

# THE VILLAGE NEWS



A PUBLICATION OF BELMONT VILLAGE FOR RESIDENTS, STAFF, FAMILY AND FRIENDS

NOVEMBER 2020

## Director's Corner



**Jan Boatright**  
Executive Director

Thanksgiving is a time to reflect on the things in our lives for which we can be thankful. In that spirit, we want you to know how grateful we are that you selected Belmont Village to call home. There are many things that I am thankful for here at Belmont Village. I am thankful for the many residents and our extended family that remind each of us daily of the joys of living each day to the fullest. I am very thankful for our families and resident support system who look for ways to improve their loved ones' quality of life. I am thankful for the excellent staff that see this work as their mission and continuously display

acts of kindness to our residents and families.

Also in November, Veterans Day is the time to pay tribute to the men and women who have served our country in the armed forces. Take a moment on November 11th to honor those heroes whose dedication has kept our liberties intact. We would like to take this opportunity to thank the following veterans at Belmont Village: *Bob B., James C., Robert C., Bo D., Marlyn G., Donald L., Betty P., Briggs S., Robert T., and Jack W.*

Let's take the time this month to remember, cherish and be thankful for all the good things with which we have been blessed.

Forever Grateful,  
Jan Boatright



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## RESIDENT BIRTHDAYS

11/9	Marilyn G.
11/13	Joyce G.
11/22	Roberta C.
11/25	Betty P.
11/26	Edward V.



## EMPLOYEE BIRTHDAYS

11/10	LeAnn C. (Enrichment L)
11/13	Britney C. (PAL)
11/27	Laura K. (Enrichment L)



## GEOGRAPHY 101: PLYMOUTH ROCK

Marking the spot where the Pilgrims landed in 1620 to establish an English settlement, Plymouth Rock sits on the shore of Plymouth Harbor in Massachusetts. The historic granite boulder is much smaller than its original size. A relocation in 1774 caused the rock to split in two, and pieces were chipped away for souvenirs. In 1880, the top and bottom halves were reunited and cemented, and the year 1620 was carved into it. Plymouth Rock is part of Pilgrim Memorial State Park, whose waterfront also features a replica of the Mayflower ship.

## PLEASE PASS THE PUDDING

You'll probably have pie on Thanksgiving, but the rest of the month is dedicated to a different dessert. Banana Pudding Lovers Month in November celebrates the cool, creamy concoction of vanilla custard, sliced bananas, sponge cake and whipped topping or meringue. The recipe became popular after the Civil War as steamships began bringing more bananas to the U.S., and in the 1920s, store-bought vanilla wafers emerged as a convenient substitute for the dessert's cake layer.





## MONTHLY BELMONT BUCK AUCTION

This month's Auction will be held on Thursday, November 12 at 4:00 pm in the Activity Room.

Residents and families, please don't forget to bring your donation for the Auction!



## INTRODUCING BINGO WITH BEAU THE THERAPY DOG



Join us for Bingo with Beau the Therapy Dog on Saturday, November 28 at 2:30 pm in the Activity Room.



## Happy Hour

Join us for wine and cheese every Friday at 3:00 p.m. in the Activity room.



## Just for Fun

### DINE IN DAY

Join us every Monday at 11:30 am. Please use the sign-up sheet located in the Great Room area below the activity calendar.

- |       |                     |
|-------|---------------------|
| 11/2  | Burger 21           |
| 11/9  | Chick-fil-A         |
| 11/16 | Red Lobster         |
| 11/23 | Chicken Salad Chick |
| 11/30 | Pearl Lian          |



## Josephine's Kitchen

We are excited to be open for all three meals!

Our residents can now enjoy breakfast, lunch and dinner in Josephine's Kitchen.



## BEAUTY SALON SERVICES

Maureen Watson  
Beautician




Every Wednesday, Thursday and Friday

Contact the concierge to sign up!

Anna Ball  
Manicurist

Our Manicurist offers manicures and pedicures.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>National Author's Day</b> 1 10:30 AR Virtual Church Service 2:00 AR Bingo for Bucks 4:00 AR Scattergories 6:30 P3 Skip Bo	<b>National Bison Day</b> 2 10:15 AR Exercise- Move Your Body 11:00 P3 Fascinating Facts <b>11:30 AR Dine In Day‡</b> 2:00 P2 Heads Up! 2:30 AR Crafts with Melissa 4:00 P3 Scattergories	<b>Election Day</b> 3 10:15 AR Exercise- Move Your Body 11:00 AR Fascinating Facts 2:00 P2 Heads Up! 2:30 AR Bingo for Bucks 4:00 P3 Skip Bo	<b>National Candy Day</b> 4 10:15 AR Devotional Time 10:30 AR Exercise-Sittercise 11:00 AR Fascinating Facts 2:00 P3 Heads Up! 3:00 AR Word Aerobics 6:00 P3 Phase 10	<b>American Football Day</b> 5 <b>10:30 AR Silver Sneakers Workout with Stephanie-Virtual</b> 11:00 AR Fascinating Facts 2:00 P3 Heads Up! 4:00 AR Ted Talk Discussion 6:00 P3 Bananagrams	<b>National Redhead Day</b> 6 10:15 AR Exercise- Move Your Body 11:00 AR Fascinating Facts 2:00 P3 Heads Up! <b>3:00 AR Happy Hour</b> 6:30 P3 Board Games	<b>National Bittersweet Chocolate With Almonds Day</b> 7 10:15 AR Exercise- Get Moving 11:00 P3 Fascinating Facts 2:00 AR Movie Premiere 4:00 P3 Scrabble
<b>National STEM/STEAM Day</b> 8 10:30 AR Virtual Church Service 2:00 AR Bingo for Bucks 4:00 AR Scattergories 6:30 P3 Skip Bo	<b>National Scrapple Day</b> 9 10:15 AR Exercise- Move Your Body 11:00 AR Fascinating Facts <b>11:30 AR Dine In Day‡</b> 2:00 P2 Heads Up! 2:30 AR Crafts with Melissa <b>3:30 AR Games with Ron</b> 4:00 P3 Scattergories	<b>Marine Corps Birthday</b> 10 10:15 AR Exercise- Move Your Body 11:00 AR Fascinating Facts 2:00 P2 Heads Up! 4:00 P3 Skip Bo 6:00 P3 Resident's Choice Activity	<b>Veterans Day</b> 11 10:15 AR Devotional Time 10:30 AR Exercise-Sittercise 11:00 AR Fascinating Facts 2:00 P3 Heads Up! 3:00 AR For the Love of Books- Book Club 6:00 P3 Phase 10	<b>World Kindness Day</b> 12 <b>10:30 AR Silver Sneakers Workout with Stephanie-Virtual</b> 11:00 AR Fascinating Facts 2:00 P3 Heads Up! 4:00 AR Silent Auction 6:00 P3 Bananagrams	<b>National Happy Hour Day</b> 13 10:15 AR Exercise- Move Your Body 11:00 AR Fascinating Facts 2:00 P2 Heads Up! <b>3:00 AR Happy Hour</b> 6:30 P3 Board Games	<b>World Diabetes Day</b> 14 10:15 AR Exercise- Get Moving 11:00 P3 Fascinating Facts 2:30 AR Bingo for Bucks 4:00 P3 Scrabble
<b>National Recycling Day</b> 15 10:30 AR Virtual Church Service 2:00 AR Bingo for Bucks 4:00 AR Scattergories 6:30 P3 Skip Bo	<b>National Button Day</b> 16 10:15 AR Exercise- Move Your Body 11:00 AR Fascinating Facts <b>11:30 AR Dine In Day‡</b> 2:00 P2 Heads Up! 2:30 AR Crafts with Melissa 4:00 P3 Scattergories	<b>National Take a Hike Day</b> 17 10:15 AR Exercise- Move Your Body 11:00 AR Fascinating Facts 2:00 P2 Heads Up! <b>4:30 JK Thanksgiving Dinner</b> 6:00 P3 Skip Bo	<b>Mickey Mouse's Birthday</b> 18 10:15 AR Devotional Time 10:30 AR Exercise-Sittercise 11:00 AR Fascinating Facts 2:00 P3 Heads Up! 3:00 AR Word Aerobics 6:00 P3 Phase 10	<b>International Men's Day</b> 19 <b>10:30 AR Silver Sneakers Workout with Stephanie-Virtual</b> 11:00 AR Fascinating Facts 2:00 P3 Heads Up! <b>4:30 JK Thanksgiving Dinner</b> 6:00 P3 Bananagrams	<b>Future Teachers of America Day</b> 20 10:15 AR Exercise- Move Your Body 11:00 AR Fascinating Facts 11:30 AR Resident Birthday Treat 2:00 P2 Heads Up! <b>3:00 AR Happy Hour</b> 6:30 P3 Board Games	<b>World Television Day</b> 21 10:15 AR Exercise- Get Moving 11:00 P3 Fascinating Facts 2:00 AR Movie Premiere 4:00 P3 Scrabble
<b>National Adoption Day</b> 22 10:30 AR Virtual Church Service 2:00 AR Bingo for Bucks 4:00 AR Scattergories 6:30 P3 Skip Bo	<b>National Espresso Day</b> 23 10:15 AR Exercise- Move Your Body 11:00 AR Fascinating Facts <b>11:30 AR Dine In Day‡</b> 2:00 P2 Heads Up! 2:30 AR Crafts with Melissa 4:00 P3 Scattergories	<b>National Cake Day</b> 24 10:15 AR Exercise- Move Your Body 11:00 AR Fascinating Facts 2:00 P2 Heads Up! 2:30 AR Bingo for Bucks <b>3:00 AR Resident Council Meeting</b> 6:00 P3 Skip Bo	<b>World Lewis Day</b> 25 10:15 AR Devotional Time 10:30 AR Exercise-Sittercise 11:00 AR Fascinating Facts 2:00 P3 Heads Up! 3:00 AR For the Love of Books- Book Club 6:00 P3 Phase 10	<b>Thanksgiving</b> 26 10:15 AR Exercise- Get Moving 11:00 AR Fascinating Facts 2:00 P3 Heads Up! 3:00 AR Thanksgiving Movie Premiere 4:00 P3 Bananagrams	<b>Black Friday</b> 27 10:15 AR Exercise- Move Your Body 11:00 AR Fascinating Facts 2:30 P3 Heads Up! <b>3:00 AR Happy Hour</b> 6:30 P3 Board Games	<b>National French Toast Day</b> 28 10:15 AR Exercise- Get Moving 11:00 P3 Fascinating Facts 2:00 AR Bingo with Beau the Therapy Dog 4:00 P3 Scrabble
<b>National Novel Writing Day</b> 29 10:30 AR Virtual Church Service 2:00 AR Bingo for Bucks 4:00 AR Scattergories 6:30 P3 Skip Bo	<b>Cyber Monday</b> 30 10:15 AR Exercise- Move Your Body 11:00 AR Fascinating Facts 11:30 AR Dine In Day‡ 2:00 P2 Heads Up! 2:30 AR Crafts with Melissa <b>3:30 AR Games with Ron</b> 4:00 P3 Scattergories			Due to COVID-19 Activities Are Subject to Change.		



## THE CRANBERRY CROP

Turkey, dressing and potatoes are the stars of a traditional Thanksgiving dinner, but a tart red berry deserves attention for its supporting role.

Cranberries grew wild in North America, and early Native Americans used them for food, medicine and as a garment dye. The Pilgrims called the fruit a “craneberry” because the plant’s blossoms resemble the head and bill of a crane. Over time, the name evolved into cranberry.

TV commercials and pictures often show cranberries floating in flooded fields, leading many to believe they are grown in water. The berries actually grow on low, trailing vines in sandy bogs or marshes. During harvest season from September to November, the bogs are flooded and machines knock the berries off the vines. Because cranberries have air pockets, they float in the water, making them easier to collect.

About 90 percent of the U.S. cranberry crop is harvested wet. These berries become products such as juices, sauces and dried cranberries. The rest of the crop is harvested dry by using mechanical pickers and is sold as fresh fruit.

In the U.S., northern latitudes provide the best growing conditions for cranberries. Wisconsin, Massachusetts, New Jersey, Oregon and Washington produce most of the crop.

## Word Search

Category: Last Names of Famous Actresses	
S M D U N A W A Y B B B	1. (Julia) Roberts
M A T L I N D D D U A T	2. _____
D C <u>R O B E R T S</u> R S A	3. _____
E L D A D D N D R S I Y	4. _____
V A Y S N O D Y S T N L	5. _____
A I G D T D M G P Y G O	6. _____
R N H S N O O H A N E R	7. _____
G E U C R A S N C E R A	8. _____
D H P E E R T S E R D D	9. _____
E S D N O T A E K O F N	10. _____
R I L L E N N I M L G O	11. _____
H E P B U R N D L E I F	12. _____
	13. _____
	14. _____
	15. _____
	16. _____
	17. _____
	18. _____
	19. _____
	20. _____

**Word Search Solution:**

<p>1. Barrymore 2. Basinger 3. Burstyn 4. Dunaway 5. Field 6. Fonda 7. Hepburn 8. Huston 9. Keaton 10. Loren</p>	<p>11. Madeline 12. Malin 13. Minnelli 14. Redgrave 15. Roberts 16. Sarandon 17. Spacok 18. Streep 19. Tandy 20. Taylor</p>
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## GIVING THANKS

Residents tell us what they are thankful for:

“My Sunday school class that I have been with for 7 years. We are very supportive of each other.” Ruth N.

“I’m thankful for my family and friends.” Laura P.

“God watched over me all my life. I am thankful for God being God. I am also thankful for the little things as well as my family and life itself.” Bernice W.

“I’m thankful for everything, being able to move around.” Aubrey M.

“I’m thankful for good health and my wife.” Briggs S.

“Life in general, and for the people here that take good care of me.” Carolyn C.

“I’m thankful for many things including my family but I also love animals, especially snakes.” Grace A.



## BRAIN BENDER: TURKEY DAY TERMS

Unscramble each of the following Thanksgiving-themed words, then rearrange the letters in bold to create a seasonal phrase.

- SPILRMIG
- FWAOEMLRY
- UTEYKR
- INSNAID
- BNMOEVRE
- ASRHVET
- CNRO
- DGTITARUE
- ULMHPYOT
- FTASE

*(Answers: Pilgrims, Mayflower, turkey, Indians, November, harvest, corn, gratitude, Plymouth, feast. The phrase is “Give thanks.”)*



# Activities



Our Circle of Friends residents don't miss a beat when it comes to activities. Our residents keep their bodies moving with daily exercise classes. On Mondays, Circle of Friends residents enjoy their craft with Melissa. In October, residents learned about Christopher Columbus, the Taino Indians, Pumpkins, and National Parks. We are looking forward to the exciting events in November.



## GIVING THANKS TO ANIMAL SHELTERS

Vital resources for the communities they serve, animal shelters are in the spotlight during the first full week of November, which is National Animal Shelter Appreciation Week. The annual observance honors the shelters and numerous dedicated people who work to protect animals.

There are 3,500 animal shelters throughout the United States, serving an estimated 6 to 8 million animals. These shelters provide a temporary home for lost or abandoned pets; educate communities about animal care; and offer spay/neuter services, often at a discounted rate, to help reduce pet overpopulation.

Ways you can say thank you to animal shelters during this week include sharing graphics, posts and other information from local animal shelters with all of your online friends; donating needed items such as towels, toys and food; and making sure your pet wears a collar with updated ID tags or is microchipped. This way, if your pet gets lost, shelter employees will be able to help them return home safely.



## Associate of the Month



### GWEN TURNER

*Congratulations Gwen Turner, our Employee of the Month.*

Gwen joined the Belmont family in November of 2014. She is an Enrichment Leader in the Neighborhood. Gwen loves the residents and they feel the same about her. It shows on their faces when she walks into the room. Gwen is very outgoing and willing to go above and beyond to serve the team. Thank you Gwen for all your hard work and dedication!





# BELMONT VILLAGE SCENE



*Carolyn C. and Laura invite you for Ice Cream.*



*Briggs S. working on his craft.*



*Eula W. enjoying a visit with her daughter.*



*Ann B. in the courtyard with family.*



*Esther K. enjoying her day.*



*Aubrey showing you his art.*

## BELMONT *Village*

SENIOR LIVING

JOHNS CREEK

4315 Johns Creek Parkway  
Suwanee, GA 30024

PC Lic. 58030041

### BELMONT VILLAGE COMMUNITIES

CALIFORNIA: Albany, Aliso Viejo, Burbank, Calabasas, Encino, Hollywood, Rancho Palos Verdes, Westwood, Thousand Oaks, San Jose, Sunnyvale, San Diego, Cardiff by the Sea

ARIZONA: Scottsdale

CHICAGOLAND: Buffalo Grove, Geneva Road, Oak Park, Glenview, Lincoln Park

SOUTHERN US: Memphis, Nashville, Louisville, Dallas, Fort Lauderdale

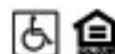
Atlanta - Buckhead and Johns Creek

Austin - Lakeway and West Lake Hills

Houston - West University and Hunters Creek



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