Be Fit Exercise 🌿</p> <p>10:30 TH Creative Writing Workshop w/Yvonne 🌿</p> <p>1:00 Outing to The Fowler Museum</p> <p>1:30 TH Boot Camp Exercise w/Lori 🌿</p> <p>2:30 GR Advanced Poker 🌿</p> <p>3:30 GR Wheel of Fortune 🌿</p> <p>6:00 GR Music Appreciation Lecture w/Seth 🌿</p> <p>7:00 TH Movie</p>	<p>9:30 TH Sit & Be Fit Exercise 🌿</p> <p>10:30 TH Vocabulary Game 🌿</p> <p>1:30 TH Lecture Film Series-Memory and the Human Lifespan 🌿</p> <p>2:30 GR Chat with the Chef 🌿</p> <p>3:30 GR Happy Hour w/Brad & Susi Q</p> <p>7:00 TH Movie</p>	<p>Oujaba Wholesale-Bistro</p> <p>9:30 TH Balance Exercise Class 🌿</p> <p>10:30 TH Current Events w/Greg & Joe 🌿</p> <p>1:30 TH Resident Council Meeting</p> <p>2:30 GR Advanced Poker 🌿</p> <p>3:30 GR Geography Game 🌿</p> <p>7:00 TH Movie</p>	<p>10:00 TH Tai Chi w/Wu 🌿</p> <p>1:00 GR Advanced Trivia w/Fritz 🌿</p> <p>2:30 B Bingo</p> <p>3:30 GR Think Tank 🌿</p> <p>7:00 TH Movie</p>
12	13	14	15	16	17	18
<p>Father's Day</p> <p>10:00 GR LA Times Sunday Newspaper</p> <p>10:30 GR Think Tank 🌿</p> <p>1:30 TH Silk Painting w/Rhea 🌿</p> <p>2:30 B Advanced Poker 🌿</p> <p>4:30 CT Father's Day BBQ</p> <p>5:30 CT Entertainment w/Kevin Lawrence</p> <p>6:15 TH Movie Club w/Merle 🌿</p>	<p>Summer Begins</p> <p>9:30 TH Balance Exercise Class 🌿</p> <p>10:30 CL MyGait Computer Questions? 🌿</p> <p>1:30 TH Jewelry Class 🌿</p> <p>3:00 GR Mind Aerobics 🌿</p> <p>3:30 GR 20/Questions 🌿</p> <p>7:00 TH Movie</p>	<p>9:30 TH Sit & Be Fit Exercise Class 🌿</p> <p>10:30 TH Musical Theatre w/Merle 🌿</p> <p>1:30 B Bingo</p> <p>2:30 TH Chair Dancing Workout w/Sloan 🌿</p> <p>2:30 3F Bridge Club 🌿</p> <p>3:30 GR Blurt! 🌿</p> <p>7:00 TH Movie</p>	<p>9:30 TH Sit & Be Fit Exercise 🌿</p> <p>10:30 GR Think Tank 🌿</p> <p>1:30 TH Boot Camp Exercise w/Lori 🌿</p> <p>2:30 GR Advanced Poker 🌿</p> <p>3:30 GR Wheel of Fortune 🌿</p> <p>7:00 TH Movie</p>	<p>9:30 TH Sit & Be Fit Exercise 🌿</p> <p>10:30 TH Vocabulary Game 🌿</p> <p>1:30 TH Lecture Film Series-Memory and the Human Lifespan 🌿</p> <p>2:30 B Bingo</p> <p>2:30 3F Bridge Club 🌿</p> <p>3:30 GR Happy Hour w/Bryan & Gilmore</p> <p>7:00 TH Movie</p>	<p>9:30 TH Balance Exercise Class 🌿</p> <p>10:30 GR Think Tank 🌿</p> <p>11:00 JK May Birthday Celebration</p> <p>1:30 GR Biographies w/Allan 🌿</p> <p>2:30 L Shabbat Service w/Rabbi Kor 🌿</p> <p>3:30 GR Advanced Poker 🌿</p> <p>7:00 TH Movie</p>	<p>10:00 TH Tai Chi w/Wu 🌿</p> <p>1:00 GR Advanced Trivia w/Fritz 🌿</p> <p>2:30 B Bingo</p> <p>3:30 GR Think Tank 🌿</p> <p>7:00 TH Movie</p>
19	20	21	22	23	24	25
<p>10:00 GR LA Times Sunday Newspaper</p> <p>1:00 GR Outing to the New Valley Symphony</p> <p>2:30 B Advanced Poker 🌿</p> <p>3:30 GR Entertainment w/Steve Waddington</p> <p>6:15 TH Movie Club w/Merle 🌿</p>	<p>9:30 TH Balance Exercise Class 🌿</p> <p>10:30 CL MyGait Computer Questions? 🌿</p> <p>1:30 TH Jewelry Class 🌿</p> <p>3:00 GR Mind Aerobics 🌿</p> <p>3:30 TH Armchair Traveler w/Merle 🌿</p> <p>7:00 TH Movie</p>	<p>9:30 TH Sit & Be Fit Exercise Class 🌿</p> <p>10:30 TH Short Story Discussion w/Merle 🌿</p> <p>1:30 B Bingo</p> <p>2:30 TH Chair Dancing Workout w/Sloan 🌿</p> <p>2:30 3F Bridge Club 🌿</p> <p>3:30 GR Blurt! 🌿</p> <p>3:30 GR Jeopardy w/Jeremy 🌿</p> <p>7:00 TH Movie</p>	<p>9:30 TH Sit & Be Fit Exercise 🌿</p> <p>10:30 GR Think Tank 🌿</p> <p>1:30 TH Boot Camp Exercise w/Lori 🌿</p> <p>2:30 GR Advanced Poker 🌿</p> <p>3:30 GR Wheel of Fortune 🌿</p> <p>7:00 TH Movie</p>	<p>9:30 TH Sit & Be Fit Exercise 🌿</p> <p>10:30 TH Healthy Learning Lecture 🌿</p> <p>1:30 TH Belmont Buck Auction 🌿</p> <p>2:30 3F Bridge Club 🌿</p> <p>3:30 GR Happy Hour w/Wendy & Rik</p> <p>7:00 TH Movie</p>	<p>MONTHLY LECTURES SHORT STORY GROUP W/MERLE JUNE 7 & 21 @ 10:30 MUSICAL THEATRE W/MERLE JUNE 14 & 28 @ 10:30 MOVIE CLUB W/MERLE EVERY SUNDAY @ 6:15 ARMCHAIR TRAVELER W/MERLE JUNE 27 @ 3:30</p>	<p>MONTHLY LECTURES MUSIC APPRECIATION W/SETH JUNE 1 & 15 @ 6:00 BIOGRAPHIES W/ALLEN JUNE 10 & 24 @ 1:30 ART HISTORY LECTURE W/SHARON JUNE 20 @ 6:00 HEALTHY LEARNING LECTURE JUNE 30 @ 10:30</p>
26	27	28	29	30		



Senor Dr. Johnson & Senorita Beatrice



Senorita Addie



Our neighborhood!



RESIDENT SPOTLIGHT

Meet Issie Chesler

A Belmont Hollywood resident since 2012. Issie was born in Brooklyn, New York. He had one brother. Issie was married for 54 years and has one son living in Los Angeles and one daughter living in San Francisco.

Issie is a veteran and he worked for AMP, the sanitation department of NYC and the Union. Issie loves writing poetry, telling stories & jokes, playing poker & gambling and flirting with the ladies! By the way, this year he turns 97 ... still going strong and he's single!!

Circle of Friends & Neighborhood

This month a huge focus for our memory programming is in the neighborhood. Our aim is to utilize the senses as a way to enable our residents to connect with their surroundings. This focus started with our Memories Through the Senses Program, and because of the success we have witnessed, we are going to continue to build it into the daily lives of our residents. Sensory or multi-sensory environments have traditionally been used to enhance the lives of children or young adults with learning disabilities, but a shift is happening in the field. What is being found is that the stimulation of all the senses provides fantastic stimulation for residents with Alzheimer's Disease and/or Dementia. When they get the ability

to touch soft textiles or everyday objects, combined with interesting things to hear, taste or smell, they are stimulated in a way that allows them to continue to engage in daily activities. In our current neighborhood, a new activity area has been created as a sensory environment and I cannot wait for its completion. The theme in the area is going to be "Baseball, America's Pastime," where all activities will be geared toward this theme with the hopes that we can create an experience similar to that of actually going to a baseball game.



Cecil and his family!



Health News

June Is National Safety Month

Adults 55 and older are more prone to becoming victims of falls, and the resulting injuries can diminish the ability to lead active, independent lives. The number of fall deaths among those 65 and older is four times the number of fall deaths among all other age groups.

We can all encourage residents to participate in daily exercise classes. Staying active has shown to reduce fall risks in older adults. Belmont Village and Rehab Care offer various exercise and wellness programs to suite everyone's fitness level.

Check apartments daily for any tripping hazards. Phone lines and oxygen tubing should never be obstructing a walkway. Please alert the wellness center if you are taking any new medications, as many side effects could trigger a fall.

Residents should always use their walking aide, even inside their apartments. Check to make sure your walker is by your bedside at night. Walkers and canes should be check for any loose or malfunctioning parts.

Families, residents and employees should immediately report any safety concerns in the community.

Spills should be reported

immediately and attended to swiftly to prevent any slips on wet surfaces. Always use wet floor signs when necessary.

Most importantly, try to exercise good judgment and never attempt an obstacle or task that you feel might not be safe handled alone. Don't hesitate to ask for assistance; prevention is key for staying healthy.



Continue from page 1 ...

As I mention each month, I would like to welcome our new residents who moved to our community in May and June. We hope that you enjoy living here with us, and that as you settle in, you will join in the various activities and resident meetings that take place each month. We hope that you will note the dates assigned to our regular monthly Resident Council, Chef's Chat and Resident Activity meetings. We greatly appreciate your ideas and feedback, and all residents are welcome to attend these important meetings. If you are not able to attend the meetings but want to contribute, please forward your ideas to Jeremy Faulkner and/or our Concierge team.

Happy June, everyone!
Patricia.



Senorita Hilda



Senor Rick



Senorita Frances



Senorita Luella

Cinco De Mayo Hollywood Style, 2016!



Senorita Margaret



Senoritas Toby & Alma



Senorita Marjorie



Senor Jodie



Senor Mickey & Senorita Allie



Senor Andre

BELMONT *Village*
SENIOR LIVING
HOLLYWOOD

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Los Angeles, CA 90068

RCFE Lic. 197603515
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Belmont Village Communities

CALIFORNIA: Burbank, Encino,
Hollywood, Rancho Palos Verdes,
Westwood, Thousand Oaks, San Jose,
Sunnyvale, San Diego, Cardiff by the Sea

ARIZONA: Scottsdale

CHICAGOLAND: Buffalo Grove,
Geneva Road, Oak Park, Glenview

SOUTHERN US: Memphis, Nashville,
Louisville, Atlanta—Buckhead and Johns Creek,
Dallas, Austin, Houston—West University and
Hunters Creek