BELMONT VILLAGE OF LAKEWAY

THE VILLAGE NEWS

A PUBLICATION OF BELMONT VILLAGE FOR RESIDENTS, STAFF, FAMILY AND FRIENDS



Clint Strickland, Executive Director

A 'HOME & HEALTHY' THANKSGIVING



Dianne toasts to the good life





Chuck Denman is loving the Fall decor



Mina, Jan & Susan



The Leveys



Lucy & Louise enjoying good company



DECEMBER 2020





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RESIDENT BIRTHDAYS

Carole Rusnak	December 2
Joyce Rodgers	December 5
Billie Rains	December 7
Karin Zubrick	December 7
Ellen Kirby	December 13
Frank Tomson	December 15
Cynthia Joyner	December 16
Susan Weindand	December 18
Otto Ewers	December 22
Eldon Keller	December 25



EMPLOYEE BIRTHDAYS

12/1
12/5
12/7
12/9
12/9
2/14
2/25





Maria Miranda, Dining Room Server

Congratulations to our December Team Member of the Month! Maria makes the dining room so much brighter with her constant smile and positivity. She goes above and beyond for the residents and is always looking for ways to improve their dining experience. She is hardworking, dependable and an asset to the Lakeway team!



IT'S TIME TO DINE AT JOSEPHINE'S!!

We are happy to announce that Josephine's Kitchen is open every day for breakfast, lunch and dinner! Residents are encouraged to enjoy all meals in the dining room in an open seating, 'first come/first served' style format. Please observe the following meal times:

Breakfast: 7–9 AM Lunch: 11 AM–2 PM Dinner: 4–7 PM





THE VILLAGE NEWS



SAYING FAREWELL TO FALL



YMSL pumpkin patch... Residents & guests loved it!



Nancy at the pumpkin decorating craft



Eileen getting started



Clint, David & Theresa as rock, paper, scissors



Totally unplanned ;-)



Judy & Nancy.. the puzzle witches



HEALTH SCAMS When it comes to your health, be wary. You are your own best defense. Before you buy an advertised product, find out all you can about it. Don't let a salesperson force you to make a snap decision. Always check with your doctor first.

Like yesteryear's "snake oil" salesman, today's "quack" product pitchmen often use sales tricks, such as:

- Promises for a quick or painless cure
- "Special," "secret" or "ancient" formulas—often only available by mail or from one sponsor
- Testimonials or undocumented case histories from satisfied patients
- Claims for effective relief of a range of ailments
- Claims to cure a disease (such as arthritis or cancer) not yet understood by medical science
- Offers of an additional "free" gift or a larger amount of the product as a "special promotion"
- Requirements of advance payment and limited availability of the product.— *National Institutes on Health*

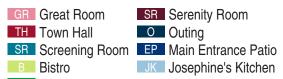


December 2020

LAKEWAY

LAKEWAY						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For Event Confirmation & Times, Please Refer to Your Daily Activity Sheet	happy holidays	1 10:00 TH Seated Strength Training w/ Chelsea 1:00 GR Annual Tree Trimming & Christmas Decorating Party 3:30 SR Giant Crossword Challenge 7:00 SR Movie	2 10:00 TH Strength & Balance Workout w/ Dani 1:30 SR Brain Boost Challenge 2:30 Women's Bible Study w/ Jan M. 3:30 B Mexican Train Dominoes 7:00 SR Movie	3 10:00 TH Seated Strength Training w/ Chelsea 11:00 SR Rosary w/ Jim Mathis 1:00 SR Armchair Astronomy Zoom Session w/ Ken Van Lew 3:30 B Afternoon Cocktail Cart 7:00 SR Movie	4 11:00 TH Yoga Thrive Zoom Session w/ Dayna 3:30 SR The Great Courses Series 7:00 SR Friday Nights on Broadway!	5 1:00 SR Midday Matinee Movie 2:00 B Hot Chocolate Bar 3:00 GP Courtyard Carols w/ volunteers from NCL 3:30 SR Giant Crossword Challenge 7:00 SR "Resident's Choice" Movie
6 8:30 TH Sunday Mass Live Stream 11:00 SR Sunday Service Live Stream w/ The Lakeway Church 2:00 TH BINGO w/ Friends 2:00 SR Giant Crossword Challenge 7:00 SR Movie	7 10:00 TH Strength & Balance Workout w/ Dani 1:30 SR Brain Boost Challenge 2:00 TH Bible Study w/ Bill Soileau 2:30 SR Book Club & Beyond "A Man Called Ove" by Fredrik Backman 7:00 SR Movie	8 10:00 TH Seated Strength Training w/ Chelsea 1:30 SR Brain Boost Challenge 2:00 B Bon Apetit W/ Chef Alex 3:30 SR Giant Crossword Challenge 7:00 SR Movie	9 10:00 TH Strength & Balance Workout w/ Dani 1:30 SR Brain Boost Challenge 2:00 TH Winter Craft Class 2:30 Women's Bible Study w/ Jan M. 3:00 SR Virtual Jeopardy! w/ Brian Hill 3:30 B Mexican Train Dominoes 7:00 SR Movie	First Day of Hanukkah1010:00 TH Seated Strength Training w/ Chelsea11:00 SR Rosary w/ Jim Mathis2:30 SR Socrates Cafe Zoom Session w/ Brian Hill3:30 B3:30 BAfternoon Cocktail Cart7:00 SR Movie	11 11:00 TH Yoga Thrive Zoom Session w/ Dayna 2:30 EP LT Book Mobile Visit 3:30 SR The Great Courses Series 7:00 SR Friday Nights on Broadway!	12 1:00 SR Midday Matinee Movie 2:00 B Hot Chocolate Bar 3:30 SR Giant Crossword Challenge 5:00 GP Friends & Family Holiday Car Parade 7:00 SR "Resident's Choice" Movie
13 8:30 TH Sunday Mass Live Stream 11:00 SR Sunday Service Live Stream w/ The Lakeway Church 2:00 TH BINGO w/ Friends 2:00 SR Giant Crossword Challenge 7:00 SR Movie	14 10:00 TH Strength & Balance Workout w/ Dani 1:30 SR Brain Boost Challenge 2:00 TH Bible Study w/ Bill Soileau 2:30 SR Book Club & Beyond "A Man Called Ove" by Fredrik Backman 7:00 SR Movie	15 10:00 TH Seated Strength Training w/ Chelsea 1:30 SR Brain Boost Challenge 2:30 TH Resident Council Meeting 3:30 SR Giant Crossword Challenge 7:00 SR Movie	16 10:00 TH Strength & Balance Workout w/ Dani 1:30 SR Brain Boost Challenge 2:30 GR White Elephant Gift Exchange 2:30 Women's Bible Study w/ Jan M. 3:30 B Mexican Train Dominoes 7:00 SR Movie	17 10:00 TH Seated Strength Training w/ Chelsea 11:00 SR Rosary w/ Jim Mathis 1:00 SR Armchair Astronomy Zoom Session w/ Ken Van Lew 2:30 GR Holiday Karaoke 3:30 B Afternoon Cocktail Cart 7:00 SR Movie	Last Day of Hanukkah1811:00 TH Yoga Thrive Zoom Session w/ Dayna3:30 SR The Great Courses Series4:00 GR Friends & Neighbors Holiday DInner7:00 SR Friday Nights on Broadway!	19 1:00 SR Midday Matinee Movie 2:00 B Hot Chocolate Bar 3:30 SR Giant Crossword Challenge 7:00 SR "Resident's Choice" Movie
	Door Decorating Judging2110:00 THStrength & Balance Workout w/ Dani1:30 SRBrain Boost Challenge2:00 THBible Study w/ Bill Soileau2:30 SRBook Club & Beyond "A Man Called Ove" by Fredrik Backman7:00 SRMovie	22 10:00 TH Seated Strength Training w/ Chelsea 1:30 SR Brain Boost Challenge 2:00 TH Holiday Craft Class 3:30 SR Giant Crossword Challenge 7:00 SR Movie	23 10:00 TH Strength & Balance Workout w/ Dani 2:30 Women's Bible Study w/ Jan M. 3:00 SR Virtual Jeopardy! w/ Brian Hill 3:30 B Mexican Train Dominoes 6:30 O Holiday Lights Outing 7:00 SR Movie		Christmas2512:00 Enjoy Your Holiday!!3:30 SR The Great Courses Series7:00 SR Friday Nights on Broadway!	26 1:00 SR Midday Matinee Movie 2:00 B Hot Chocolate Bar 3:30 SR Giant Crossword Challenge 7:00 SR "Resident's Choice" Movie
27 8:30 TH Sunday Mass Live Stream 11:00 SR Sunday Service Live Stream w/ The Lakeway Church 2:00 TH BINGO w/ Friends 2:00 SR Giant Crossword Challenge 7:00 SR Movie	28 10:00 TH Strength & Balance Workout w/ Dani 1:30 SR Brain Boost Challenge 2:00 TH Bible Study w/ Bill Soileau 2:30 SR Book Club & Beyond "A Man Called Ove" by Fredrik Backman 7:00 SR Movie	29 10:00 TH Seated Strength Training w/ Chelsea 1:30 SR Brain Boost Challenge 3:30 SR Giant Crossword Challenge 7:00 SR Movie	10:00 TH Strength & Balance Workout w/ Dani	10:00 TH Seated Strength Training w/ Chelsea 11:00 JK 'Noon' Year's Eve	Flanlinkah	H A P P Y N E W Y E A R

GR Great Room TH Town Hall B Bistro GP Garden Patio







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CONCIERGE SERVICES

Located on the first floor in the Great Room, the Concierge is available to assist you with a variety of services, such as:

- transportation requests
- outing reservations
- guest meal tickets
- placing maintenance work orders

THE SALON

The full-service salon is located on the second floor and is open to all residents. Enjoy a full menu of services, including manicures, pedicures, haircuts and color treatments. To make an appointment, visit the Salon on the 2nd floor.

CENTER FOR LEARNING

Visit the library located on the 2nd floor, where residents can check out books, enjoy the use of our community computers, or lounge on the Center For Learning Patio.

CENTER FOR LIFE **ENHANCEMENT**

The Fitness Center is located on the Garden Level and is open 24 hours a day/7 days a week. Physical therapy is available.



BOARD OF

DIRECTORS

President **Dick Nichols** Vice President Pat Alexander Treasurer Mina Park Secretary Gary Beard Director at Large Bill Soileau The Resident Council will meet I

on the 3rd Tuesday of each month 2:00 PM Zoom Virtual Meeting Screening Room & Town Hall

AMBASSADORS

Mina Park George Wagner Jean Lockhart Jan Matamoros





BON APPÉTIT WITH CHEF ALEX

Join us in the Bistro on the 2nd Tuesday of each month as Chef Alex DelCastillo of Josephine's Kitchen wows us with his distinct culinary techniques! Bring your guestions & feedback!!



THE VILLAGE NEWS



THANKFUL FOR FRIENDS WHO BECOME FAMILY





The whole gang is ready to fill their bellies!



Audrey and the sweetest pose



Merle is all smiles



Michalyn & Beverly share a selfie



Eldon & Karin enjoying the festivities



Elizabeth looking lovely



Dottie's fall decor is the best!



Nancy & Del enjoying the beautiful weather



SALUTING OUR VETERANS



The Nichols sitting poolside at the Veterans Day Luncheon



Michalyn & Del at the Veterans Day Luncheon



Bill enjoying his Rudy's barbecue



The Shahans at the Veterans Day Luncheon



Chuck & Frank



Tom & Judgie share a Veterans Day toast!



SENIOR LIVING

LAKEWAY

107 Bella Montagna Cir Lakeway, TX 78734

BELMONT VILLAGE COMMUNITIES

CALIFORNIA: Albany, Aliso Viejo, Burbank, Calabasas, Encino, Hollywood, Rancho Palos Verdes, Westwood, Thousand Oaks, San Jose, Sunnyvale, San Diego, Cardiff by the Sea

ARIZONA: Scottsdale

CHICAGOLAND: Buffalo Grove, Geneva Road, Oak Park, Glenview, Lincoln Park

SOUTHERN US: Memphis, Nashville, Louisville, Dallas, Fort Lauderdale Atlanta - Buckhead and Johns Creek Austin - Lakeway and West Lake Hills Houston - West University and Hunters Creek





