



# Belmont Village of Rancho Palos Verdes Village NEWS

5701 Crestridge Road • Rancho Palos Verdes, CA 90275 • Phone 310-377-9977 • Fax 310-377-4499

A Publication of Belmont Village for Residents, Staff, Family and Friends

June 2016

## Our Team

### Judith Uy-Villaruz

Executive Director  
(310) 377-9977 x 102

### Rene Navarrette

Human Resource Coord.  
(310) 377-9977 x 103

### Kimberly Sanchez

Activity Program Coord.  
(310) 377-9977 x 104

### David Alvarez

Building Engineer  
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### Anthony Rodriguez

Chef Manager  
(310) 377-9977 x 106

### Kimberly Melendez

Community Relations  
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### Terese Campbell

Community Relations  
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### Nerissa Lagmay, R.N.

Dir. of Resident Care  
(310) 377-9977 x 109

### Anna Liza Vanderhoof

Memory Program Coord.  
(310) 377-9977 x 121



### Management Team

Kimberly M., Nerissa, Judi, Anthony, Anna, Terese, Kim S., David, Rene

## Judi's Notes:

Summer is finally here, bringing sunny dispositions and plenty of chances to have fun. People of all ages are sure to find time for a little recreation or, according to the "Merriam-Webster's Dictionary": refreshment of strength and spirits after work; a means of refreshment or diversion. The word's original use in the 14th century referred to refreshment by eating, so the perennially popular picnic is a fitting way to relax. June is the perfect time for a little R and R, so enjoy a trip to the beach, stroll through the park or participate in any recreational activities that lift your spirits.

### How to Keep Cool without Cranking Your A/C

When the weather is sweltering, it's easy to linger inside and turn on the A/C. But higher temperatures don't have to mean higher electric bills. Stay comfortably cool this summer without turning your air conditioner on full blast.

Instead, try these tips to keep you cool: *Drink plenty of fluids.* Iced tea, lemonade or just plain H2O work wonders in keeping you hydrated and feeling refreshed.

*Dress for the occasion.* Lightweight fabrics that breathe are best, along with lighter colors to deflect the heat.

*Play in the water.* Spend more time poolside.

*Cook cold recipes.* Why heat up your kitchen when you can serve a palatable meal that's meant to be served cold? Cold-cut sandwiches, chicken salad, pasta salad or a crisp, green salad are some cooler options.

*Eat frozen treats.* Think outside your ice box. While Popsicles and ice cream novelties surely hit the spot, try freezing grapes for a sweet healthier frozen treat.

*Wash your car manually.* You'll either work up a sweat, which is the body's natural way of cooling itself, or you can enjoy the mist from the sprayer.

Enjoy your summer and stay cool!



Judith Uy-Villaruz  
Executive Director



**Residents**

- June 1 Vyrel Mircheff
- June 2 Yoneko Kiyohiro
- June 2 Doris Rowe
- June 6 Nancy Sivas
- June 6 Jeanine Spees
- June 11 Edward Sivas
- June 12 June Wasko
- June 16 Lourens Pama
- June 17 Edith Stieglits
- June 17 Madelyn Suarez
- June 18 Hans Wohlwill
- June 20 Margaret Smith
- June 21 Arthur Horner
- June 21 Jacqueline Pauly
- June 26 Wanda Coggins
- June 26 James Loftus
- June 30 Katie Stojakovich



**Happy Birthday**

**Employees**

- June 2 Luisa Smith
- June 9 Trevor Jones
- June 13 Vanessa Ayon
- June 15 Sandra Campollo
- June 15 Rene Navarrette
- June 20 Corazon Graff
- June 22 Francesca Mendoza
- June 22 Becky Aleman
- June 23 Samantha Cisneros
- June 26 Anthony Rodriguez
- June 28 Priscilla Smith
- June 28 Adrian Medina

**“Anyone Can Be a Father,  
but It Takes Someone  
Special to Be a Dad.”**

Happy Father’s Day to all the greatest dads! Families and friends, please join us for a special Father’s Day Lunch on *Sunday, June 19th, with Entertainment by Hitoshi at 11:30 a.m. in Josephine’s Kitchen.* Please RSVP with the concierge at (310) 377-9977.



**Infinity Fashion Show!**

Join us on **Thursday, June 23rd, at 2:30 p.m. in the Great Room** for Infinity’s Fashion show featuring our very own residents walking the runway! **Join us for Happy Hour after at 3:30** as we check out more of Infinity’s clothing line.



Betty walking the runway!



Gracia Baroy

**Employee of the Month!**

Gracia initially joined our community’s PAL staff in July 2011 and was promoted to LVN in December 2014. Gracia always helps out everyone all of the time and anytime! Whenever there is an emergency, she picks up shifts without hesitation and is always available for the other nurses whenever a problem arises. She is skilled, knowledgeable, compassionate and a fantastic nurse and a very hard worker. She is very patient, gentle, thorough and kind with our residents. Gracia is a true Team Player!



# Just for Fun

## Massage & Margaritas

Let's kick off this summer with a Massage & Margarita party! Join us for strawberry margaritas and chair massage in our beautiful courtyard on

**Thursday, June 9th, at 2:00 p.m.**



## Educational Lecture

Learn more about the history of the Peninsula, the local plants and animals that inhabit our community from one of the local docents from Point Vicente Interpretive Center on **Wednesday, June 15th, at 11:00 a.m. in Town Hall.**



Join us again for some coffee and cars! Our next Peninsula Senior's Classic Cars Outreach Event will be on **Saturday morning, June 4th, from 10 - 11 a.m. in the parking lot.**



Jean, Jane & her two daughters, Amy & Wallis

## Pearl Demonstration

Thank you to Jane, Amy and Wallis for sharing your family's interesting history, family business and wonderful life experiences at last month's resident of the month.

Catch Jane, Amy and Wallis again this month for their Pearl Demonstration. Learn more about different pearls and about the Yonamine Pearl company on **Wednesday, June 15th, at 3:30 p.m. in Town Hall**

## Healthy Lifestyle

Join Morgan for her monthly health talk seminar on **Wednesday, June 22nd, at 2:30 p.m.** Also, find out more about getting private swimming/aqua aerobic lessons with Morgan this month! Please sign up with the concierge if you are interested.



# Out & About

## June Outings!



Cheers to more outings to come!

**Lunch Outing to Benihana**  
(Japanese Hibachi dishes grilled tableside by theatrical chefs)

**Thursday, June 16th, at 11 a.m.**

**Dinner Outing to Kincaids**  
(Elevated seafood & steak options on the pier with ocean views)

**Wednesday, June 22nd, at 4 p.m.**

**Movie Outing to AMC Theater's Resident's Choice!**  
(Select your vote at Resident's Council Meeting)

**Thursday, June 30th, at 1:00 p.m.**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 <span style="color:blue">TH</span> Brain & Body Yoga 🌿 10:30 <span style="color:blue">TH</span> Walking Club W/ Kim 🌿 1:30 <span style="color:blue">TH</span> Art Class 🌿 3:00 <span style="color:red">GR</span> Word Game W/ Wine & Cheese 🌿 6:30 <span style="color:blue">TH</span> Evening Movie or News	2 9:30 <span style="color:blue">TH</span> Tai Chi 🌿 10:15 <span style="color:blue">TH</span> Boot Camp 🌿 11:00 <span style="color:blue">TH</span> Italian Class 🌿 1:30 <span style="color:blue">TH</span> Table Tennis 🌿 3:00 <span style="color:blue">TH</span> Balance & Meditation W/ Debbi 🌿 6:30 <span style="color:blue">TH</span> Evening Movie or News	3 9:30 <span style="color:blue">TH</span> Balls & Bands 🌿 11:00 <span style="color:blue">TH</span> Texas Hold 'Em 1:30 <span style="color:blue">TH</span> Bible Study 🌿 2:45 <span style="color:blue">TH</span> Senior Strength & Balance 🌿 3:30 <span style="color:red">GR</span> Happy Hour W/ Elias W/ Love 6:30 <span style="color:blue">TH</span> Evening Movie	4 9:30 <span style="color:blue">TH</span> Brain & Body Yoga 🌿 10:00 <span style="color:blue">PL</span> CVS Drop-Off 10:00 <span style="color:blue">PL</span> Peninsula Senior's Classic Cars Outreach Event ★ 10:30 <span style="color:blue">TH</span> Blackjack W/ Siam 2:30 <span style="color:blue">TH</span> Additional Table Tennis Class 🌿 3:30 <span style="color:red">GR</span> High Tea W/ Joyce Garro 6:30 <span style="color:blue">TH</span> Evening Movie
5 9:30 <span style="color:blue">TH</span> Nondenominational Christian Communion Service 🌿 10:00 <span style="background-color:gray">3B</span> Worship 🌿 10:30 <span style="color:blue">TH</span> Communion 🌿 1:00 <span style="color:blue">TH</span> There & Back History 🌿 2:45 <span style="color:blue">TH</span> Bingo 6:30 <span style="color:blue">TH</span> Evening Movie or News	6 9:30 <span style="color:blue">TH</span> Tai Chi 🌿 10:15 <span style="color:blue">TH</span> Boot Camp 🌿 11:00 <span style="color:blue">TH</span> Poker 1:30 <span style="color:blue">TH</span> Knitting & Crochet 🌿 2:30 <span style="color:blue">TH</span> Activity Chat & MBA Meeting 6:15 <span style="color:red">GR</span> Trivia W/ Fritz 🌿 7:30 <span style="color:blue">TH</span> Evening Movie or News	7 9:30 <span style="color:blue">TH</span> Sit & Be Fit 🌿 10:00 <span style="color:blue">TH</span> Coordination Boot Camp 🌿 10:45 <span style="color:green">CL</span> Computer Assist 🌿 11:00 <span style="color:blue">TH</span> French Class 🌿 12:00 <span style="color:red">JK</span> Birthday Cake Celebration 1:15 <span style="color:red">GR</span> Singing Class 🌿 2:00 <span style="color:red">JK</span> Marketplace 2:30 <span style="color:blue">TH</span> Current Events 🌿 3:30 <span style="color:blue">TH</span> Bingo 6:30 <span style="color:blue">TH</span> Evening Movie or News	8 9:30 <span style="color:blue">TH</span> Brain & Body Yoga 🌿 11:00 <span style="color:blue">TH</span> Writing and Song Workshop 🌿 11:00 <span style="color:blue">PL</span> Peninsula Drop-Off 1:15 <span style="color:blue">TH</span> Beading Class 🌿 3:00 <span style="color:red">GR</span> Word Game W/ Wine & Cheese 🌿 6:30 <span style="color:blue">TH</span> Evening Movie or News	9 9:30 <span style="color:blue">TH</span> Sit & Be Fit 🌿 10:00 <span style="color:blue">TH</span> Walk Fit 🌿 11:00 <span style="color:blue">TH</span> Spanish Class 🌿 2:00 <span style="color:blue">PT</span> Massage & Margaritas Social ★ 3:00 <span style="color:blue">TH</span> Balance & Meditation W/ Debbi 🌿 6:30 <span style="color:blue">TH</span> Evening Movie or News	10 9:30 <span style="color:blue">TH</span> Balls & Bands 🌿 11:00 <span style="color:blue">TH</span> Texas Hold 'Em 1:30 <span style="color:blue">TH</span> Bible Study 🌿 2:45 <span style="color:blue">TH</span> Senior Strength & Balance 🌿 3:30 <span style="color:red">GR</span> Happy Hour W/ Kevin Lawrence 6:30 <span style="color:blue">TH</span> Evening Movie	11 9:30 <span style="color:blue">TH</span> Sit & Be Fit 🌿 10:00 <span style="color:blue">PL</span> CVS Drop-Off 10:30 <span style="color:blue">TH</span> Blackjack W/ Siam 1:15 <span style="color:red">GR</span> Musical Trivia 🌿 2:30 <span style="color:blue">TH</span> Additional Table Tennis Class 🌿 3:30 <span style="color:red">GR</span> High Tea W/ Betsy & Boyd 6:30 <span style="color:blue">TH</span> Evening Movie
12 10:00 <span style="background-color:gray">3B</span> Worship 🌿 10:30 <span style="color:blue">TH</span> Communion 🌿 1:00 <span style="color:blue">TH</span> There & Back History 🌿 2:45 <span style="color:blue">TH</span> Bingo 3:30 <span style="color:red">GR</span> Champagne & Entertainment by Vic Moraga 6:30 <span style="color:blue">TH</span> Evening Movie or News	13 9:30 <span style="color:blue">TH</span> Kickboxing Balance Exercise 🌿 11:00 <span style="color:blue">TH</span> Poker 1:30 <span style="color:blue">TH</span> Knitting & Crochet 🌿 2:30 <span style="color:blue">TH</span> Jeopardy W/Kim 🌿 6:15 <span style="color:red">GR</span> Trivia W/ Fritz 🌿 7:30 <span style="color:blue">TH</span> Evening Movie or News	14 9:30 <span style="color:blue">TH</span> Sit & Be Fit 🌿 10:00 <span style="color:blue">TH</span> FAB Fitness 🌿 10:45 <span style="color:green">CL</span> Computer Assist 🌿 11:00 <span style="color:blue">TH</span> French Class 🌿 1:15 <span style="color:red">GR</span> Singing Class 🌿 2:00 <span style="color:red">JK</span> Marketplace 2:30 <span style="color:red">GR</span> Resident Council 3:30 <span style="color:blue">TH</span> Bingo 6:30 <span style="color:blue">TH</span> Evening Movie or News	15 9:30 <span style="color:blue">TH</span> Brain & Body Yoga 🌿 11:00 <span style="color:blue">TH</span> Educational Lecture from Point Vicente Interpretive Center ✓ 1:30 <span style="color:blue">TH</span> Art Class 🌿 3:30 <span style="color:blue">TH</span> Pearl Demonstration 🌿 6:30 <span style="color:blue">TH</span> Evening Movie or News	16 9:30 <span style="color:blue">TH</span> Tai Chi 🌿 10:15 <span style="color:blue">TH</span> Boot Camp 🌿 11:00 <span style="color:blue">TH</span> Lunch Outing to Benihana's 1:30 <span style="color:blue">TH</span> Table Tennis 🌿 3:00 <span style="color:blue">TH</span> Balance & Meditation W/ Debbi 🌿 6:30 <span style="color:blue">TH</span> Evening Movie or News	17 9:30 <span style="color:blue">TH</span> Balls & Bands 🌿 11:00 <span style="color:blue">TH</span> Texas Hold 'Em 1:30 <span style="color:blue">TH</span> Bible Study 🌿 2:45 <span style="color:blue">TH</span> Senior Strength & Balance 🌿 3:30 <span style="color:red">GR</span> Happy Hour W/ Jerrell Ballard 6:30 <span style="color:blue">TH</span> Evening Movie	18 9:30 <span style="color:blue">TH</span> Brain & Body Yoga 🌿 10:00 <span style="color:blue">PL</span> CVS Drop-Off 10:30 <span style="color:blue">TH</span> Blackjack W/ Siam 3:30 <span style="color:red">GR</span> High Tea W/ Marla Jones 6:30 <span style="color:blue">TH</span> Evening Movie
19 <b>Happy Father's Day!</b> 9:30 <span style="color:blue">TH</span> Nondenominational Christian Communion Service 🌿 10:00 <span style="background-color:gray">3B</span> Worship 🌿 10:30 <span style="color:blue">TH</span> Communion 🌿 11:30 <span style="color:red">JK</span> Father's Day Special Lunch W/ Entertainment by Hitoshi ★ 1:00 <span style="color:blue">TH</span> There & Back History 🌿 2:45 <span style="color:blue">TH</span> Bingo 6:30 <span style="color:blue">TH</span> Night at the Movies W/ Theo Sigel 🌿 6:30 <span style="color:blue">TH</span> Evening Movie or News	20 9:30 <span style="color:blue">TH</span> Tai Chi 🌿 10:15 <span style="color:blue">TH</span> Boot Camp 🌿 11:00 <span style="color:blue">TH</span> Poker 1:15 <span style="color:blue">TH</span> Drum Circle 🌿 2:30 <span style="color:blue">TH</span> Knitting & Crochet 🌿 3:30 <span style="color:blue">TH</span> Discussion Group on Aging 🌿 6:15 <span style="color:red">GR</span> Trivia W/ Fritz 🌿 7:30 <span style="color:blue">TH</span> Evening Movie or News	21 9:30 <span style="color:blue">TH</span> Sit & Be Fit Exercise 🌿 10:00 <span style="color:blue">TH</span> Coordination Boot Camp 🌿 10:45 <span style="color:green">CL</span> Computer Assist 🌿 11:00 <span style="color:blue">TH</span> French Class 🌿 2:00 <span style="color:red">JK</span> Marketplace 2:30 <span style="color:blue">TH</span> Current Events 🌿 3:30 <span style="color:blue">TH</span> Bingo 6:30 <span style="color:blue">TH</span> Evening Movie or News	22 9:30 <span style="color:blue">TH</span> Brain & Body Yoga 🌿 11:00 <span style="color:blue">PL</span> Peninsula Drop-Off 11:00 <span style="color:blue">TH</span> Writing and Song Workshop 🌿 1:15 <span style="color:blue">TH</span> Beading Class 🌿 2:30 <span style="color:red">GR</span> Health Talk Seminar W/ Morgan 🌿 3:00 <span style="color:red">GR</span> Word Game W/ Wine & Cheese 🌿 4:00 <span style="color:blue">TH</span> Dinner Outing to Kincaids 6:30 <span style="color:blue">TH</span> Evening Movie or News	23 9:30 <span style="color:blue">TH</span> Sit & Be Fit 🌿 10:00 <span style="color:blue">TH</span> Walk Fit 🌿 11:00 <span style="color:blue">TH</span> Spanish Class 🌿 2:30 <span style="color:red">GR</span> Infinity Fashion Show! ★ 3:30 <span style="color:red">GR</span> Infinity Fashion Happy Hour ★ 6:30 <span style="color:blue">TH</span> Evening Movie or News	24 9:30 <span style="color:blue">TH</span> Balls & Bands 🌿 11:00 <span style="color:blue">TH</span> Texas Hold 'Em 1:30 <span style="color:blue">TH</span> Bible Study 🌿 2:45 <span style="color:blue">TH</span> Senior Strength & Balance 🌿 3:30 <span style="color:red">GR</span> Happy Hour W/ Tatijana 6:30 <span style="color:blue">TH</span> Evening Movie	25 9:30 <span style="color:blue">TH</span> Sit & Be Fit 🌿 10:00 <span style="color:blue">PL</span> CVS Drop-Off 10:30 <span style="color:blue">TH</span> Blackjack W/ Siam 1:15 <span style="color:blue">TH</span> History Class - "A Salute to Red, White & Blue" 🌿 3:30 <span style="color:red">GR</span> High Tea W/ Jimmy Brewster 6:30 <span style="color:blue">TH</span> Evening Movie
26 10:00 <span style="background-color:gray">3B</span> Worship 🌿 10:30 <span style="color:blue">TH</span> Communion 🌿 1:00 <span style="color:blue">TH</span> There & Back History 🌿 2:45 <span style="color:blue">TH</span> Bingo 4:30 <span style="color:red">JK</span> Candle Light Formal Meal W/ Jose Chong ★ 6:30 <span style="color:blue">TH</span> Evening Movie or News	27 9:30 <span style="color:blue">TH</span> Kickboxing Balance Exercise 🌿 11:00 <span style="color:blue">TH</span> Poker 1:30 <span style="color:blue">TH</span> Knitting & Crochet 🌿 2:30 <span style="color:blue">TH</span> Jeopardy W/ Kim 🌿 6:15 <span style="color:red">GR</span> Trivia W/ Fritz 🌿 7:30 <span style="color:blue">TH</span> Evening Movie or News	28 9:30 <span style="color:blue">TH</span> Sit & Be Fit 🌿 10:00 <span style="color:blue">TH</span> Coordination Boot Camp 🌿 10:00 <span style="color:blue">TH</span> FAB Fitness 🌿 10:45 <span style="color:green">CL</span> Computer Assist 🌿 11:00 <span style="color:blue">TH</span> French Class 🌿 1:15 <span style="color:red">GR</span> Singing Class 🌿 2:00 <span style="color:red">JK</span> Marketplace 3:30 <span style="color:blue">TH</span> Bingo 6:30 <span style="color:blue">TH</span> Evening Movie or News	29 9:30 <span style="color:blue">TH</span> Brain & Body Yoga 🌿 10:30 <span style="color:blue">TH</span> Meet & Greet Social ✓ 1:30 <span style="color:blue">TH</span> Art Class 🌿 3:00 <span style="color:red">GR</span> Word Game W/ Wine & Cheese 🌿 6:30 <span style="color:blue">TH</span> Evening Movie or News	30 9:30 <span style="color:blue">TH</span> Sit & Be Fit 🌿 10:00 <span style="color:blue">TH</span> Walk Fit 🌿 11:00 <span style="color:blue">TH</span> Italian Class 🌿 1:00 <span style="color:blue">TH</span> Movie Theater Outing! 1:30 <span style="color:blue">TH</span> Table Tennis 🌿 3:00 <span style="color:blue">TH</span> Balance & Meditation W/ Debbi 🌿 6:30 <span style="color:blue">TH</span> Evening Movie or News		



Circle of  
**Friends &**  
**Neighborhood**



Happy Mother's Day, Edith!



Pauline, Francis and Bruce checking out the classic vintage cars.



Mr. & Mrs. Tabellario!



Bingo in the Neighborhood

**Neighborhood News!**

We had a fun-filled month with Cinco de Mayo, Mother's Day and Memorial Day! Thank you to the families and friends who joined our festivities. The neighborhood would also like to say a big thank you to the Rehab Care staff for all the help you bring to our residents. You will often see a Occupational Therapist, Physical Therapist and Speech Therapist helping our residents during exercise class, craft activities, or spending time with them one-on-one. They have become a vital part of our everyday success in the Neighborhood.

**Circle of Friends**



Josephine, Grace, Edith & Erna



Cinco de Mayo Fiesta!



Tea Time at the PV Art Center



All smiles with Pat & Anna Liza!





# Health & Wellness

## National Safety Month

Adults 55 and older are more prone to becoming victims of falls, and the resulting injuries can diminish the ability to lead active, independent lives. The number of fall deaths among those 65 and older is four times the number of fall deaths among all other age groups.

We can all encourage residents to participate in daily exercise classes. Staying active has shown to reduce fall risks in older adults. Belmont Village and Rehab Care offer various exercise and wellness programs to suite everyone's fitness level.

Check apartments daily for any tripping hazards. Phone lines and oxygen tubing should never be obstructing a walkway. Please alert the wellness center if you are taking any new medications, as many side effects could trigger a fall.

Residents should always use their walking aide, even inside their apartments. Check to make sure your walker is by your bedside at night. Walkers and canes should be checked for any loose or malfunctioning parts.

Families, residents, and employees should immediately report any safety concerns in the community.

Most importantly, try to exercise good judgment and never attempt an obstacle or task that you feel might not be safe handled alone.

Don't hesitate to ask for assistance; prevention is key for staying healthy.

## New Wellness Coordinator!



Morgan Monroe, Wellness Coordinator

Morgan is an alumni of the University of Miami with a Master's of Science in Education. She is trained in instructing proper exercise performance, tailoring workouts to long-term and short-term goals. Her main focus is building total body strength and balance while improving cardiovascular function. Join Megan for her exercise classes the 2nd and 4th Mondays and every Friday afternoon. Also, join her for her monthly health talks. This month it will be on 5/22/16 at 2:30 p.m.

# Welcome New Residents

## Meet & Greet

Welcome, new residents! We are so happy you are here. If there is anything we can do to make your transition here any easier, please let us know.

New Residents

John & Margo Alden

Ina Howard

Marcy Goldenberg

We would like to invite you to our

Meet & Greet Social

on Wednesday, June 29th, at

10:30 a.m. in

the Great Room

Enjoy cookies, coffee & conversations!



# A Wonderful Month of New Experiences!



Dianne enjoying the Mariachi Band



Rose at our Classic Cars Event



Happy Mother's Day!



A lovely Mother's Day Lunch



Cinco de Mayo Fiesta!



Mae with a 1928 Packard!

**BELMONT** *Village*

SENIOR LIVING  
RANCHO PALOS VERDES

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Rancho Palos Verdes, CA 90275

RCFE Lic. 198204246  
[www.belmontvillage.com](http://www.belmontvillage.com)

## Belmont Village Communities

CALIFORNIA: Burbank, Encino,  
Hollywood, Rancho Palos Verdes,  
Westwood, Thousand Oaks, San Jose,  
Sunnyvale, San Diego, Cardiff by the Sea

ARIZONA: Scottsdale

CHICAGOLAND: Buffalo Grove,  
Geneva Road, Oak Park, Glenview

SOUTHERN US: Memphis, Nashville,  
Louisville, Atlanta—Buckhead and Johns Creek,  
Dallas, Austin, Houston—West University and  
Hunters Creek