

THE VILLAGE NEWS



A PUBLICATION OF BELMONT VILLAGE FOR RESIDENTS, STAFF, FAMILY AND FRIENDS

OCTOBER 2019

Director's Corner



Every year Belmont Village invites all of our staff that have been with us for over ten years to a dinner with our Founder and CEO, Patricia Will. As we celebrate our 15 year anniversary, we also celebrate the TWENTY staff members with over ten years!

The dinner was held for all Chicago properties, and we totaled 109 employees with over ten years of employment at Belmont Village.



OP Team with Patricia Will



The 5 Chicago Executive Directors: Maureen, Michele, Jeanne, Caily & Donna

The 5 Chicago Executive Directors have close to 70 years of experience! I celebrated 10 years in September. Donna, Lincoln Park is also celebrating 10 years. Michele, Glenview-13 years, Maureen, Buffalo Grove-16 years, and Jeanne, Geneva Road-18 years.

While it is amazing to celebrate all of the years that our staff has worked here, those years add up and sometimes we have to say goodbye to those that have been with us for a long time. This fall we will celebrate the retirement of two of our best. Janet Williams, Concierge and Enrichment Leader will be retiring after 15 years and Dianna Wetzel, COF Enrichment Leader, will be retiring after 12 years. We are so sad to see them leave and their presence will be sorely missed, but they have promised to come back monthly to visit!

BELMONT VILLAGE OF OAK PARK COMMUNITY MANAGEMENT TEAM

Caily O'Donovan x102

Executive Director
codonova@belmontvillage.com

Silvija Lackajs x103

Human Resources Generalist
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Leanna McKenzie x104

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Ned Wagner x110

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Shalena Thomas x 107

Community Relations
sathomas@belmontvillage.com

To reach any of our community staff, please call our main number: (708) 848-7200.





RESIDENT BIRTHDAYS

- 10/1 Hong-fan C.- 6th floor
- 10/10 Ken A.- 4th floor
- 10/11 Marion O.- 3rd floor
- 10/12 Gisela S.- 4th floor
- 10/14 Annette H.- 3rd floor
- 10/16 Norma B.- 5th floor
- 10/26 Mary P.- 2nd floor
- 10/28 Beverly S.- 3rd floor
- 10/31 Connie G.- 3rd floor

EMPLOYEE BIRTHDAYS

- 10/6 Torria M., PAL
- 10/9 Rustico P., Dishwasher
- 10/9 Dorothy G., Lead PAL
- 10/11 Tina V., PAL
- 10/14 Souad B., PAL
- 10/15 Terry B., Nurse
- 10/15 Carolyn T., Nurse
- 10/16 Silvija L., Human Resources
- 10/17 Jameshia S., PAL
- 10/21 Marlencia T., PAL
- 10/25 Ruby Ann M., PAL
- 10/29 Linnie B., PAL



EMPLOYEE OF THE MONTH



Congratulations to Raquel Ginsburg, October's employee of the month! Raquel has been a PAL with Belmont for 5 years. Raquel is always willing to step in and help, on any floor, with a great attitude. Her hardworking, generous spirit is appreciated by residents and coworkers. Raquel's favorite parts of Belmont are her residents and the teamwork she experiences among the staff. Congrats Raquel!



EMPLOYEE ANNIVERSARIES

- 1 Year Donette D., PAL
- 1 year Paul M., Server
- 1 year Ivan A., Server
- 1 year Nancy C., PAL
- 2 years Carmen J., PAL
- 2 years Carol B., PAL
- 2 years Vanessa A., Housekeeper
- 4 years Mariah NH, Nurse
- 4 years Brenda S., Nurse
- 5 yrs Monique S., PAL
- 5 yrs Lachena S., PAL
- 7 yrs Maria D., Lead Server
- 7 yrs Lea Javier, PAL
- 7 yrs Sandra J., PAL
- 11 yrs Derrick H., Dishwasher
- 15 yrs Terry B., Server
- 15 yrs Nina B., PAL
- 15 yrs Yolanda C., PAL



EXTRA MILE!

Each month, the Marketing and Sales team recognizes a Belmont Village team member who exemplifies our standards when greeting visitors and welcoming guests to Belmont. This month's Extra Mile winner is Vanessa Arcos! Vanessa is a housekeeper who goes out of her way to be kind. Her favorite part of Belmont is her residents, especially the 2nd floor Neighborhood! Her friendly, caring presence are a blessing to our community. Thank you, Vanessa, for being a wonderful team member!



GIVING ARTFULLY

Every month, we get to host an intergenerational art service project here at Belmont. We have a great group of kids who come, and our residents enjoy making new friends. For September's project, the class made 42 stress relief balls for the children with learning disabilities at Oak Leyden here in Oak Park.



VETERANS' RECOGNITION

On Patriot Day, September 11, we honored our veterans with certificates, pins, and delicious treats shared over coffee. This Veterans' Chat will be a quarterly event here at Belmont Village, providing a chance for our veterans to share stories and connect. Some of our veterans told stories from their service years, and many were surprised to learn that so many of their neighbors had served as well.



WALK TO END ALZHEIMER'S

Held annually in more than 600 communities nationwide, the Alzheimer's Association Walk to End Alzheimer's is the world's largest event to raise awareness and funds for Alzheimer's care, support and research. This inspiring event calls on participants of all ages and abilities to join the fight against the disease!

Belmont Village Oak Park has a team, and we will be walking in the October 26 walk at Soldier Field. Join our team and walk, or contribute financially to our team. For more information or to join the team, email lmckenzie@belmontvillage.com or call 708-848-7200 ext. 104.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>6 8:00 O Church Transportation 9:30 TH Catholic Mass (Live TV) 10:15 TH Communion Service 12:45 GR Bingo! 3:00 B Bridge Club 3:15 O Oak Park/River Forest Symphony Outing 6:00 TH Classic TV Re-Run</p>	 <p>7 9:00 O Walgreens/Walmart 9:30 TH Wake-Up Workout 1:30 TH Chorus Rehearsal 2:30 TR Book Club 2:45 4 Tai Chi with Louie 3:30 TH Wii Bowling Games 4:30 GR Piano Dinner</p>	<p>1 9:30 TH Fit & Flex 10:00 TH Dancercise 12:00 O First Tuesday Film Club 1:30 TR Life and Aging w/ Ned 1:30 CFLE Parkinson's Class 2:30 TH Life Stories Writing Group 3:30 TH Rosh Hashanah w/Rabbi B 4:30 GR Centenarian Celebration</p>	<p>2 9:00 O Library Visit 9:30 TH Boxing Club 10:00 B Jewelry Class w/ Tatyana 1:15 TR Book Club 2:15 GR Wine and Cheese Social 3:15 TH Tai Qi Breathing 6:45 B Midweek Movie</p>	<p>3 9:30 TH Fit & Flex 10:00 B Art Class w/ Beth 11:00 TR Communion Service 1:00 TR Bridge Club 1:30 CFLE Parkinson's Class 2:30 TR Poker Tournament 3:30 B Brain Blast! 6:30 GR Bingo Games</p>	<p>4 9:00 O Jewel/Walgreens 9:30 TH Wake-Up Workout 10:00 TH Odd News 1:15 TR Book Club 2:30 TH TED Talk 3:15 TH Yoga with Leanna 6:00 TH Movie Night</p>	<p>5 9:00 O Local Errands 10:00 GR Trivia Blast 10:30 B Crocheting w/ Maria 1:30 TH Laughter Yoga w/ Cathy 1:30 O Scenic Drive 2:00 TH Movie Matinee 3:00 GR Giant Crossword Challenge</p>
<p>13 8:00 O Church Transportation 9:30 TH Catholic Mass (Live TV) 10:15 TH Communion Service 12:45 GR Bingo! 3:00 B Bridge Club 6:00 TH Classic TV Re-Run</p>	<p>14 Columbus Day 9:00 O Walgreens/Walmart 9:30 TH Wake-Up Workout 1:30 TH Chorus Rehearsal 2:30 TR Book Club 2:30 TH Resident Council Meeting 3:30 TH Wii Bowling Games 6:00 B Music History w/ John</p>	<p>15 9:30 TH Fit & Flex 10:00 TH Dancercise 11:00 CR Smartphone & Tablet Help 11:30 O Men's Lunch 1:30 CFLE Parkinson's Class 2:45 TH Bon Appetit! 3:30 B Belmont Jeopardy! 6:30 GR Bingo Games</p>	<p>16 9:00 O Library Visit 9:30 TH Boxing Club 10:00 B Jewelry Class w/ Tatyana 1:15 TR Book Club 2:15 GR Wine and Cheese Social 3:15 TH Elizabeth Cady Stanton Impersonator 6:45 B Midweek Movie</p>	<p>17 9:30 TH Fit & Flex 10:00 B Art Class w/ Beth 11:00 TR Communion Service 1:00 TR Bridge Club 1:30 CFLE Parkinson's Class 2:30 TR Poker Tournament 3:30 B Chat with Rabbi B 6:30 GR Bingo Games</p>	<p>18 Resident Art Show! 9:00 O Jewel/Walgreens 9:30 TH Wake-Up Workout 10:30 TH Zumba Gold Chair 1:15 TR Book Club 2:30 TH TED Talk 3:15 TH Yoga with Leanna 6:00 TH Movie Night</p>	<p>19 Resident Art Show! 9:00 O Local Errands 10:00 GR Trivia Blast 10:30 B Crocheting w/ Maria 1:30 GR Bluegrass Band 1:30 O Scenic Drive 2:00 TH Movie Matinee 3:00 GR Giant Crossword Challenge</p>
<p>20 Resident Art Show! 8:00 O Church Transportation 9:30 TH Catholic Mass (Live TV) 10:15 TH Communion Service 12:45 GR Bingo! 2:15 GR Mellotones Senior Chorus Concert 3:00 B Bridge Club 6:00 TH Classic TV Re-Run</p>	<p>21 9:00 O Walgreens/Walmart 9:30 TH Wake-Up Workout 10:00 TH Faith Talk w/ Mary Ellyn 1:15 TH Art History with the Park District! 2:30 TR Book Club 2:45 4 Tai Chi with Louie 3:30 B Centerpiece Creation</p>	<p>22 9:30 TH Fit & Flex 10:00 TH Dancercise 11:00 CR Smartphone & Tablet Help 1:30 CFLE Parkinson's Class 2:30 TR Poker Tournament 3:30 B Belmont Jeopardy! 6:30 GR Bingo Games with Middle Schoolers!</p>	<p>23 9:00 O Library Visit 9:30 TH Boxing Club 10:30 TH Ernie's Travel Log 1:15 TR Book Club 2:15 GR Wine and Cheese Social 3:15 TH Ambassador's Club Meeting 6:45 B Midweek Movie</p>	<p>24 9:30 TH Fit & Flex 10:00 B Art Class w/ Beth 11:00 TR Communion Service 1:00 TR Bridge Club 1:30 TH Dancing with Louie 1:30 CFLE Parkinson's Class 2:30 TR Poker Tournament 3:30 B Brain Blast! 6:30 GR Bingo Games</p>	<p>25 9:00 O Jewel/Walgreens 9:30 TH Wake-Up Workout 10:30 TH Zumba Gold Chair 12:00 JK Resident Birthday Lunch 1:15 TR Book Club 2:30 TH TED Talk 3:15 TH Yoga with Leanna 6:00 TH Movie Night</p>	<p>26 9:00 TH Alzheimer's Group 10:00 GR Trivia Blast 10:00 O Walk to End Alzheimer's -- Staff, Family, and Friends 10:30 B Crocheting w/ Maria 1:30 O Scenic Drive 2:00 TH Movie Matinee 3:00 GR Giant Crossword Challenge</p>
<p>27 8:00 O Church Transportation 9:30 TH Catholic Mass (Live TV) 10:15 TH Communion Service 12:45 GR Bingo! 2:00 B Jewelry with Dima 3:00 B Bridge Club 6:00 TH Classic TV Re-Run</p>	<p>28 9:00 O Walgreens/Walmart 9:30 TH Wake-Up Workout 10:00 TH Rabbi M 1:30 TH Chorus Rehearsal 2:30 TH Travel with Bill 3:30 TH New Resident Tea 6:00 TH Monday Musical Movie</p>	<p>29 9:30 TH Fit & Flex 10:00 TH Dancercise 11:00 O Ladies' Lunch Club 11:00 CR Smartphone & Tablet Help 1:30 CFLE Parkinson's Class 2:30 TH Life Stories Writing Group 3:30 B Belmont Jeopardy! 6:30 GR Bingo Games</p>	<p>30 9:00 O Library Visit 9:30 TH Boxing Club 10:00 TH Paxxon Health Talk 1:15 TR Book Club 2:15 GR Wine and Cheese Social 3:15 TH Tai Qi Breathing 6:45 B Midweek Movie</p>	<p>31 Happy Halloween! 9:30 TH Fit & Flex 10:00 B Art Class w/ Beth 11:00 TR Communion Service 1:00 TR Bridge Club 1:30 CFLE Parkinson's Class 2:30 TR Poker Tournament 3:30 B Halloween Spooky Science! 6:30 GR Bingo Games</p>		

Resident Council

President:
Josette Faingold
Vice President:
Janet Cushing

These meetings are a forum for residents to discuss concerns and have an opportunity to ask questions of the administration.

This month's meeting will be held on **Monday, October 14**, at **2:30 p.m.**, in Town Hall. All are welcome and encouraged to attend!

People & Places

CENTER FOR LIFE ENHANCEMENT

Monday–Friday
8 a.m.–4 p.m.

GOLDEN YEARS SALON

Sign up at the Concierge desk to make an appointment. Open on Wednesdays and Thursdays.

JOSEPHINE'S KITCHEN

Breakfast
7-9 am
Lunch
11-1 pm
Dinner
4:30-7 pm



TRANSPORTATION



Sunday

Church Transportation
Errands
Scenic Excursion

Monday and Friday

Jewel/Walgreens/Walmart
Lunch Outings and Trips

Tuesday, Wednesday and Thursday

Healthcare Appointments

Saturday

Scenic Excursion

(Except Where Otherwise Noted in Calendar)

Errands

We will honor as many transportation requests as possible.

UPCOMING OUTINGS!

Sign up early for outings! Space in our van is limited; make sure you see the concierge so you don't get left behind!

This month's outings include:

- Men's Lunch outing
- First Tuesday Film at Classic Cinemas Lake Theater
- Ladies' Lunch Club
- Weekly Library Outing
- Scenic Drives
- Local Errands
- and more!



Save the Date



Alzheimer's Support Group

Saturday, October 26

9-11 am

Town Hall

Light Breakfast is provided

Thanksgiving Luncheon

November 28th

11 am-1 pm

RSVP required

Resident Holiday Party

Friday December 13

4:30-6:30

RSVP required

Free of charge to all

new to Belmont Village and we look forward to her enthusiasm and fresh ideas in our Neighborhood and Circle of Friends Programs.

On the whole brain fitness side of things residents will be exercising their love for lifelong learning with several discussions of the impact of Columbus' discovery of the Americas and a virtual tour of Australia!

GARFIELD PARK CONSERVATORY OUTINGS



This summer, we visited Garfield Park Conservatory two times. What a beautiful place for a walk!



PAXXON Health Tip of the Month

Tip of the Month:

“October is Physical Therapy Month! Be sure to speak with our therapists if experiencing walking, balance or pain issues. We are here to help!”



THE SWEETEST DAY

For over 100 years, the third Saturday in October has been set aside as Sweetest Day. Several accounts say the holiday, originally called Candy Day, was the creation of the National Confectioners Association to encourage people to buy sweets for themselves and their loved ones, including “the boys overseas” during World War I. In the 1920s, candy retailers partnered with charity groups to provide treats and other small gifts to orphanages and hospitals. Today, the holiday is observed as an opportunity to show others how much you care with cards, presents and acts of kindness.



CIRCLE OF FRIENDS

In October, Circle of Friends and the Neighborhood will be welcoming two new Enrichment Leaders! Michelle Rembert and Libby Lynch will be joining our whole brain fitness team. Michelle has been working here at Oak Park as a PAL and we are so proud of her as she tries on a different hat. Michelle has a natural talent for seeing and nurturing the potential that exists in our residents and she will be a tremendous asset to our activity team. Libby is brand

BELMONT VILLAGE HAPPENINGS



Petersen's Ice Cream!



Petersen's Ice Cream!



Petersen's!



Monthly New Resident Tea!



Watercolor painting with APC Leanna



Making gift bags for First Responders

BELMONT *Village*

SENIOR LIVING

OAK PARK

1035 Madison Street
Oak Park, IL 60302

SC Lic. 47837

BELMONT VILLAGE COMMUNITIES

CALIFORNIA: Albany, Aliso Viejo, Burbank, Calabasas, Encino, Hollywood, Rancho Palos Verdes, Westwood, Thousand Oaks, San Jose, Sunnyvale, San Diego, Cardiff by the Sea

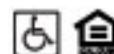
ARIZONA: Scottsdale

CHICAGOLAND: Buffalo Grove, Geneva Road, Oak Park, Glenview, Lincoln Park

SOUTHERN US: Memphis, Nashville, Louisville, Atlanta - Buckhead and Johns Creek, Dallas, Austin - Lakeway and West Lake Hills, Houston - West University and Hunters Creek



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