

THE VILLAGE NEWS



A PUBLICATION OF BELMONT VILLAGE FOR RESIDENTS, STAFF, FAMILY AND FRIENDS

SEPTEMBER 2020



Clint Strickland, Executive Director

CELEBRATING OUR CENTENARIANS

National Centenarian's Day is Sept. 22, and we are celebrating those in our community who are 100 or older. Dani Boykin, our Activities Program Coordinator, organized a professional photo shoot for our ladies in the "100 Club". The ladies looked stunning and really enjoyed being highlighted for the day.



Behind the scenes with Jean Lockhart



Ms. Frances will be celebrating her 106th birthday on the 22nd



Georgia celebrated her 100th birthday in July



Staff Directory



Clint Strickland

Executive Director

cstrickland@belmontvillage.com

Alex DelCastillo

Chef Manager

adelcastillo@belmontvillage.com

Jessica Bradshaw

Human Resources Generalist

jbradshaw@belmontvillage.com

Landria Page

Community Relations

lpage@belmontvillage.com

Tina Mahan

Director of Resident Care

tmahan@belmontvillage.com

Dani Boykin

Activity Program Coordinator

dboykin@belmontvillage.com

David Godden

Building Engineer

dgodden@belmontvillage.com

Michalyn Reibly

Memory Programs Coordinator

mreibly@belmontvillage.com

Marie Rice

Dining Room Manager

mrice@belmontvillage.com

David Melgar

Director of Sales

dmelgar@belmontvillage.com

Happy Birthday



RESIDENT BIRTHDAYS

Hester Currens	September 4
Joe Cardenas	September 9
Patricia Hitchcock	September 9
Bryant Rusnak	September 14
Jim Haynie	September 16
Elsie Crews	September 21
Frances Gordon	September 22
Mina Park	September 25
Rachael Radoy	September 29

RESIDENT BIRTHDAY LUNCHEON

This month we will host a September Birthday “mini mixer” in the Great Room! We’ll have cake, ice cream and punch with friends, remembering to socially distance. Stay tuned for details!

EMPLOYEE BIRTHDAYS

Leannis R (PAL)	9/1
Norma A (Housekeeper)	9/4
Diana G. (PAL)	9/11
Delvis G. (PAL)	9/15



Team Member of the Month



Missy Hernandez (PAL)

Congratulations to Missy, our team member of the month! Missy is the perfect representation of a hard working and dedicated teammate who always gives 100%. She is wonderful to the residents. Always focused and dependable, Missy is a wonderful team member and we are thankful to have her.

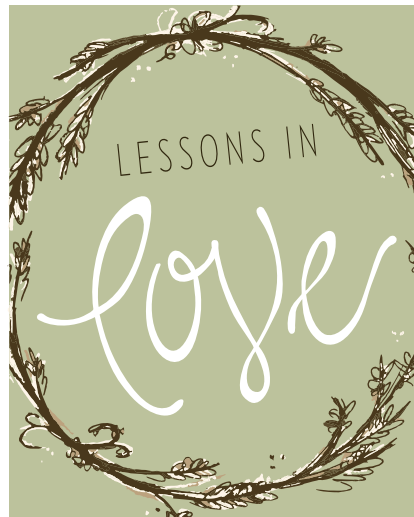
What's **NEW!** New?

THE BISTRO IS OPEN... AGAIN!!!

The Bistro is open from 9 AM-3:00 PM (Every day), serving breakfast and lunch. Seating is limited to one person per table and social distancing interventions have been implemented. Enjoy!

LUNCH & DINNER AT JOSEPHINE'S

Josephine's Kitchen is open and the dining staff is so excited about serving you!! All residents are allowed to have lunch and dinner in the dining room on **one day, each week**. Please see Marie, Dining Room Manager, if you have any questions.



CELEBRATE GRANDPARENTS DAY
the first Sunday after Labor Day.

Arts and Crafts

INSPIRATION ROCK GARDEN



Michele hard at work



Gene adding finishing touches



Janice pulled out the magnifying glass to add the perfect touches



Just for Fun

A FIGURE OF SPEECH

Phrase: Can of corn
Meaning: In baseball, a fly ball that is easily caught by an outfielder
Origin: Play-by-play announcers calling baseball games still use this phrase today, though it likely originated in the 19th century. At that time, clerks at grocery stores would use a hooked stick to knock canned goods off high, hard-to-reach shelves. The item would fall easily into the clerk's apron or a basket, just like a fly ball dropping effortlessly into a glove.

Trivia




BRAIN BENDER: DORM DILEMMA

Anna, Bridget, Crystal, Danielle, Elyse, Faith, Gabby, Hallie and Jade are all beginning their senior year at college. They each have their own room in a three-story dorm. Each floor has three rooms: west, middle and east. Using the clues below, can you determine the floor and the room where each student lives?

- Hallie does not live on the ground floor.
- Faith lives directly above Jade and directly next to Bridget, who lives in a west room.
- Elyse lives in an east room and one floor higher than Faith.
- Danielle lives directly above Faith.
- Gabby lives directly above Crystal.

(Answer: On the ground floor, Anna lives in the west room, Jade lives in the middle room, and Crystal lives in the east room. On the second floor, Bridget lives in the west room, Faith lives in the middle room, and Gabby lives in the east room. On the third floor, Hallie lives in the west room, Danielle lives in the middle room, and Elyse lives in the east room.)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>All Events Are Subject to Change</p>	<p>10:00 TH Group Exercise w/ Dani (Group 1) 10:30 TH Group Exercise w/ Dani (Group 2) 3:30 SR Giant Crossword Challenge 7:00 SR Movie</p>	<p>10:00 TH Group Exercise w/ Dani (Group 1) 10:30 TH Group Exercise w/ Dani (Group 2) 1:30 CL Party Bridge 3:30 B Mexican Train Dominoes 7:00 SR Movie</p>	<p>10:00 TH Group Exercise w/ Dani (Group 1) 10:30 TH Group Exercise w/ Dani (Group 2) 1:00 SR Armchair Astronomy Zoom Session w/ Ken VanLew 1:30 CL Mahjong w/ Friends 3:30 Afternoon Cocktail Cart 7:00 SR Movie</p>	<p>1:30 CL Party Bridge 7:00 SR Movie</p>	<p>11:00 GP 2nd Anniversary Caribbean Beach Party 1:00 SR Matinee Movie 7:00 SR Movie</p>
<p>6 8:30 TH Sunday Mass Live Stream 11:00 SR Sunday Service Live Stream w/ The Lakeway Church 2:00 TH BINGO w/ Friends 2:00 SR Giant Crossword Challenge 3:30 CL Mahjong w/ Friends 7:00 SR Movie</p>	<p>7 Labor Day 10:00 TH Group Exercise w/ Dani (Group 1) 10:30 TH Group Exercise w/ Dani (Group 2) 1:30 CL Party Bridge 2:00 TH Bible Study w/ Bill Soileau 2:30 SR Book Club & Beyond... "The Boston Girl" by Anita Diamant 7:00 SR Movie</p>	<p>8 10:00 TH Group Exercise w/ Dani (Group 1) 10:30 TH Group Exercise w/ Dani (Group 2) 3:30 SR Giant Crossword Challenge 7:00 SR Movie</p>	<p>9 10:00 TH Group Exercise w/ Dani (Group 1) 10:30 TH Group Exercise w/ Dani (Group 2) 1:30 CL Party Bridge 3:30 B Mexican Train Dominoes 7:00 SR Movie</p>	<p>10 10:00 TH Group Exercise w/ Dani (Group 1) 10:30 TH Group Exercise w/ Dani (Group 2) 1:30 CL Mahjong w/ Friends 3:30 Cocktails & Karaoke Cart 7:00 SR Movie</p>	<p>11 1:30 CL Party Bridge 7:00 SR Movie</p>	<p>12 1:00 SR Matinee Movie 7:00 SR Movie</p>
<p>13 Grandparents Day 8:30 TH Sunday Mass Live Stream 11:00 SR Sunday Service Live Stream w/ The Lakeway Church 2:00 TH BINGO w/ Friends 2:00 SR Giant Crossword Challenge 3:30 CL Mahjong w/ Friends 7:00 SR Movie</p>	<p>14 10:00 TH Group Exercise w/ Dani (Group 1) 10:30 TH Group Exercise w/ Dani (Group 2) 1:30 CL Party Bridge 2:00 TH Bible Study w/ Bill Soileau 2:30 SR Book Club & Beyond... "The Boston Girl" by Anita Diamant 7:00 SR Movie</p>	<p>15 10:00 TH Group Exercise w/ Dani (Group 1) 10:30 TH Group Exercise w/ Dani (Group 2) 3:30 SR Giant Crossword Challenge 7:00 SR Movie</p>	<p>16 10:00 TH Group Exercise w/ Dani (Group 1) 10:30 TH Group Exercise w/ Dani (Group 2) 1:30 CL Party Bridge 3:30 B Mexican Train Dominoes 7:00 SR Movie</p>	<p>17 10:00 TH Group Exercise w/ Dani (Group 1) 10:30 TH Group Exercise w/ Dani (Group 2) 1:00 SR Armchair Astronomy Zoom Session w/ Ken VanLew 1:30 CL Mahjong w/ Friends 3:30 Afternoon Cocktail Cart 7:00 SR Movie</p>	<p>18 1:30 CL Party Bridge 7:00 SR Movie</p>	<p>19 1:00 SR Matinee Movie 7:00 SR Movie</p>
<p>20 8:30 TH Sunday Mass Live Stream 11:00 SR Sunday Service Live Stream w/ The Lakeway Church 2:00 TH BINGO w/ Friends 2:00 SR Giant Crossword Challenge 3:30 CL Mahjong w/ Friends 7:00 SR Movie</p>	<p>21 10:00 TH Group Exercise w/ Dani (Group 1) 10:30 TH Group Exercise w/ Dani (Group 2) 1:30 CL Party Bridge 2:00 TH Bible Study w/ Bill Soileau 2:30 SR Book Club & Beyond... "The Boston Girl" by Anita Diamant 7:00 SR Movie</p>	<p>22 10:00 TH Group Exercise w/ Dani (Group 1) 10:30 TH Group Exercise w/ Dani (Group 2) 3:30 SR Giant Crossword Challenge 7:00 SR Movie</p>	<p>23 10:00 TH Group Exercise w/ Dani (Group 1) 10:30 TH Group Exercise w/ Dani (Group 2) 1:30 CL Party Bridge 3:30 B Mexican Train Dominoes 7:00 SR Movie</p>	<p>24 10:00 TH Group Exercise w/ Dani (Group 1) 10:30 TH Group Exercise w/ Dani (Group 2) 1:30 CL Mahjong w/ Friends 3:30 Cocktails & Karaoke Cart 7:00 SR Movie</p>	<p>25 1:30 CL Party Bridge 7:00 SR Movie</p>	<p>26 1:00 SR Matinee Movie 7:00 SR Movie</p>
<p>27 8:30 TH Sunday Mass Live Stream 11:00 SR Sunday Service Live Stream w/ The Lakeway Church 2:00 TH BINGO w/ Friends 2:00 SR Giant Crossword Challenge 3:30 CL Mahjong w/ Friends 7:00 SR Movie</p>	<p>28 10:00 TH Group Exercise w/ Dani (Group 1) 10:30 TH Group Exercise w/ Dani (Group 2) 1:30 CL Party Bridge 2:00 TH Bible Study w/ Bill Soileau 2:30 SR Book Club & Beyond... "The Boston Girl" by Anita Diamant 7:00 SR Movie</p>	<p>29 10:00 TH Group Exercise w/ Dani (Group 1) 10:30 TH Group Exercise w/ Dani (Group 2) 3:30 SR Giant Crossword Challenge 7:00 SR Movie</p>	<p>30 10:00 TH Group Exercise w/ Dani (Group 1) 10:30 TH Group Exercise w/ Dani (Group 2) 1:30 CL Party Bridge 3:30 B Mexican Train Dominoes 7:00 SR Movie</p>		<p>HEALTHY AGING MONTH</p>	

Resources at a Glance

CONCIERGE SERVICES

Located on the first floor in the Great Room, the Concierge is available to assist you with a variety of services, such as:

- transportation requests
- outing reservations
- guest meal tickets
- placing maintenance work orders

THE SALON

The full-service salon is located on the second floor and is open to all residents. Enjoy a full menu of services, including manicures, pedicures, haircuts and color treatments. To make an appointment, visit the Salon on the 2nd floor.

CENTER FOR LEARNING

Visit the library located on the 2nd floor, where residents can check out books, enjoy the use of our community computers, or lounge on the Center For Learning Patio.

CENTER FOR LIFE ENHANCEMENT

The Fitness Center is located on the Garden Level and is open 24 hours a day/7 days a week. Physical therapy is available.



Resident Council

BOARD OF DIRECTORS

President	Dick Nichols
Vice President	Pat Alexander
Treasurer	Mina Park
Secretary	Gary Beard
Director at Large	Bill Soileau

The Resident Council will meet
on the
3rd Tuesday of each month
2:00 PM
Zoom Virtual Meeting
Screening Room & Town Hall

AMBASSADORS

Mina Park
George Wagner
Jean Lockhart
Jan Matamoros

What's Cooking

BON APPÉTIT WITH CHEF ALEX

Join us in the Bistro on the **2nd Tuesday of each month** as Chef Alex DelCastillo of Josephine's Kitchen wows us with his distinct culinary techniques!

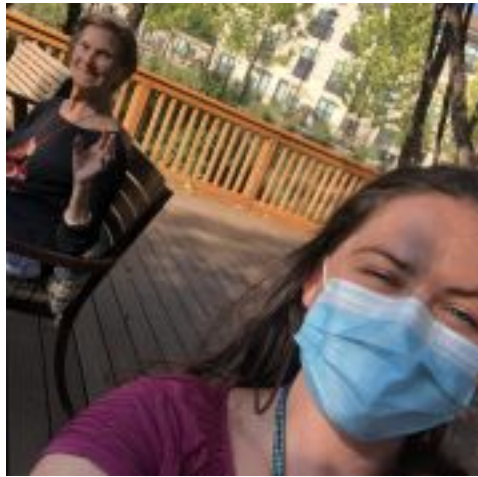
Bring your questions & feedback!!



Circle of Friends & Neighborhood



Fun at the turtle pond



Anna giving Doodle a little love



Jack and Larry... It won't be the same without you guys..



Cheers to 100 years!!



Ellen taking in the views



Hester and Tom having a laugh



Ellen having lunch on the patio

Health & Wellness

SOOTHING SKIN CARE

Long celebrated as a healthy beverage, green tea and its benefits can now be found brewing in the beauty aisle. Matcha, the name for dried and crushed green tea leaves, is a trendy ingredient in products such as lotions, soaps, face masks and lip balms. The plant's high levels of antioxidants, vitamin K and other compounds have a calming effect on skin and even provide some protection from sun damage.

STILL HOME & HEALTHY! :-)



New resident, Marion showing off her Mexican Train skills



Michalyn and Patti are karaoke queens!!



*"Is there a barber in the house??"
Michalyn gets the job done!*



Mina & Jan heading down to enjoy some pool time



I can always count on Judy and Nancy to organize a pool workout



Jean always makes time for her cardio

BELMONT *Village*

SENIOR LIVING

LAKEWAY

107 Bella Montagna Cir
Lakeway, TX 78734

BELMONT VILLAGE COMMUNITIES

CALIFORNIA: Albany, Aliso Viejo, Burbank, Calabasas, Encino, Hollywood, Rancho Palos Verdes, Westwood, Thousand Oaks, San Jose, Sunnyvale, San Diego, Cardiff by the Sea

ARIZONA: Scottsdale

CHICAGOLAND: Buffalo Grove, Geneva Road, Oak Park, Glenview, Lincoln Park

SOUTHERN US: Memphis, Nashville, Louisville, Dallas, Fort Lauderdale

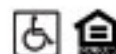
Atlanta - Buckhead and Johns Creek

Austin - Lakeway and West Lake Hills

Houston - West University and Hunters Creek



belmontvillage.com



©2020 BELMONT VILLAGE, L.P.