

THE VILLAGE NEWS



A PUBLICATION OF BELMONT VILLAGE FOR RESIDENTS, STAFF, FAMILY AND FRIENDS

OCTOBER 2020



EDDIE JOHNSON



WELCOME OUR NEW EXECUTIVE DIRECTOR

It is with great excitement to welcome our new Executive Director for our community and his name is Eddie Johnson. Eddie began his senior living career 20 years ago and has served in many key leadership roles including positions that required the responsibility of providing operational support to a wide range of communities and teams across the nation.

From most recently serving as the Executive Director of another continuing care retirement community in the Houston area, Eddie joins Belmont Village Hunters Creek with a demonstrated drive for culture-driven leadership, ability to achieve outcomes through a “servant leadership” approach

and an ongoing vibrant passion toward the residents and families he serves every day.

Believing that good people make the difference and are the key to our success, it was clear that Eddie’s sharp intellect, deep understanding of and experience in the senior living industry, and his strong commitment to our philosophy and values best qualifies him to lead Belmont Village Hunters Creek into the future. So let’s all welcome Eddie to Hunters Creek Family Community . Welcome Home Eddie !!!

Congratulations!



Concierge: (713) 781-1505

Eddie Johnson

Executive Director

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Bruce Goodrich

Director of Resident Care

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Coordinator

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Activity Program Coordinator

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Tyler Kotta

Chef Manager

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Michael Mack

Dining Room Manager

mmack@belmontvillage.com





Happy Birthday

RESIDENT BIRTHDAYS!

Evelyn R.	Oct. 1
Joyce S.	Oct.17
Sally Y.	Oct.22
Parr J.	Oct.28

STAFF BIRTHDAYS!

Lavonne D.	Oct.1
Vanessa E.	Oct.3
Raven T.	Oct.3
Sara B.	Oct.10
Tricia B.	Oct.11
Jacqueline P.	Oct.14
Enma R.	Oct.14
Kimberly G.	Oct.16
Lisamarie E.	Oct.19
Robert S.	Oct.27
Precious C.	Oct.28
Ashley D.	Oct.28



What's **NEW!** New?

NEW RESIDENTS

Let's welcome our NEW RESIDENTS to BVHC Family :

- * Allan R.
- * Mary Jane W.
- * Kay & Ovid J.
- * Madeline S.
- * Marie G.
- * Lee & James Cate

VISITATION OPTIONS

Under our "new normal" way of wearing masks and 6-ft. social distancing , families are now given 3 options of visiting their loved ones, namely : (1) Window Visitation (2) Inside-Plexiglass Visitation & (3) Outside 6-ft Visitation....which one would you prefer ? Of course, the choice is yours !!!



WINDOW VISITATION



PLEXIGLASS VISITATION



OUTSIDE-6FT. VISITATION

EMPLOYEE OF THE MONTH



EJIGAYEH ADEM (GIGI)

EJIGAYEH ADEM (GIGI)

Everybody in Belmont knows her by GIGI. She always has a good attitude working at Belmont for almost a year now. When asked about Belmont, she proudly exclaims " I love working with Belmont & it makes me happy being around residents & putting a smile in their faces...& I will continue doing that !"

Gigi has been a caregiver for over 10 years now & we congratulate her for being Employee of the Month !!!

AL PROGRAMMING AT A GLANCE !

Assisted Living (AL) programming at Belmont is created with its mission being "Life Enhancement". Every activity is geared toward Abraham Lincoln's profound saying "It's not the years in your life that counts. It's life in your years". Yes, residents who attend AL programming feel their LIFE REJUVENATED. Check them out and experience the fun & cognitive learning that happens every time in the BISTRO....

MORNING EXERCISE



TODAY IN HISTORY



GROUP CROSSWORD PUZZLE



SUDOKU



SPIRITUAL READING & MEDITATION



JEWELRY MAKING



WINE & CHEESE



SHARING LIFESTORIES



TABLE TOPIC CONVERSATIONS



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rosette, Activity Director 	Martha S., Resident Council President 	Bob G., Resident Council, Vice-Pres. 	Edwina S., Resident Council, Secretary 	1 10:00 BT Brain Teasers 10:30 BT Aerobics with Rosette 🍃 11:00 BT WORD Games 🍃 1:30 TH Advance Painting with Marino G. 3:00 BT SUDOKU Challenge 🍃 6:30 TH Thursday Night Movie	2 12:00 BT CROSSWORD Collaborative Thinking 🍃 10:00 BT Building-up the Brain 🍃 10:30 BT Sportercise with Rosette 🍃 11:00 BT CROSSWORD Collaborative Thinking 🍃 2:00 BT CURRENT EVENTS Discussion 🍃 3:00 BT Jewelry Making 6:30 TH Friday Night Movie	3 9:30 PT Self Wellness Exercise 10:00 BT Saturday "Self Enhancement" Puzzle Packet (room service) 10:30 BT Morning Snack & Beverage Service 1:30 O Grocery Order Pick-up 🍃 2:00 TH Saturday Matinee 3:30 PT Enjoying Afternoon Breeze 6:30 TH Saturday Night Movie
4 9:30 TH Sunday Spiritual Television Broadcast: Catholic Service followed by St. Luke's UMC-Comcast Ch. 53 10:00 BT Sunday Self-Enhancement Puzzle Packets (room service) 10:30 BT Morning Snack & Beverage Service 1:00 TH Sunday Matinee: Residents' Choice 2:30 BT Ice Cream Social 3:00 BT Bingo Social 6:30 TH Sunday Night Movie : Residents Choice	5 10:00 BT Warm up Brain Games 10:30 BT Morning Exercise with Rosette 11:00 BT Today in History 🍃 2:00 BT Resident Ambassador Meeting Club 2:30 BT Daily Spiritual Reading & Meditation 🍃 3:30 BT Monday FUNday! 6:30 TH Monday Night Movie	6 10:00 BT Brain Boosters 10:30 BT Tai Chi with Rosette 🍃 11:00 BT Let's get Legal... "You be the Judge" 🍃 2:00 BT Floral Club 2:30 BT TED Talk Tuesday 3:30 BT 6 Domain Brain Box Exercise 🍃 6:30 TH Terrific TV Tuesday	7 10:00 BT Sustain the Brain 10:30 BT Zumba with Rosette 🍃 11:00 BT Brain-Tech Games 🍃 1:30 TH Beginner's Painting with Richard Bernicker ★ 2:30 BT Book Story Club 🍃 3:30 GR Wine & Cheese with Music ★ 6:30 TH Wednesday Night Movie	8 10:00 BT Brain Teasers 10:30 BT Aerobics with Rosette 🍃 11:00 BT WORD Games 🍃 1:30 TH Advance Painting with Marino G. 3:00 BT SUDOKU Challenge 🍃 6:30 TH Thursday Night Movie	9 12:00 BT CROSSWORD Collaborative Thinking 🍃 10:00 BT Building-up the Brain 🍃 10:30 BT Sportercise with Rosette 🍃 11:00 BT CROSSWORD Collaborative Thinking 🍃 2:00 BT CURRENT EVENTS Discussion 🍃 3:00 BT Jewelry Making 6:30 TH Friday Night Movie	10 9:30 PT Self Wellness Exercise 10:00 BT Saturday "Self Enhancement" Puzzle Packet (room service) 10:30 BT Morning Snack & Beverage Service 1:30 O Grocery Order Pick-up 🍃 2:00 TH Saturday Matinee 3:30 PT Enjoying Afternoon Breeze 6:30 TH Saturday Night Movie
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Memory Care Neighborhood

CHEERS TO WINE AND CHEESE PARTIES!

Our Residents in Neighborhood enjoyed a Wine and Cheese Social with tunes from the Caribbean. Memories were shared between residents about vacations, parties, and fun times. With smiles and giggles a plenty, it was exciting to see our programs to continue to get back to normal. We look forward to our next Wine and Cheese Social to share more memories and create new ones.

RESIDENT PARTY



CIRCLE OF FRIENDS

KEEPING COOL WITH CIRCLE OF FRIENDS

Circle of Friends kept it cool one afternoon with some ice cream on the patio. They enjoyed to beautiful weather and picturesque views while eating delicious ice cream. The relaxing afternoon came shortly after participating in our Circle of Friends Class. Smiles and laughter echoed on the porches as stories and fun facts were shared between the Enrichment Leaders and Residents.





OCTOBER IS NATIONAL PHYSICAL THERAPY MONTH

The American Physical Therapy Association (APTA) celebrates October as National Physical Therapy Month. Their motto is, "Move Forward™".

Physical therapists are experts in the way the human body moves because they receive specialized training in a variety of sciences - physics, human anatomy and kinesiology (human movement) to name a few. Physical therapists are the health care professionals of choice for rehabilitation for orthopedic, neurologic, cardiopulmonary and many other conditions and injuries. A physical therapist can help achieve and maintain mobility and quality of life, often without surgery or prescription medication. They utilize treatment techniques which promote the ability to move, reduce pain, restore function, and prevent disability. They will also help to prevent loss of mobility by developing fitness- and wellness-oriented programs to achieve a healthier and more active lifestyle. Whether you are living with diabetes or arthritis, recovering from a stroke, a fall

or a fracture, a physical therapist will work closely with you to evaluate your condition and develop an effective, personalized plan of care.

We invite you to stop by the Therapy Department to learn how physical therapy can benefit you or someone you love. We offer many programs to address your unique needs and no issue is too small or inconsequential. Come see us today.



THERAPY PROGRAM MANAGER- DANIEL LIN, DPT

At Belmont, we have a specialist in Physical Therapy. You will see him personally walking the hallways, with a smile in his face and a happy resident listening to every instruction we provides. His one-on-one loving service to every resident under his care is what makes Belmont Hunters Creek exceptional !!! Thanks Daniel !



Out & About

DOCTOR'S APPOINTMENT

Doctor's Appointment for residents will be only on:

Mondays, Tuesday & Wednesdays !

Please schedule your doctor's appointment with the concierge/front desk.

GROCERY PICK-UPS

Residents' **grocery list** for pick-up by Driver must be turned in at the front desk/concierge **by SATURDAY**, so actual groceries may be purchased by Driver on Monday !

CELEBRATING SENIORS

Worldwide, there are about 700 million people over the age of 60, and that age group is growing faster than any other, according to the United Nations. The annual celebration of International Day of Older Persons, Oct. 1, honors their contributions to the world.

STAY HEALTHY THIS SEASON

During cold and flu season, bolster your immunity by practicing the basics of good health: Wash your hands often, eat a nutritious diet, exercise regularly and get plenty of rest.

THE VILLAGE SCENE --- MEMORY CARE SPECIALISTS



Courtney M., MPC



Lakyn S., Sr. Enrichment Leader



Rajju S., NH-Enrichment Leader



Yasmin C., NH Enrichment Leader



Rodney M., COF Enrichment Leader



Sonya S., NH Enrichment Leader

BELMONT *Village*

SENIOR LIVING

HUNTERS CREEK

7667 Woodway Drive
Houston, TX 77063

Lic. #106016

BELMONT VILLAGE COMMUNITIES

CALIFORNIA: Albany, Aliso Viejo, Burbank, Calabasas, Encino, Hollywood, Rancho Palos Verdes, Westwood, Thousand Oaks, San Jose, Sunnyvale, San Diego, Cardiff by the Sea

ARIZONA: Scottsdale

CHICAGOLAND: Buffalo Grove, Geneva Road, Oak Park, Glenview, Lincoln Park

SOUTHERN US: Memphis, Nashville, Louisville, Dallas, Fort Lauderdale

Atlanta - Buckhead and Johns Creek

Austin - Lakeway and West Lake Hills

Houston - West University and Hunters Creek



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