

THE VILLAGE NEWS



A PUBLICATION OF BELMONT VILLAGE FOR RESIDENTS, STAFF, FAMILY AND FRIENDS

SEPTEMBER 2020

Director's Corner

Dear Belmont Village Families and Residents,

Thank you very much for being part of our community. I greatly appreciate your many words of encouragement to myself and our team. I am incredibly proud of the many moments they have come together to support each other in the many varying challenges that have arisen over the past months. Their dedication to our mission is inspiring and I am honored to work among them.

I would like to thank everyone who participated in our 3rd Annual Lockhart Brisket Tasting. While we couldn't be together in our traditional celebratory atmosphere, it was wonderful to see your many smiling (albeit masked) faces and to once again be united as a community. I hope you enjoyed sampling and voting in our ongoing competition with the BBQ capital of Texas! As always, we featured an entry by our Building Engineer, who delivered a delicious brisket to rival the best of Lockhart. Go Scott!

With the changes in regulations regarding visitation, I look forward to seeing the reunion of our residents with their loved ones. We will continue to follow safety recommendations by local health authorities and the CDC in order to help ensure the safety of our community. Your presence has been missed and we welcome the new life it brings to the community.

Thank you all for your continued partnership as we continue to adapt our community in order to provide for the safety, care, and dignity of our residents.

Sincerely,
Bradley Howell



OUR TEAM

Executive Director

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Dir. of Resident Care Services

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Director of Memory Care Programming

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Building Engineer

Scott Schlicke
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FIRST MONDAY

2:00 Resident Council

FIRST THURSDAY

11:30 New Family Orientation
Lunch

THIRD WEDNESDAY

1:30 Food for Thought
with Chef Francis

FOURTH MONDAY

2:00 Tiny Tails Pet Therapy

LAST FRIDAY

11:00 Birthday Party Luncheon

**COMMUNITY MOVIE
DAYS & TIMES**

7:00pm Thursdays

- 2:30pm Fridays - Repeat showing of Thursday movie

7:00pm Saturdays

- 1:30pm Sundays - Repeat Showing of Saturday movie



**BELMONT
MILESTONES**

Celebrating service with Belmont this September we applaud our dedicated staff for their continued service and hope for many more years to come!

4 Years

Cynthia Ugwu
Sufronia Hemphill-Smith

3 Years

Marina Zaiyee
Eddy Durham

2 Years

Emily Munoz
Jennifer Gloyd
Regina Pompey

1 Year

Sade Constant
Juana Barrera
Katie Cruz
Jessuca Pfeifer

.....
Congratulations!
.....

**SEPTEMBER
BIRTHDAYS!**

Our birthday luncheon will be postponed until we can all safely gather again. We will celebrate all birthdays individually until that time.

**RESIDENT
BIRTHDAYS**

9/8 John Leidler
9/11 Arthar Murtuza
9/13 Millie Combs
9/19 Betty Jury
9/19 Patricia Routh

**EMPLOYEE
BIRTHDAYS**

9/2 Lyonesha Gardner
9/3 Alexis Cooper



WELCOME TO THE TEAM!

We would like to congratulate Jennifer Gloyd on her promotion to Director of Resident Care from Wellness Coordinator. Jennifer has been with Belmont since 2018 and we are so excited to have her on the managerial team. We hope you will join us in saying "Hooray!"

Jennifer has a full house at home as the mom of 3 kids and 3 dogs; she is a vegetarian, and loves developing relationships with Belmont residents and their families.



NEIGHBORHOOD AND CIRCLE OF FRIENDS UPDATES

What a lively month this turned out to be! NH1 learned a new game catching ‘insects’ with gel frogs. Though timid at first they quickly got into the spirit of Frog Fest Fun by catching as many insects as they could. Using math skills they then tallied their scores. But forget the scores; the real fun was just swatting and collecting the bugs.

The colorful swirls of Milk Art showed how detergent reacts with fat molecules forming micelles, and the group learned various practical applications.

Lemon volcanoes spewed colorful ‘lava’ when the citric acid reacted with the baking soda (sodium bicarbonate) to form carbon dioxide and sodium. So this was the humble beginning of soda water and how citric acid was used for flavoring and, more importantly, as a preservative!

NH2 have faithfully added to their gratitude journals with unexpected insights. Each day they are encouraged to think of at least one thing for which they are grateful. While exercising regularly occurs, an impromptu opportunity to ‘dance’ found them delightfully engaged and laughing. Wheelchairs became ‘thrones’ of fun!

Though other various

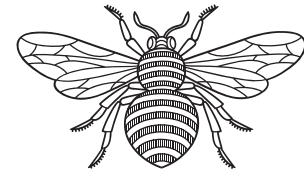
entrepreneurs also claim fame, the 1904 St. Louis World’s Fair largely launched the invention of the waffle ice cream cone. NH1 and COF Residents created their paper version of a stacked ice cream cone (6 layers) and learned about other countries’ peculiar flavors such as tomato and octopus made in Japan. Lastly, they enjoyed a traditional vanilla sundae dolloped with whipping cream – and a cherry.

COF enjoyed the snow cone truck that came by to visit Belmont Village. Sitting outside under the portico sweet memories came to mind. Second helpings enticed a few. How wonderful to see one another again (while observing the rules of social distancing)!

‘Walking’ Rainbows and capillary action became a point of interest as COF residents learned how water molecules defy gravity to travel plant capillaries up to the top of the tallest trees. The ‘Walking Rainbows’ provided a visual of the process. Next adventure, we plan to learn about how rain clouds form by experimenting with Shaving Cream Rain Clouds.



Sunday Monday Tuesday Wednesday Thursday Friday Saturday



**All Events
Are Subject
to Change**

<p>1</p> <p>10:00 TH Brain Games ★ 10:30 TH Stay Strong with Damien ♥ 1:30 TH Catholic Service ● 3:30 TH Understanding Great Music ★ 7:00 TH TV Series: Frankie and Grace ★</p>	<p>2</p> <p>10:00 TH Strength Training ♥ 10:30 TH Stay Smart with Damien ★ 11:00 OT AL Out to Lunch - Pint House Pizza 1:30 CF Yoga ♥ 2:00 GR Belmont Stakes Horse Race Game ★ 6:30 TH Bingo with Roger ●</p>	<p>3</p> <p>9:45 TH Stay Strong with Damien ♥ 10:30 TH Brain Games ★ 11:15 TH Nature Documentary ★ 11:30 BT New Family Orientation Lunch ★ 1:45 TH Stretch and Balance Fitness with Damien ♥ 4:00 GR Live Music Happy Hour ● 7:00 GR Community Movie Night ●</p>	<p>4</p> <p>10:00 TH Strength Training ♥ 10:30 TH Hangman Trivia Challenge ★ 1:00 TH Community Movie Matinee ★ 2:30 PR Bridge ★ 7:00 TH Movie Series: Heartland ●</p>	<p>5</p> <p>9:30 TH Monthly Veterans' Coffee with Jimmy Screen ★ 10:00 TH Group Crossword with Eddy ★ 10:45 TH Music Therapy with Casey ● 3:00 TH Bingo ★ 7:00 TH Community Movie Night ●</p>		
<p>6</p> <p>8:30 OT Church Transportation Begins ● 9:30 TH Live Broadcast from River Bend Church ● 1:30 TH Community Movie Matinee ● 2:00 OT Neighborhood Outing ● 3:30 GR Live Music and Sunday Sundaes Happy Hour ★</p>	<p>7</p> <p>10:00 TH Strength Training ♥ 10:30 TH Healthy Learning Lecture with Chelsea ★ 11:15 TH Nature Documentary ★ 2:00 TH Cooking with Casey ★ 2:30 PR Party Bridge ★ 7:00 TH Madam Secretary ★</p>	<p>8</p> <p>10:00 TH Brain Games ★ 10:30 TH Stay Strong with Damien ♥ 1:30 TH Catholic Service ● 2:30 TH Bible Study w/Lynn Barton ● 3:30 TH Understanding Great Music ★ 7:00 TH TV Series: Frankie and Grace ★</p>	<p>9</p> <p>10:00 TH Strength Training ♥ 10:30 TH Stay Smart with Damien ★ 11:00 OT AL Out to Lunch - Cypress Grill ♥ 12:30 GR Pet Therapy with Austin & Natalina ● 1:30 CF Yoga ♥ 2:00 GR Belmont Stakes Horse Race Game ★ 6:30 TH Bingo with Roger ●</p>	<p>10</p> <p>9:45 TH Stay Strong with Damien ♥ 10:30 TH Brain Games ★ 11:15 TH Nature Documentary ★ 1:45 TH Stretch and Balance Fitness with Damien ♥ 4:00 GR Live Music Happy Hour ● 7:00 GR Community Movie Night ●</p>	<p>11</p> <p>10:00 TH Strength Training ♥ 10:30 TH Hangman Trivia Challenge ★ 1:00 TH Community Movie Matinee ★ 2:30 PR Bridge ★ 7:00 TH Movie Series: Heartland ●</p>	<p>12</p> <p>10:00 TH Group Crossword with Eddy ★ 10:45 TH Music Therapy with Casey ● 3:00 TH Bingo ★ 7:00 TH Community Movie Night ●</p>
<p>13</p> <p>8:30 OT Church Transportation Begins ● 9:30 TH Live Broadcast from River Bend Church ● 11:00 TH Church with Westlake United Methodist Ministries ● 1:30 TH Community Movie Matinee ● 2:00 OT Neighborhood Outing ● 3:30 GR Live Music and Sunday Sundaes Happy Hour ●</p>	<p>14</p> <p>10:00 TH Strength Training ♥ 10:30 TH Brain Games ★ 11:15 TH Nature Documentary ★ 2:00 TH Cooking with Casey ★ 2:30 PR Party Bridge ★ 7:00 TH Madam Secretary ★</p>	<p>15</p> <p>10:00 TH Brain Games ★ 10:30 TH Stay Strong with Damien ♥ 1:30 TH Catholic Service ● 3:30 TH Understanding Great Music ★ 7:00 TH TV Series: Frankie and Grace ★</p>	<p>16</p> <p>10:00 TH Strength Training ♥ 10:30 TH Stay Smart with Damien ★ 11:00 OT AL Out to Lunch - Cafe Blue ♥ 1:30 BT Food for Thought with Chef Francis ♥ 1:30 CF Yoga ♥ 2:00 GR Belmont Stakes Horse Race Game ★ 6:30 TH Bingo with Roger ●</p>	<p>17</p> <p>9:45 TH Stay Strong with Damien ♥ 10:30 TH Brain Games ♥ 11:15 TH Nature Documentary ★ 1:45 TH Stretch and Balance Fitness with Damien ♥ 4:00 GR Live Music Happy Hour ● 7:00 GR Community Movie Night ●</p>	<p>18</p> <p>10:00 TH Strength Training ♥ 10:30 TH Hangman Trivia Challenge ★ 1:00 TH Community Movie Matinee ★ 2:30 PR Bridge ★ 7:00 TH Movie Series: Heartland ●</p>	<p>19</p> <p>10:00 TH Group Crossword with Eddy ★ 10:45 TH Music Therapy with Casey ● 3:00 TH Bingo ★ 7:00 TH Community Movie Night ●</p>
<p>20</p> <p>8:30 OT Church Transportation Begins ● 9:30 TH Live Broadcast from River Bend Church ● 11:00 TH Church in Town Hall ● 1:30 TH Community Movie Matinee ● 2:00 OT Neighborhood Outing ● 3:30 GR Sunday Sundaes Happy Hour ★</p>	<p>21</p> <p>10:00 TH Strength Training ♥ 10:30 TH Brain Games ★ 11:15 TH Nature Documentary ★ 2:00 GR Community Arts and Crafts Exploration with A Spacious Place ● 2:00 TH Cooking with Casey ★ 2:30 PR Party Bridge ★ 7:00 TH Madam Secretary ★</p>	<p>22</p> <p>10:00 TH Brain Games ★ 10:30 TH Stay Strong with Damien ♥ 1:30 TH Catholic Service ● 2:30 TH Bible Study w/Lynn Barton ● 3:30 TH Understanding Great Music ★ 7:00 TH TV Series: Frankie and Grace ★</p>	<p>23</p> <p>10:00 TH Strength Training ♥ 10:30 TH Stay Smart with Damien ★ 12:30 GR Pet Therapy with Austin & Natalina ● 1:30 CF Yoga ♥ 2:00 GR Belmont Stakes Horse Race Game ★ 6:30 TH Bingo with Roger ●</p>	<p>24</p> <p>9:45 TH Stay Strong with Damien ♥ 10:30 TH Brain Games ● 11:15 TH Nature Documentary ★ 1:45 TH Stretch and Balance Fitness with Damien ♥ 4:00 GR Happy Hour and Musical Games with Damien 4:00 GR Live Music Happy Hour ★ 7:00 GR Community Movie Night ●</p>	<p>25</p> <p>10:00 TH Strength Training ♥ 10:30 TH Hangman Trivia Challenge ★ 11:00 BT Birthday Party Luncheon ● 1:00 TH Community Movie Matinee ★ 2:30 PR Bridge ★ 7:00 TH Movie Series: Heartland ●</p>	<p>26</p> <p>10:00 TH Group Crossword with Eddy ★ 10:45 TH Music Therapy with Casey ● 3:00 TH Bingo ★ 7:00 TH Community Movie Night ●</p>
<p>27</p> <p>8:30 OT Church Transportation Begins ● 9:30 TH Live Broadcast from River Bend Church ● 2:00 OT Neighborhood Outing ● 3:30 GR Sunday Sundaes Happy Hour and Name That Tune Game ★</p>	<p>28</p> <p>10:00 TH Strength Training ♥ 10:30 TH Brain Games ★ 11:15 TH Nature Documentary ★ 2:00 TH Cooking with Casey ★ 2:30 PR Party Bridge ★</p>	<p>29</p> <p>10:00 TH Brain Games ★ 10:30 TH Stay Strong with Damien ♥ 1:30 TH Catholic Service ● 7:00 TH TV Series: Frankie and Grace ★</p>	<p>30</p> <p>10:00 TH Strength Training ♥ 10:30 OT NH Outing ★ 1:30 CF Yoga ♥ 2:00 GR Belmont Stakes Horse Race Game ★ 6:30 TH Bingo with Roger ●</p>			

TRANSPORTATION SCHEDULE

Medical Appointments:

Mondays * Thursdays * Fridays

8:00am - 3:00pm

Tuesdays * Wednesdays

1:30pm - 3:00pm

Grocery Shopping

Mondays & Fridays

2:30pm

Target & Walmart Shopping

Saturdays

1:30pm

Church Transportation

Sundays

8:30am - 1:00pm

Circle of Friends Outings

Tuesdays

9:30am - 1:00pm

Assisted Living Outings

Wednesdays

10:00am - 1:00pm

Neighborhood Outings

Sundays

2:00pm

Please make all appointments with the drivers through the front desk. Please RSVP for all shopping trips.



Out & About

"This Month In History" SEPTEMBER

1920: The American Professional Football Association is formally organized at a meeting in Canton, Ohio. The league was later renamed the NFL.

1935: After five years of construction on the border of Nevada and Arizona, Hoover Dam is dedicated.

1945: On the deck of the battleship USS Missouri, anchored in Tokyo Bay, Japan formally surrenders to the Allies, ending World War II.

1952: The first Kentucky Fried Chicken franchise begins business in Salt Lake City. KFC has since grown into one of the world's largest fast-food chains.

1968: With her debut hit song "Harper Valley PTA," Jeannie C. Riley becomes the first woman to top both the country and pop music charts.

1976: "The Muppet Show" premieres, bringing a cast of puppets to prime-time TV.

1988: Stacy Allison of Oregon is the first American woman to reach the summit of Mount Everest, the Earth's tallest mountain.

1996: Daytime talk show host Oprah Winfrey launches her influential book club. Her first selection was the novel "The Deep End of the Ocean."

2009: NBA legend Michael Jordan is inducted into the Basketball Hall of Fame.

2019: With winds peaking at 185 mph, Hurricane Dorian goes into the record books as the most powerful hurricane to form in the Atlantic region.

ALL-STAR STAFF

The staff at Belmont has stepped up in these complicated times and we appreciate their continued work and dedication to the building. Without each department's tireless work we would not be able to keep our residents happy and healthy.



FURRY FRIENDS

We love animals who live at Belmont and the ones who live with staff!



Above
and
Beyond

WE BRISKET ON!



While our 3rd annual brisket tasting didn't look like it normally does we all still enjoyed the fierce competition and delicious food!

We were able to enjoy music by some of our favorite Belmont regulars, Johnny McGowan and Bob Appel and it was exciting to see if our own Building Engineer, Scott Schlicke, would take home the prize of best brisket!

We were glad we were able to enjoy this fun event and involve Belmont families.



TRAVELING HAPPY HOUR

Residents have enjoyed the themed happy hour carts touring the building on Thursday. They have enjoyed sno cones, donuts, strawberry daiquiris, and even cooked s'mores! Happy Hour carts have always been a favorite activity for staff enjoying decorating them as well as initiating a cart competition amongst the Enrichment Leaders.



MEMORIES IN THE MAKING



THE BELMONT SCENE



BELMONT *Village*

SENIOR LIVING

WEST LAKE HILLS

4310 Bee Cave Road
West Lake Hills, TX 78746

BELMONT VILLAGE COMMUNITIES

CALIFORNIA: Albany, Aliso Viejo, Burbank, Calabasas, Encino, Hollywood, Rancho Palos Verdes, Westwood, Thousand Oaks, San Jose, Sunnyvale, San Diego, Cardiff by the Sea

ARIZONA: Scottsdale

CHICAGOLAND: Buffalo Grove, Geneva Road, Oak Park, Glenview, Lincoln Park

SOUTHERN US: Memphis, Nashville, Louisville, Dallas, Fort Lauderdale

Atlanta - Buckhead and Johns Creek

Austin - Lakeway and West Lake Hills

Houston - West University and Hunters Creek



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